CBT: A Road to Hope and Compassion for People in Conflict

45th Annual EABCT Congress
Jerusalem, Israel
August 31-September 3, 2015
www.eabct2015.com
Dear Colleagues

With less than four months to go, we are in the final stages of preparations to host the 45th EABCT Congress. We hope to replicate the success of the World CBT Congress held in 1980 in Jerusalem. The list of keynotes, workshops, skills sessions, symposia and workshops suggests that we will. The program will include cutting edge research as well as diverse clinical presentations delivered by world renowned CBT clinicians and researchers. The content is being developed equally for scientists, practitioners and scientist-practitioners. We are committed to present cross-cultural topics and CBT related potential to peace-making and conflict resolution. We plan interesting and entertaining cultural and social activities.

Israel is a modern, multicultural, “startup nation”. Jerusalem is a 3000-year old city, sacred to three major religions: Judaism, Christianity and Islam. Its uniqueness, lying in the meeting of past and present makes it an ideal city to tour. You will have a chance to experience both historical and religious magnificence, as well as museums, art galleries, many different cultural districts, modern shopping centers and attractive entertainment possibilities, restaurants and nightlife spots.

Jerusalem is also an ideal base for interesting excursions. Because Israel is a small country, participants can easily reach the local attractive sites, such as the Mediterranean Sea, the Dead Sea, the historic Galilee and more.

You will experience an impressive, educational and enjoyable 45th EABCT Congress that you will recall for years to come!

We are looking forward to greeting you here!

Sofi Marom, PhD
Israel Association for CBT (ITA), Chair
EABCT 45th Congress, Chair

Prof. Jonathan Huppert
Scientific Committee, Chair
Jerusalem, the unique city cherished by millions of people throughout the world, is a spiritual center of great interest and beauty.

Jerusalem the ancient... with numerous holy places and treasures that have drawn pilgrims and tourists throughout the ages.

Jerusalem has been the focus of mankind for more than 3,000 years. Sanctified by religion and tradition, Jerusalem is a city revered by the three monotheistic faiths - Judaism, Christianity and Islam.

Jerusalem the modern... a thriving city that offers both the mystery and magnificence of the past and the luxury and efficiency of the 21st Century.

Jerusalem is the ideal city for conventions, congresses and international gatherings. It offers splendid facilities and a wide variety of tourist accommodations enhanced by a mild climate and beautiful landscape. The city is also an ideal base for interesting excursions. In less than an hour one can reach the Mediterranean, Dead Sea, historic Galilee or the fascinating desert. Full or multiple-day excursions will take you to the sun-drenched glory of Eilat or the beautiful landscapes, nature reserves, waterfalls and religious sites of the Galilee and Golan.

For more information on Israel and Jerusalem:
http://www.gojerusalem.com
www.goisrael.com
http://www.aboutisrael.co.il/eng
www.mfa.gov.il
http://israel21c.org/travel/experience-israel
www.itraveljerusalem.com
Confirmed Keynote Speakers

Sarah Abu-Kaf  
Ben-Gurion University of the Negev  
Israel

Alean Al-Krenawi  
Achva Academic College  
Israel

Gerhard Andersson  
Linköping University  
Sweden

Arnoud Arntz  
Maastricht University  
Netherlands

Yair Bar-Haim  
Tel Aviv University  
Israel

David Barlow  
Boston University  
USA

Judy Beck  
University of Pennsylvania  
USA

David Brent  
University of Pittsburgh School of Medicine  
USA

David Clark  
University of Oxford  
UK

Reuven Dar  
Tel Aviv University  
Israel

Peter De Jong  
University of Groningen  
Netherlands

Edna Foa  
University of Pennsylvania  
USA

Mauro Galluccio  
European Association for Negotiation and Mediation, Belgium

Azucena Garcia-Palacios  
Universitat Jaume I  
Spain

Eva Gilboa-Schectman  
Bar-Ilan University  
Israel

David Greenberg  
Herzog Hospital  
Israel

Muhammad Haj-Yahia  
The Hebrew University of Jerusalem  
Israel

Stefan Hofmann  
Boston University  
USA

Daphna Joel  
Tel Aviv University  
Israel

Mario Mikulincer  
IDC Herzliya  
Israel

Stirling Moorey  
South London and Maudsley NHS Foundation Trust, UK

Eshkol Rafaeli  
Bar-Ilan University  
Israel

Ronald Rapee  
Macquarie University  
Australia

Tammie Ronen  
Tel Aviv University  
Israel
Confirmed Keynote Speakers

Paul Salkovskis  
University of Bath  
UK

Zahava Solomon  
Tel Aviv University  
Israel

Ulrich Stangier  
Goethe Universitat  
Germany

Yona Teichman  
Tel Aviv University  
Israel

Mark Williams  
University of Oxford  
UK

Hans-Ulrich Wittchen  
Technische Universitaet Dresden  
Germany

Pre-Congress Workshops / August 31, 2015

Schema Therapy for Borderline Personality Disorder – Arnoud Arntz
Cognitive Behavior Therapy for Personality Disorders – Judy Beck
Treating Depressed and Suicidal Adolescents: A Guide for the Clinician – David Brent
An Update on Cognitive Therapy for Social Anxiety Disorder – David M. Clark
Prolonged Exposure Therapy for Posttraumatic Stress Disorder – Edna Foa & Nitsa Nacash
Tailored Training for Negotiators: Interpersonal and Diplomatic Perspectives – Mauro Galluccio
From Crisis to Growth - Resilience Training with Children and Adults to Prevent Psychopathology and Build Life Skills – Daniel Hamiel
CBT for Life-Threatening Illnesses – Stirling Moorey
A Mindfulness and CBT Integrated Treatment for Psychosis: How to Improve the Quality of Life from the Early Onset to Chronicity – Antonio Pinto
Managing Anxiety Disorders among Young People – Ronald Rapee
Training People to be Happy: What Can be Learned from CBT? – Tammie Ronen
CBT for OCD: Exposure Doesn’t Have to Hurt – Paul Salkovskis
**Steering Committee**

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Geha Mental Health Center

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The Hebrew University of Jerusalem

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BABCP UK

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Helen Macdonald, Honorary Secretary
Antonio Pinto, Scientific Coordinator
Thomas Heidenreich, Training Coordinator
Dinie Naeyer-Heerschop, Association Manager

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Austria, OEVGT, Ingeborg Pucher-Matzner
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Belgium, VVGT, Jan Callens
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Morocco, MABCT, Jamal Chiboub
Lebanon, LSCBT, Aimee Karam
General Information

Venue:
International Conference Center
1 Shazar Boulevard
Jerusalem 9106001 Israel
Tel: +972-2-655-8558

Language: The EABCT 2015 Congress will operate mainly in English. Some symposiums / workshops may be presented by Spanish or French speakers.

Letters of Invitation: Upon request, the Secretariat will send a personal invitation to participate in the conference. Such an invitation is only meant to help visitors raise travel funds or obtain a visa and is not a commitment to provide financial support.

Visas: All visitors to Israel are required to have a valid passport, and for some countries, a visa is required. For more information please contact your nearest embassy, consulate or local travel agency well in advance. It is the responsibility of the participant to obtain a visa if required.

Currency / Exchange: Israel’s currency is the New Israeli Shekel (NIS). International major credit cards are accepted in most hotels, restaurants and shops. Exchange offices and ATM machines are easily available throughout the city and at the Ben Gurion International Airport.

Climate: The weather in September is pleasant to warm and dry, temperatures ranging from 15-28°C / 60-82°F.

Clothing: Clothing is informal for all occasions. A sweater or jacket is also recommended, as the conference rooms may be cool.

Food and Beverage: Complimentary drinks (coffee, tea & juice) and cake will be served at morning and afternoon breaks. A box lunch will also be served to all registered delegates each day.

Exhibition: A commercial exhibition will take place within the framework of the conference. For further information please contact the Secretariat at meetings@isas.co.il

Advertising and Sponsorship: Please contact the Secretariat at meetings@isas.co.il for space in the conference program and/or sponsorship of speakers, sessions and events.

Transportation from Airport: Ben-Gurion International Airport is located 40 minutes from Jerusalem. Airport shared taxis (Nesher) run 24 hours a day and take you door to door for ~$20. Private taxis are also available and should cost ~$80.

Important Notes: ISAS International Seminars, and their agents, shall not be responsible for and shall be exempt from all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

Website: Check updates on the conference site, www.eabct2015.com

To receive conference updates, please send your email address to conventions@isas.co.il

Conference Secretariat:
ISAS International Seminars Ltd
POB 34001, Jerusalem 9134001, Israel
Tel: +972-2-6520574 / Fax +972-2-6520558
Email: congress@isas.co.il
Social Program

Monday, August 31
Opening Session and Reception
The opening conference session will include a keynote presentation on Cognitive Processes of Change and Transformation delivered by Professor Mark Williams, brief greetings and entertainment. The session will be followed by a reception with a full fork-dinner. The session and reception are free for all those who have registered for the full congress and all accompanying persons.

Tuesday, September 1
Night Tour of Jerusalem
The tour is free for all those who have registered for the full congress and all accompanying persons.

Wednesday, September 2
Gala Evening
You will choose one of several possible tours of exhibits at the Israel Museum followed by a fork-dinner and entertainment
Price: EUR 90
Registration Information

All participants must complete the registration form. Online registration is available on the congress website www.eabct2015.com or you can download a form and email or fax it to the congress secretariat.

Congress Registration

<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>Until May 31, 2015</th>
<th>Until August 26, 2015</th>
<th>On Site</th>
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<tr>
<td>Member*</td>
<td>EUR 480</td>
<td>EUR 530</td>
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<td>Emerging Countries**</td>
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<td>Student***</td>
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<td>Non-Member</td>
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<tr>
<td>Accompanying Person</td>
<td>EUR 80</td>
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* Members are paid up members of one of the member or affiliate member associations of EABCT (Europe).
** Countries designated as Emerging Countries are detailed on the registration page of the website.
*** Proof of Status (Student Card) must be sent with the registration form to the Congress Secretariat.

Registration Fee Includes:
- Admission to the scientific sessions from Tuesday, September 1 through Thursday, September 3, 2015 except for the congress workshops. (An in-congress workshop program will be posted on the website and emailed to delegates when the program is final. Delegates will be able to book on line in advance or at the congress.)
- Final program and abstract book
- Badge
- Access to the exhibition area and poster sessions
- Coffee breaks and lunch each day
- Opening ceremony and welcome reception Monday, August 31, 2015
- Night tour of Jerusalem on Tuesday, September 1, 2015
- Tourist information on Jerusalem and Israel

For group rates of 10 or more people contact the Congress Secretariat.

Accompanying Person’s Registration Fee Includes:
- Access to the exhibition area and poster sessions
- Opening ceremony and welcome reception Monday, August 31, 2015
- Night tour of Jerusalem on Tuesday, September 1, 2015
- Tourist information on Jerusalem and Israel

Pre-Congress Workshop Registration Fee Includes:
- Access to one pre-congress workshop of your choice
- Badge
- A certificate of attendance
- Coffee breaks and lunch
- Handouts related to the workshop

Full Day Pre-Congress Workshop Registration

<table>
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<tr>
<th>Registration Fee</th>
<th>Until May 31, 2015</th>
<th>Until August 26, 2015</th>
<th>On Site</th>
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<td>EUR 150</td>
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Cancellation Terms
Notification of cancellation of registration must be given in writing to the Congress Secretariat at register@ias.co.il by July 27, 2015. Cancellations up to this date will be accepted for a refund of all prepaid fees, after a deduction of a 75 euro administrative charge.
No fees will be refunded for cancellations received after this date.
All refunds will be processed after the Congress.
**Scientific Program**

**Monday, August 31**

<table>
<thead>
<tr>
<th>Workshop 1 - Arnoud Arntz</th>
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<tbody>
<tr>
<td><strong>CP - Jericho</strong></td>
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<tr>
<td>Schema Therapy for Borderline Personality Disorder</td>
</tr>
<tr>
<td>Arnoud Arntz</td>
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<tr>
<td><em>University of Amsterdam, Amsterdam, The Netherlands</em></td>
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<tr>
<th>Workshop 2 - David H. Barlow</th>
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<tr>
<td><strong>CP - Ballroom A</strong></td>
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<tr>
<td>Unified Protocol for Transdiagnostic Treatment of Emotional Disorders</td>
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<tr>
<td>David H. Barlow</td>
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<td><em>Boston University, Boston, USA</em></td>
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<tr>
<th>Workshop 3 - Judith S. Beck</th>
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<tbody>
<tr>
<td><strong>CP - Ballroom B</strong></td>
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<tr>
<td>Cognitive Behavior Therapy for Personality Disorders</td>
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<tr>
<td>Judith S. Beck</td>
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<tr>
<td><em>Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA, USA</em></td>
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<th>Workshop 4 - David Brent</th>
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<tr>
<td><strong>ICC - Room 306</strong></td>
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<tr>
<td>Treating Depressed and Suicidal Adolescents: A Guide for the Clinician</td>
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<tr>
<td>David Brent</td>
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<td><em>University of Pittsburgh School of Medicine, Pittsburgh, PA, USA</em></td>
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<th>Workshop 5 - David M. Clark</th>
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<tr>
<td><strong>ICC - Room 314</strong></td>
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<tr>
<td>An Update on Cognitive Therapy for Social Anxiety Disorder</td>
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<tr>
<td>David M. Clark</td>
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<tr>
<td><em>University of Oxford, Oxford, UK</em></td>
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<th>Workshop 6 - Edna B. Foa &amp; Nitsa Nacasch</th>
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<tr>
<td><strong>CP - Ein Gedi</strong></td>
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<tr>
<td>Prolonged Exposure Therapy for Posttraumatic Stress Disorder</td>
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<tr>
<td>Edna B. Foa(^1), Nitsa Nacasch(^2)</td>
</tr>
<tr>
<td>(^1) <em>University of Pennsylvania, Philadelphia, PA, USA</em>, (^2) <em>Chaim Sheba Medical Center, Ramat Gan, Israel</em></td>
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<thead>
<tr>
<th>Workshop 7 - Mauro Galluccio - CANCELLED</th>
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<tr>
<td>Tailored Training for Negotiators: Interpersonal and Diplomatic Perspectives</td>
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<tr>
<td>Mauro Galluccio</td>
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<td><em>EANAM, Brussels, Belgium</em></td>
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<th>Workshop 8 - Daniel Hamiel</th>
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<tbody>
<tr>
<td><strong>ICC - Room 301</strong></td>
</tr>
<tr>
<td>From Crisis to Growth - Resilience Training with Children &amp; Adults to Prevent Psychopathology and Build Life Skills</td>
</tr>
<tr>
<td>Daniel Hamiel</td>
</tr>
<tr>
<td><em>Cohen Harris Resilience Center and Interdisciplinary Center, Herzliya, Israel</em></td>
</tr>
</tbody>
</table>
Workshop 9 - Stirling Moorey
ICC - Room 312
CBT for Life-Threatening Illnesses
Stirling Moorey
South London and Maudsley NHS Foundation Trust, London, UK

Workshop 10 - Antonio Pinto
ICC - Room 305
A Mindfulness and CBT Integrated Treatment for Psychosis: How to Improve the Quality of Life from the Early Onset to Chronicity
Antonio Pinto
CEPICC, SITCC, DMH Naples, Naples, Italy

Workshop 11 - Ronald M. Rapee
CP - Massada
Managing Anxiety Disorders among Young People
Ronald M. Rapee
Macquarie University, Sydney, Australia

Workshop 12 - Tammie Ronen
CP - Arad
Training People to be Happy: What can be Learned from CBT?
Tammie Ronen
Tel Aviv University, Tel Aviv, Israel

Workshop 13 - Paul Salkovskis
ICC – Room 302
CBT for OCD: Exposure Doesn't Have to Hurt
Paul Salkovskis
University of Bath, Bath, UK

OPENING SESSION AND RECEPTION

18:30-20:00
Greetings:
Sofi Marom – Congress Chair
Aaron Tim Beck – Founding Father of Cognitive Therapy (via video)
Thomas Kalpakoglou – President, EABCT
Tal Levi Bergman – Head of Mental Health Services, Israel Ministry of Health
Jonathan Huppert – Chair, Scientific Committee

Opening Keynote:
Cognitive Processes of Change and Transformation
Mark Williams
Oxford University, UK

Performance:
The Jerusalem Youth Chorus – Micah Hendler, Director
### Tuesday, September 1

#### Open Paper Session: CBT and Trauma in Areas of Conflict throughout the World 1

08:00-09:00  | ICC - Oren 3

**Chair:** Sara Freedman, Bar-Ilan University, Israel

**Testing an African Torture Rehabilitation Model: A Contextually-Informed, Evidence-Based Psychosocial Model for the Rehabilitation of Victims of Torture**

Dominique Dix-Peek  
Centre for the Study of Violence and Reconciliation, Johannesburg, South Africa

**Prolonged Exposure Treatment for PTSD in a Third World, Task Shifting, Community-Based Environment**

Jaco Rossouw\(^1\), Elna Yadin\(^2\), Sroya Seedat\(^3\), Debra Alexander\(^4\), Irene Mbanga\(^1\), Tracy Jacobs\(^1\), Wendy Rossouw\(^1\)

\(^1\)University of Stellenbosch, Stellenbosch, Western Cape, South Africa, \(^2\)Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA, USA

**Palestinians in Israel: Identity, Contact, and Ethos of Conflict**

Salim J. Munayer
Bethlehem Bible College, Bethlehem, P.A., Israel

#### Open Paper Session: Addiction

08:00-09:00  | ICC - Oren 2

**Chair:** Reuven Dar, Tel Aviv University, Israel

**Treatment of Cannabis Dependence Using Cognitive-Behavior Therapy and Relapse Prevention**

Aviv Weinstein\(^1\), Miki Bloch\(^2\), Hila Miller\(^2\), Irit Bluvstein\(^2\)

\(^1\)University of Ariel, Ariel, Israel, \(^2\)Tel Aviv University, Tel Aviv, Israel

**Comorbidity of Behavioral Addictions with Other Psychiatric Conditions**

Aviv Weinstein\(^1\), Pinhas Danon\(^2\), Michel Lejoyeux\(^3\), Abraham Weizman\(^2\)

\(^1\)University of Ariel, Ariel, Israel, \(^2\)Tel Aviv University, Tel Aviv, Israel, \(^3\)Paris 7 University, Paris, France

**Desensitizing Addiction: Using Eye Movements to Reduce the Intensity of Substance-Related Mental Imagery and Craving**

Marianne Littel, Marcel van den Hout, Iris Engelhard  
Utrecht University, Utrecht, The Netherlands

#### Open Paper Session: Dissemination of CBT/EBP

08:30-10:00  | ICC – Oren 1

**Chair:** Idan Aderka, University of Haifa, Israel

**Key Training and Clinical Factors and Outcomes Associated with the National Dissemination of Evidence-Based Psychological Treatments in the U.S. Department of Veterans Affairs Health Care System**

Bradley Karlin\(^1,2\)

\(^1\)Education Development Center, Inc., New York, NY, USA, \(^2\)Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD, USA

**How Can You Know That Your CBT Works? A Hierarchical Model for Using Cochrane Reviews to Estimate the Effect of CBT**

Amit Saad\(^1\), Daniel Yekutieli\(^2\)

\(^1\)Shalvata Mental Health Center, Hod Hasharon, Israel, \(^2\)Tel Aviv University, Department of Statistics and Operations Research, Tel Aviv, Israel

**Defining an International Standardized Set of Patient-Centered Outcome Measures for Depression & Anxiety**

David M. Clark\(^1\), Alexander Obbarius\(^2\), Lisa van Maasakkers\(^3\), Caleb Stowell\(^4\), Matthias Rose\(^5\)

\(^1\)University of Oxford, Oxford, UK, \(^2\)Department of Psychosomatic Medicine, Center for Internal Medicine and Dermatology, Charité Universitätsmedizin Berlin, Berlin, Germany, \(^3\)International Consortium for Health Outcomes Measurement, Cambridge, Massachusetts, USA

**Economic Evaluations of Internet Interventions for Mental Health: A Systematic Review**

Tara Donker\(^1,2\), Matthijs Blankers\(^3\), Erik Hedman\(^4\), Brjann Ljotsson\(^5\), Katherine Petrie\(^2\), Helen Christensen\(^7\)

\(^1\)Department of Clinical Psychology, VU University, Amsterdam, The Netherlands, \(^2\)Black Dog Institute, Sydney, Australia, \(^3\)Trimbos Institute, Utrecht, The Netherlands, \(^4\)Department of Clinical Neuroscience, Stockholm, Sweden
Open Paper Session: Basic Research on Anxiety

08:30-10:00 | ICC - Room 313
Chair: Gideon Anholt, Ben-Gurion University of the Negev, Israel

The Role of Safety Signals in Fear Extinction: An Analogue Study
Juan C. Restrepo-Castro,1,3 Leonidas Castro-Camacho,2 Francisco Labrador,3
1Universidad de la Sabana, Bogotá, Colombia, 2Universidad de los Andes, Bogotá, Colombia, 3Universidad Complutense, Madrid, Spain

The Effects of Social Anxiety on Emotional and Motor Empathy
Corine Dijk, Agneta Fisher, Nexhmedin Morina, Gerben van Kleef, Charlotte can Eeuwijk
University of Amsterdam, Amsterdam, The Netherlands

Active vs. Passive Use of Social Networks among Socially Anxious Individuals
Jonathan G. Shalom,1 Gal Tamir,2 Joshua D. Lipsitz,2
1Ben-Gurion University, Beer-Sheva, Israel, 2Tel-Aviv University, Tel-Aviv, Israel

Are Avoidance Biases in Social Anxiety due to Biases in Stimulus Classification or General Behavioural Tendencies?
Daniel Rudaizky, Colin MacLeod
1University of Western Australia, Perth, Western Australia, Australia, 2Babes-Bolyai University, Cluj-Napoca, Romania

Music Performance Anxiety and Flow amongst Classical Musicians
Susanna Cohen, Ehud Bodner
Bar Ilan University, Ramat Gan, Israel

Implicit and Explicit Associations with Erotic Stimuli in Sexually Functional and Dysfunctional Men and Women
Jacques van Lankveld,1 Ingrid Odekerken,2 Lydia Kok-Verhoeven,2 Susan van Horen,2,3 Peter de Vries,3 Anja van den Hout,4 Peter Verboon,4
1Open University of The Netherlands, Heerlen, The Netherlands, 2Hogeschool Zuyd, Heerlen, The Netherlands, 3Atrium Medical Center, Heerlen, The Netherlands

Open Paper Session: Transdiagnostic Treatments

08:30-10:00 | ICC - Room 314
Chair: Yiftah Yovel, Hebrew University of Jerusalem, Israel

Integrating Second and Third Wave CBT Using Metaphors and Imagery
Ruth Aharoni, Nina Kirsten Jørgensen, Nicole Rosenberg, Clas Winding
Mental Health Centre, Capital Region of Denmark, Denmark

Values Work Augments Motivation to Invest and Persist in Therapy: An Analogue Investigation
Sara Catane,1,2 Ben Katz,1 Iftah Yovel1
1Hebrew University of Jerusalem, Jerusalem, Israel, 2Sheba Medical Center, Tel Hashomer, Israel

Integrating Cognitive Behavioral Therapy with a Psychoanalytic Approach - Wachtel's Work as an Example
Yossi Schwartz, Arnon Rolnick
Rolnick's Clinic, Ramat Gan, Israel

Fighting Fear: A Preliminary Evaluation of a Novel Trans-Diagnostic CBT and Mindfulness Group Treatment for Anxiety Disorders
Saquib Ahmad
1West London Mental Health Trust, London, UK, 2Fighting Fear Limited, London, UK

Promoting Resilience in Early Childhood: A Short-Term, Community Intervention with Parents and Day-Care Centers' Staff
Keren Goldberg,1 Dafna Rahav,1,3 Daniel Hamiel,1,3 Leo Wolmer,1,3 Tali Versano-Eisman,3 Nathaniel Lao,3,4
1Baruch Ivcher School of Psychology, Herzlyia Interdisciplinary Center, Israel, 2Yale Child Study Center, New Haven, USA,
3Donald J. Cohen & Irving B. Harris Resilience Center, Tel Aviv, Israel, 4Sackler Faculty of Medicine, Tel-Aviv University, Israel

Open Paper Session: Treatment of OCD

08:30-10:00 | CP - Arad
Chair: Guy Doron, IDC Herzliya, Israel

Optimizing Inpatient Treatment for OCD - Improvement by Enhancing Exposure Therapy
Christian Stierle
Schön Klinik, Bad Bramsted, Germany
Randomized-Controlled Trial of a Newly-Developed Self-Help Approach “MyMCT” for Obsessive Compulsive Disorder
Marit Hauschildt, Steffen Moritz
University Medical Center Hamburg-Eppendorf, Hamburg, Germany

Exposure Treatment for Patient with Co-Morbid Combat Related PTSD and OCD
Nitsa Nacasch¹, Lilach Rachamim³
¹Tel-Aviv Brull Community Mental Health Center, Tel-Aviv, Israel, ²Interdisciplinary Center, Herzliya, Israel

What Is Broken with ExRP for OCD Treatment and How to Fix It
Avigdor Bonchek
Hebrew Univ Soc Work retired, Jerusalem, Israel

Open Paper Session: Cognitive Processes in Depression
08:30-10:00 | CP – Ein Gedi
Chair: Nili Mor, Hebrew University of Jerusalem, Israel

Reduction of Depressive Bias in Depressed Individuals following Pro-Positive Online Attentional Training, an Eye-Tracking Study
Pawel Holas¹, Izabela Krejtz², Marzena Rusanowska³, John Nezlek⁴
¹University of Warsaw, Warsaw, Poland, ²University of Social Sciences and Humanities, Warsaw, Poland, ³Jagiellonian University, Krakow, Poland, ⁴College of William and Mary Williamsburg, Williamsburg, USA

Does Negative Affect Modulate Cognitive Control in Individuals with Depressive Symptoms?
Akhihiro Masuyama², Satoshi Mochizuki¹
¹Tsukuba University, Tsukuba City, Ibaraki, Japan, ²Graduate School of Comprehensive Human Science, University of Tsukuba, Tsukuba City, Ibaraki, Japan

The Interaction of the 5-HTTLPR and Childhood Trauma Influences Memory Bias in Healthy Individuals
Janna Vrijsen¹,², Indira Tendolkar¹,², Alejandro Arias-Vásquez¹,³, Barbara Franke¹,³, Aart Schene¹,², Guillén Fernández⁴,³, Iris van Oostrom¹,²
¹Radboud University Medical Center, Department of Psychiatry, Nijmegen, The Netherlands, ²Radboud University, Donders Institute for Brain, Cognition and Behaviour, Nijmegen, The Netherlands, ³Radboud University Medical Center, Department of Human Genetics, Nijmegen, The Netherlands, ⁴Radboud University Medical Center, Department of Cognitive Neurosciences, Nijmegen, The Netherlands

Fluency & Flexibility in Retrieving Specific Autobiographical Memories: The Impact of State versus Trait Depression
Barbara Dritschel
University of St Andrews, Fife, UK

Clinical Roundtable: TEAM Therapy: A New Improvement to Better Do Old Cognitive Therapy
08:30-10:00 | CP - Massada
Chair: Sergio Marchevski, Hebetim Institute Tel Aviv & Beer Yaakov Psychiatric Center, Tel Aviv, Israel

TEAM Therapy for Chronic Pain
Gila Gail Tortman
Psagot Institute & Cramim Pain Clinic Clalit Health Services, Tel Aviv, Israel

Caricature Centred CBT in TEAM Therapy
Nir Essar
Psagot Institute, Tel Aviv, Israel

Agenda Setting for a Social Phobia/Test Anxiety Patient
Yigal Sharon
Psagot Institute, Tel Aviv, Israel

Team Therapy Applied to the ER (Emergency Room) Improving Achievement Levels in a Single Session
Shlomo Roll
Rabin Medical Center & Psagot Institute, Tel Aviv, Israel

Skills Session: Psychotherapy for Minorities
08:30-10:00 | CP - Jericho

Psychotherapy for Ethnic Minorities: Is There a Difference?
Wouter Stassen
OPZC Rekem, Lanaken, Belgium
### Skills Session: Group Schema Therapy for Couples

08:30-10:00 | ICC - Room 310

**Group Schema Therapy for Couples**  
Paul Kasyanik¹, Elena Romanova², Joan Farrell³, Ida Shaw³  
¹S-Petersburg Polytechnic University, S-Petersburg, Russia, ²S-Petersburg State University, S-Petersburg, Russia, ³Schema Therapy Institute Midwest, Indianapolis, USA

### Workshop: Internet CBT in Practice (Extra charge)

08:30-12:00 | ICC - Room 311

**The Evidence is There but How is it Done? Internet CBT in Practice**  
Gerhard Andersson¹²  
¹Linköping University, Linköping, Sweden, ²Karolinska Institute, Solna, Sweden

### Workshop: Treating Social Anxiety Disorder (Extra charge)

08:30-12:00 | ICC - Room 312

**Treating Social Anxiety Disorder**  
Stefan G. Hofmann  
*Boston University, Boston, MA, USA*

### Keynote: Alean Al-Krenawi

09:00-10:00 | ICC - Oren 3

**Chair:** Ruth Malkinson, University of Haifa, Israel  
**The Impact of Political Violence on Psychosocial Functioning of Individuals and Families: The Case of the Palestinian Adolescents**  
Alean Al-Krenawi  
*Achva Academic College, Ben-Gurion University of the Negev, Beersheba, Israel*

### Open Paper Session: Shame and Its Role in Psychopathology

09:00-10:00 | ICC - Oren 2

**Chair:** Eva Gilboa-Schectman, Bar-Ilan University, Israel  

#### Cultural Influences on Pride and Shame in Adolescents

Iryna Struina, Annabelle Starck, Stephan Bongard, Ulrich Stangier  
*Department of Psychology, Goethe University, Frankfurt, Hesse, Germany*

#### Maladaptive Emotion Regulation and Personality Disorders: The Case of Shame Aversion

Carmel Currie, Iftah Yovel  
*Hebrew University of Jerusalem, Jerusalem, Israel*

#### Regulation of Self-Conscious Emotions: The Impact of Reappraisal and Rumination on Experimentally Induced Shame

Diana Candea, Aurora Szentagotai  
*Babes-Bolyai University, Cluj-Napoca, Cluj, Romania*

#### What Lies Beneath Shame? An Empirical Investigation about Shame Memories in a Mixed Clinical Sample

Marcela Matos, José Pinto-Gouveia, Sérgio Carvalho  
*CINEICC – Cognitive and Behavioral Centre for Research and Intervention, University of Coimbra, Coimbra, Portugal*

### Coffee

10:00-10:30 | ICC - Pincus

### Keynote: Peter J. de Jong

10:30-11:30 | ICC - Oren 4  
**Chair:** Yiftah Yovel, Hebrew University of Jerusalem, Israel  
**The Dirt Road to Psychopathology: Disgust-Based Mechanisms and Their Relevance for CBT**  
Peter J. de Jong  
*University of Groningen, Groningen, The Netherlands*
# Symposium: The Mental Health Impact of Exposure to Conflict and Displacement: Psychological Symptoms and Treatment Interventions

10:30-12:00 | ICC - Oren 3

**Chair:** Angela Nickerson, UNSW Australia, Sydney NSW, Australia  
**Discussant:** Richard A. Bryant, UNSW Australia, Sydney NSW, Australia

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<th>Title</th>
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<tr>
<td>Emotion Regulation in Traumatized Refugees: An Experimental Investigation</td>
<td>Angela Nickerson¹, Ben Garber¹, Belinda Liddell¹, Brett Litz², Stefan Hofmann³, Anu Asnaani³, Richard Bryant³</td>
<td>¹UNSW Australia, Sydney NSW, Australia, ²Boston University, Boston MA, USA, ³University of Pennsylvania, Philadelphia, USA</td>
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<tr>
<td>Treating Childhood Posttraumatic Stress in Following Disaster and Conflict</td>
<td>Richard Bryant, Katie Dawson, Nexh Morina</td>
<td>University of New South Wales, Sydney/NSW, Australia</td>
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<tr>
<td>Obsessive-Compulsive and Posttraumatic Stress Symptoms Among Civilian Survivors of War</td>
<td>Naser Morina¹,², Michael Rufer¹,², Richard Klaghofer¹,², Julia Mueller³, Chantal Martin-Söllch³, Vita Sulaj³, Ulrich Schnyder¹,²</td>
<td>¹Department of Psychiatry and Psychotherapy, University Hospital Zurich, Zurich, Switzerland, ²University of Zurich, Zurich, Switzerland, ³Division of Clinical and Health Psychology, Department of Psychology, University of Fribourg, Fribourg, Switzerland, ⁴Psychiatric Hospital Königsfelden, Brugg, Switzerland, ⁵Psychiatric Services Thurgau, Münsterlingen, Switzerland</td>
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<tr>
<td>The Relationship of Somatization and PTSD Symptom Cluster and Depression amongst Tortured Refugees</td>
<td>Alexa Kuenburg⁵, Naser Morina¹, Ulrich Schnyder³, Richard Bryant², Angela Nickerson³, Matthais Schick¹</td>
<td>¹Zurich University Hospital, Zurich, Switzerland, ²University of New South Wales, Sydney, Australia</td>
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# Symposium: CBT and Psychophysiological Interventions in ADHD

10:30-12:00 | ICC - Oren 2

**Chair:** Arnon Rolnick, Rolnick’s Clinic, Ramat Gan, Israel  
**Discussant:** Bonny Beuret, Private Practice, USA

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<td>A Multi-National Cooperation Between Therapists in Cyprus, Israel and the USA</td>
<td>Alexis Mouzoris⁴, Edna Tune⁴, Bonny Beurett⁴</td>
<td>⁴Private Practice, Limasol, Cyprus, ⁵Private Practice, Herzelia, Israel, ⁶Private Practice, Savana, USA</td>
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<td>The Value of Integrating Biofeedback into CBT Treatment of Patients Diagnosed with ADHD</td>
<td>Iris Berkooz</td>
<td>Private Practice, Ramat Gan, Israel</td>
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<td>The Role of Contextual Feedback in Treatment of ADHD</td>
<td>Yossi Ehrenreich</td>
<td>Private Practice, Modiin, Israel</td>
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<td>Operant Conditioning of Neuronal and Cardial Performance as an Adjunct Treatment for ADHD</td>
<td>Asaf Gitler</td>
<td>Rolnick Clinic, Ramat Gan, Israel</td>
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# Panel Discussion: Evidence-Based Psychotherapies around the World

10:30-12:00 | ICC – Oren 1

**Dissemination and Implementation of Evidence-Based Psychotherapies in Health Care Systems around the World**  
Bradley Karlin¹,², David Clark³, Edna Foa⁴, David Barlow⁵  
¹Education Development Center, Inc., New York, NY, USA, ²Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD, USA, ³University of Oxford, Oxford, UK, ⁴University of Pennsylvania, Philadelphia, PA, USA, ⁵Boston University, Center for Anxiety and Related Disorders, Boston, MA, USA
### Symposium: Spotlight on the Self: Understanding Social Anxiety Disorder through the Lens of the Self

**10:30-12:00 | ICC - Room 313**

**Chair:** Lusia A Stopa, University of Southampton, Hampshire, UK  
**Discussant:** Stefan G Hofmann, Boston University, Massachusetts, United States

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<td>Positive Images and Self-Evaluation in Social Anxiety</td>
<td>Lusia Stopa, University of Southampton, Southampton, UK</td>
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| Social Anxiety Disorder and the Authentic Self | Lynn Alden, Leili Plasencia, Charles Taylor  
University of British Columbia, Vancouver, B.C., Canada, Michael E. DeBakey VA Medical Center, Houston, TX, USA, University of California, San Diego, San Diego, USA |
| Inflated Costs of Blunders in Social Anxiety Disorder: Investigating the Role of Perceived Self-Flaws | David Moscovitch, Stephanie Waechter, Tatiana Bielak, University of Waterloo, Waterloo, Ontario, Canada |
| Self-Evaluations in Social Anxiety Disorder with and without Comorbid Depression | Eva Gilboa-Schechtman, Tamar Livne, Hadar Keshet, Reut Zabag, Haggai Hermesh, Sofi Marom  
Bar-Ilan University, Ramat-Gan, Israel, Hebrew University, Jerusalem, Israel, Geha Mental Health Center, Petach Tikva, Israel |

### Symposium: Understanding Pain in All Its Complexity: A Motivational Perspective

**10:30-12:00 | ICC - Room 314**

**Chair:** Martien Schrooten, Örebro University, Örebro, Sweden

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<td>A Motivational Approach to Sexual Pain</td>
<td>Marieke Dewitte, Maastricht University, Maastricht, The Netherlands</td>
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<td>Resilience in the Face of Chronic Pain: Evidence Supporting the Role of Flexible Goal Adjustment</td>
<td>Marjolein Hanssen, Maastricht University, Department of Clinical Psychological Science, Maastricht, The Netherlands</td>
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<tr>
<td>A Motivational Account of Attention to Pain Signals: Novel Insights and Challenges</td>
<td>Martien Schrooten, School of Law, Psychology and Social Work, Örebro, Sweden</td>
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| The Emotion Regulatory Function of Parental Attention to Child Pain & Associated Implications for Parental Pain Control Behaviour | Tine Vervoort, Dimitri Van Ryckeghem, Zina Trost  
Ghent University, Ghent, Belgium, University of North Texas, Texas, USA |

### Symposium: Neurocognitive Deficits in Obsessive Compulsive Disorder (OCD) and Current Theories of OCD

**10:30-12:00 | CP - Arad**

**Chair:** Omer Linkovski, Ben-Gurion University of the Negev, Be’er Sheva, Israel  
**Discussant:** Gideon E Anholt, Ben-Gurion University of the Negev, Be’er Sheva, Israel

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<th>Title</th>
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| Control over Unwanted Behaviors in OCD Patients | Gideon Anholt, Eyal Kalanthroff, Avishai Henik  
Ben Gurion University of the Negev, Be’er Sheva, Israel, Columbia University, New York, USA |
| Enhanced Action Tendencies in Obsessive-Compulsive Disorder: An ERP Study | Andrea Berger, Gideon Anholt, Adi Dayan, Ben Gurion University of the Negev, Beer Sheva, Israel |
| Examining the Role of Working Memory and Perceptual Processing in Obsessive-Compulsive Disorder Using Ex-Gaussian Distribution Fitting and Evidence Accumulation Modeling | Nitzan Shahar, Andrei R. Teodorescu, Gideon E. Anholt, Anat Karmon-Presser, Nachshon Meiran  
Ben-Gurion University of the Negev, Beer Sheva, Israel, Indiana University, Indiana, USA |
Inhibiting Uncertainty: Priming Inhibition Promotes Reduction of Uncertainty
Omer Linkovski1,3, Eyal Kalanthroff1,2, Avishai Henik3, Gideon Anholt1
1Ben Gurion University of the Negev, Be’er Sheva, Israel, 2Columbia University, New York, USA, 3Sheba Medical Center, Tel Hashomer, Israel

Symposium: Mind, Body and Control Processes: Self Regulatory Mechanisms, Dimensional Psychopathology and Intervention
10:30-12:00 | CP – Ein Gedi
Chair: Idit Shalev, Ben Gurion University, Beer Sheva, Israel

Mindfulness-Based Emotion Regulation: Theoretical and Neural Mechanisms
Hedy Kober
Yale University, Department of Psychiatry and Psychology, New Haven, CT, USA

Self-Critical Vulnerability for Functionally Somatic Conditions
Golan Shahar
Ben Gurion University of the Negev, Department of Psychology, Beer Sheva, Israel

The Function of Autonomy Support or Control on Diastolic Blood Pressure Controlling for Attachment Style
Netta Weinstein
University of Cardiff, Department of Psychology, Wales, UK

Emotion Regulation Goals in Depression
Maya Tamir, Yael Millgram
Hebrew University, Department of Psychology, Jerusalem, Israel

The Effect of Different Embodied on Self Regulation
Idit Shalev
Ben Gurion University of the Negev, Department of Education, Beer Sheva, Israel

Skills Session: Emotional Regulation in Children
10:30-12:00 | CP - Massada

Emotional Regulation in Children: A Rational-Emotive Behavioral 10-Step Model
Nomi Dothan
Bar Ilan University, Ramat Gan, Israel

Skills Session: The Defining Characteristics of Dialectical Behavior Therapy (DBT)
10:30-12:00 | CP - Jericho

The Defining Characteristics of Dialectical Behavior Therapy (DBT): Learn DBT’s Comprehensive and Fluid Model for Treating Borderline Personality Disorder (BPD), Suicidality, and Self-Injurious Behavior
Shamshy Schlager1,2
1Cognitive Behavioral Associates, Great Neck, NY, USA, 2Long Island University--Post, Brookville, NY, USA

Skills Session: Schema Therapy for Severe Personality Disorders
10:30-12:00 | ICC - Room 310

Schema Therapy, the Emotion Focused Approach for Severe Personality Disorders
Alessandro Carmelita
Italian Society of Schema Therapy, S.I.S.T., Sassari, Italy

Keynote: David M. Clark
12:00-13:00 | ICC - Oren 4
Chair: Tal Bergman, Ministry of Health, Israel

Disseminating Effective Psychological Therapies for Mental Health Problems: Science, Economics & Politics
David M. Clark
University of Oxford, Oxford, UK
### Keynote: Tammie Ronen
12:00-13:00 | ICC - Oren 3

**Chair:** Guy Doron, IDC Herzliya, Israel

**Increasing Positive Emotion among Children in Therapy**

Tammie Ronen  
*Tel Aviv University, Tel Aviv, Israel*

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### Keynote: David Brent
12:00-13:00 | ICC - Oren 2

**Chair:** Alan Apter, Schneider Children's Medical Center, Israel

**CBT for Depressed and Suicidal Adolescents: In Search of Effective and Personalized Treatments**

David Brent  
*University of Pittsburgh School of Medicine, Pittsburgh, PA, USA*

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### Lunch
13:00-14:00 | ICC – Pincus Foyer

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### Keynote: Ronald M. Rapee
14:00-15:00 | ICC - Oren 4

**Chair:** David Moscovitch, University of Waterloo, Canada

**Delivering Cost-Effective Care to Young People with Anxiety Disorders**

Ronald M. Rapee  
*Macquarie University, Sydney, Australia*

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### Keynote: Yona Teichman
14:00-15:00 | ICC - Oren 3

**Chair:** Tammie Ronen, Tel Aviv University, Israel

**A Cognitive-Systemic Perspective for Understanding and Treating Depression**

Yona Teichman<sup>1,2</sup>  
<sup>1</sup>*Tel-Aviv University, Tel-Aviv, Israel, <sup>2</sup>Interdisciplinary Center (IDC), Herzliya, Israel*

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### Symposium: The Alliance-Outcome Correlation across Settings and over Time
14:00-15:30 | ICC - Oren 2

**Chair:** Yogev Kivity, Hebrew University of Jerusalem, Jerusalem, Israel
**Discussant:** Cory F Newman, University of Pennsylvania, Philadelphia, Pennsylvania, United States  
**Co-Convenor:** Jonathan D. Huppert, Hebrew University of Jerusalem, Jerusalem, Israel

**Development of the Alliance in CBT for the Anxiety Disorders: Replication & Extension to Social Anxiety Disorder**

Yogev Kivity, Asher Strauss, Lior Cohen, Michal Weiss, Yoni Elizur, Jonathan Huppert  
*Department of Psychology, Hebrew University of Jerusalem, Jerusalem, Israel*

**Working Alliance in Internet Treatments - Is It Possible?**

Gerhard Andersson  
*Department of Behavioural Sciences and Learning, Linköping University, Linköping, Sweden*

**Does Psychometric Feedback Effects the Therapeutic Alliance in CBT?**

Wolfgang Lutz, Julian Rubel, Dirk Zimmermann, Anne-Katharina Schiefele  
*University of Trier, Trier, Germany*

**One Size Does Not Fit All: Examining Heterogeneity and Identifying Moderators of the Alliance-Outcome Association**

Sigal Zilcha-Mano<sup>1</sup>, Paula Errázuriz<sup>2</sup>  
<sup>1</sup>*University of Haifa, Haifa, Israel, <sup>2</sup>Pontificia Universidad Católica de Chile, Santiago, Chile*
Symposium: Embodiment and Mental Disorders
14:00-15:30 | ICC - Oren 1
Chair: Johannes Michalak, Witten/Herdecke University, Witten, Germany

Our Body Affects What We Remember - The Effects of Bodily Manipulation on Negative Memory Bias
Johannes Michalak¹, Katharina Rohde², Judith Mischnat³, Nikolaus Troje⁴
¹Witten/Herdecke University, Witten, Germany, ²Ruhr-University Bochum, Germany, ³University of Hildesheim, Hildesheim, Germany, ⁴Queen's University, Kingston, Germany

Gait and Activity Patterns in Depression
Helen Niemeyer¹, Dirk Adolph², Wolfgang Tschacher³, Johannes Michalak¹
¹University Witten/Herdecke, Witten, Germany, ²Ruhr-University Bochum, Bochum, Germany, ³University Bern, Bern, Switzerland

Is Mobility Involved in Seasonal Variation in Mental Health?
Philippe Delespaul¹,²
¹Maastricht University, Maastricht, Limb, The Netherlands, ²Mondriaan, Heerlen, Limb, The Netherlands

Nonverbal Synchrony in Psychotherapy and Psychopathology
Wolfgang Tschacher
University Hospital of Psychiatry and Psychotherapy, Bern, Switzerland

Symposium: The Processing of Nonverbal Social Cues: Above and Beyond Emotional Facial Expressions
14:00-15:30 | ICC - Room 313
Chair: Eva E. Gilboa-Schechtman, Bar Ilan University, Ramat Gan, Israel
Discussant: Pierre P. Philippot, Catholic University of Louvain, Louvain-la-Neuve, Belgium

Up Your Nose? The Influence of Nasal Oxytocin on Face Processing in Social Anxiety
Wolf-Gero Lange¹, Désirée Zieba², Markus Heinrichs³,⁴, Frank Vitinius⁵, Alexander Gerlach²
¹Radboud University Nijmegen, Behavioural Science Institute, Nijmegen, Netherlands, Germany, ²University of Cologne, Department of Psychiatry and Psychotherapy, Koln, Germany, ³University of Freiburg, Department of Psychology, Freiburg, Germany, ⁴University of Freiburg, Freiburg Brain Imaging Center, Freiburg, Germany, ⁵University of Cologne Medical Center, Department of Psychosomatic Medicine, Cologne, Germany

Social Anxiety and the Processing of Facial, Vocal and Facial/Vocal Nonverbal Social Signals
Virginie Peschard¹,², Eva Gilboa-Schechtman¹, Pierre Philippot²
¹Bar Ilan University, Department of Psychology and Gonda Multidisciplinary Brain Research Center, Ramat Gan, Israel, ²Catholic University of Louvain, Psychological Sciences Research Institute, Louvain-la-Neuve, Belgium

The Face Is Not a Canvas: How Facial Expressions Interact with Facial Appearance
Ursula Hess
Humboldt University, Department of Psychology, Berlin, Germany

Symposium: Assessment and Therapeutic Approaches in Schema Therapy with Children and Adolescents
14:00-15:30 | ICC - Room 314
Chair: Christof Loose, Heinrich-Heine-University, Duesseldorf, Germany
Discussant: Maria Galimzyanova, St Petersburg State University, St. Petersburg, Russia

DISC - Duesseldorfer Illustrated Schema Questionnaire for Children
Christof Loose, Frank Meyer, Reinhard Pietrowsky
Heinrich-Heine-University Exp. Psychology Dept. Clinical Psychology, Duesseldorf, Germany

Therapist Interventions and Mode Changes within Schema Therapy Sessions for Avoidant Personality Disorder
Ofer Peled¹,², Rinaty Mittelman-Kirshenfeld¹, Eran Bar Kalifa³, Eshkol Rafaeli¹
¹Bar Ilan University, Ramat Gan, Israel, ²Schema Therapy Center, Raanana, Israel
The Contribution of Using YSQ in Adolescent’s Anxiety Disorder Assessment in Order to Give Optimal Treatment
Nava Wald, Mayan Ziskind
Ziv Hospital, Zfat, Israel

Schema Therapeutic Diagnostics with Pre-School Children
Tanya Schmaal1, Susan Simpson2
1Department of Community and Social Inclusion, Disability Services, Gawler, Australia, 2Unisa, Magill, Australia

Individual & Group Schema Therapy of a 10-Year-Old Girl with a Predominant Schema of Entitlement-Grandiosity
Maria Galimzyanova
Saint-Petersburg State University, Saint-Petersburg, Russia

Symposium: Intrusive Thoughts & Their Content: A Cross Cultural, Transdiagnostic Perspective
14:00-15:30 | CP - Arad
Chair: Guy Doron, Interdisciplinary Center (IDC) Herzliya, Herzliya, Israel
Discussant: Jedidiah Siev, Nova Southeastern University Center for Psychology, Florida, United States

Relationship Related Intrusive Thoughts: An Interview Based Study
Guy Doron1, Einat Karp1, Danny Derby2
1Interdisciplinary Center (IDC), Herzliya, Israel, 2Cognetica – The Israeli Center for Cognitive Behavioral Therapy, Tel Aviv, Israel

Repugnant Thoughts: An International Perspective on Distressing Sexual and Religious Mental Intrusions
David Clark1, Jon Abramowitz2, Gillian M. Alcolado3, Pino Alonso4, Amparo Belloch5, Martine Bouvard6, Meredith E Coles7, Guy Doron8, Hector Fernández-Álvarez9, Gemma Garcia-Soriano10, Marta Ghisi11, Beatriz Gomez12, Mujgan Inozu13, Richard Moulding14,15, Adam S Radomsky16, Giti Shams17, Claudio Sica18, Gregoris Simos19, Wing Wong20
1University of New Brunswick, New Brunswick, Canada, 2Department of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, USA, 3Department of Psychology, Concordia University, Montreal, Canada, 4Department of Psychiatry, Bellvitge Hospital, Barcelona, Spain, 5Department of Personality Psychology, University of Valencia, Valencia, Spain, 6Department of Psychology, University of Savoie, Chambéry, France, 7Department of Psychology, Binghamton University, Binghamton, USA, 8Department of Psychology, Interdisciplinary Center, Herzliya, Israel, 9Aigle Foundation, Buenos Aires, Argentina, 10Department of General Psychology, University of Padova, Padova, Italy, 11Department of Psychology, Abant Izzet Baysal University, Bolu, Turkey, 12Department of Psychology, Deakin University, Melbourne, Australia, 13Brain and Psychological Sciences Research Centre, Swinburne University of Technology, Melbourne, Australia, 14Department of Psychiatry, Tehran University, Medical Science, Tehran, Iran, 15Department of Human Health Science, University of Firenze, Firenze, Italy, 16Department of Educational and Social Policy, University of Macedonia, Thessaloniki, Greece, 17Departments of Psychiatry and Psychology, Chinese University of Hong Kong, Hong Kong, Hong Kong

Intrusive Thoughts in Obsessive Compulsive Patients and Resistant Obsessive Compulsive Patients
Martine Bouvard
University of Savoie, Savoie, France

Unwanted Intrusive Cognitions: A Transdiagnostic Variable
Amparo Belloch, Gemma García-Soriano, M Roncero, M Giraldo, S Arnáez, G Fornés
Universitat de València, València, Spain

Transdiagnostic Intrusive Thoughts, Appraisals and Control Strategies as Endophenotypes of Obsessive-Compulsive Disorder
Pino Alonso1,2, Amparo Belloch3, Cinto Segalàs1, Gemma García-Soriano3, Clara López-Solà3, Eva Real1, José M Menchón1,2
1OCD Clinical and Research Unit, Department of Psychiatry, Hospital de Bellvitge, Hospital de Llobregat, Barcelona, Spain, 2Department of Clinical Sciences, Bellvitge Campus, University of Barcelona, Hospital de Llobregat, Barcelona, Spain, 3Facultad de Psicología, Universidad de Valencia, Valencia, Spain

Symposium: Improving Psychotherapy for Psychotic Patients
14:00-15:30 | CP - Ein Gedi
Chair: Tammy Ronen, Tel Aviv University, Tel Aviv, Israel
Discussant: Tammy Essar
Psagot Institute, Tel Aviv, Israel

Training Chronic Patients to Help Other Patients: Learning the Motivational Cognitive Errors and the Specificity of Mental Disability
Tammy Essar
Psagot Institute, Tel Aviv, Israel
Psagot Psychotic Normalization Procedure (PPNP): A Family Intervention
Nir Essar
Psagot Institute, Tel Aviv, Israel

The BACH (Behavioural and Cognitive Holtering) System
Merav Barkavi-Shani
Psagot Institute, Tel Aviv, Israel

Clinical Roundtable: Applying the Unified Protocol (UP) in Israel: Variations on Barlow’s Unified Protocol

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<td>Arnon Rolnick, Private Practice, Ramat Gan, Israel</td>
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<td>The Unified Protocol as a Life Skill Training</td>
<td>Isaschar Eshet, Private Practice, Carmiel, Israel</td>
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<td>How to Deal with Our Feelings</td>
<td>Shelly Zantakeren, Yael Sharon</td>
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<td>1Private Practice, Ramat Hasharon, Israel, 2Psagot Institute, Tel Aviv, Israel</td>
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<td>The Unified Protocol at Work: Some Cases from a Private Clinic in Israel</td>
<td>Guy Youlzary, Nilly Zohar, Arnon Rolnick, Private Practice, Ramat Gan, Israel</td>
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Skills Session: CBT for Recurrent Migraine

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<td>Frank Andrasik, University of Memphis, Memphis, TN, USA</td>
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Workshop: Cognitive Therapy for BDD (Extra charge)

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<td>Cognitive Therapy for Body Dysmorphic Disorder</td>
<td>Ulrich Stangier, Viktoria Ritter, Goethe University Frankfurt, Frankfurt, Germany</td>
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Workshop: Rational Emotive Behavior Therapy (Extra charge)

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<td>The Vigorous and Compassionate Approach of Rational Emotive Behavior Therapy: The Pioneering CBT</td>
<td>Debbie Joffe Ellis, Columbia University TC: Adjunct Professor, New York, N.Y., USA</td>
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Workshop: Treating Complex Cases of OCD (Extra charge)

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<td>Treating Complex Cases of OCD: How to Enhance Engagement and Case Formulation</td>
<td>Christine Purdon, University of Waterloo, Waterloo, ON, Canada</td>
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Coffee

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Keynote: Reuven Dar
16:00-17:00 | ICC - Oren 4
Chair: Oded Ben-Arunsh, Israeli Center for the Treatment of Obsessive-Compulsive Related Disorders, Israel
Seeking Proxies for Internal States: Exploring the Mechanisms of Doubt & its Resolution in Obsessive-Compulsive Disorder
Reuven Dar
Tel Aviv University, Tel Aviv, Israel

Keynote: David Greenberg
16:00-17:00 | ICC - Oren 3
Chair: Isaac Mark, Institute of Psychiatry, Kings College London, UK
The Influence of Ultra-Orthodox Judaism on the Presentation of Psychopathology
David Greenberg¹,²
¹Herzog Hospital, Jerusalem, Israel, ²Hebrew University Jerusalem, Jerusalem, Israel

Symposium: Metacognitive Theory and Therapy
16:00-17:30 | ICC - Oren 2
Chair: Samuel G Myers, Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel
Metacognition, Responsibility, and Perfectionism in Obsessive Compulsive Disorder
Torun Grotte¹, Stian Solem², Samuel Myers², Patrick Vogel³, Ismail Guzey³, Bjarne Hansen⁴
¹St Olav University Hospital, Trondheim, Norway, ²Norwegian University of Science and Technology, Trondheim, Norway, ³Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, ⁴University of Bergen, Bergen, Norway

Metacognitive Beliefs Moderate the Relationship between Catastrophic Misinterpretation and Health Anxiety
Robin Bailey¹, Adrian Wells²
¹University of Central Lancashire, Lancashire, UK, ²University of Manchester, Manchester, UK

Metacognitive Therapy: The Israeli Experience
Rosanna Black Josman, Basma Simaan, Noa Weinstein
Karmiel Mental Health Clinic, Mazor Mental Health Center, Haifa, Israel

Early Trauma, Negative Affect, and Anxious Attachment: The Role of Metacognition
Samuel Myers¹, Adrian Wells²
¹Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, ²University of Manchester, Manchester, UK

Symposium: Emotion Regulation in CBT: From Translational Science to Therapeutic Interventions
16:00-17:30 | ICC - Oren 1
Chair: Yogev Kivity, The Hebrew University of Jerusalem, Jerusalem, Israel
Discussant: David H Barlow, Boston University, Boston, United States
Immediate and Delayed Regulatory Effects of Specifying Anxious Information in Clinical Populations
Pierre Philippot
Catholic University of Louvain, Louvain-la-Neuve, Belgium

Changes in Emotion Regulation during Cognitive-Behavioral Therapy for Social Anxiety Disorder
Yogev Kivity, Lior Cohen, Yoni Elizur, Michal Weiss, Jonathan Huppert
Department of Psychology, Hebrew University of Jerusalem, Jerusalem, Israel

Emotion Regulation across Psychopathology
Carolin M. Wirtz¹,², Anna Radkowsky³, Sandra Schlicker¹,², Monika Haeupler¹, Regina Hoefer¹, Stefan Hackenberg¹, Nina Schoeler¹, Anne-Kathrin Helten¹, Alexandra Wurmer¹, Matthias Berking¹
¹University of Erlangen–Nuremberg, Erlangen, Germany, ²University of Marburg, Marburg, Germany

The Efficacy of the Affect Regulation Training in Major Depressive Disorder - First Results of a Randomized Controlled Trial
Matthias Berking¹, Anna Radkowsky², Judith Kowalsky², Carolin M. Wirtz¹,², Regina Hoefer¹, Eva Kreis¹
¹University of Erlangen–Nuremberg, Erlangen, Germany, ²University of Marburg, Marburg, Germany
Symposium: Anxiety & Meaning: Intervention Studies by Mixed Method Research in the Clinic

16:00-17:30 | ICC - Room 313

**Chair:** Solfrid Raknes, Uni Research Health, Bergen, Norway

**Why Do Patients Think They Develop Obsessive-Compulsive Disorder? A Qualitative Study**
Aashild Haaland, Gunvor Launes, Vegard Ø. Haaland, Joe Himle, Liv Walseth
Sørlandet Hospital, Kristiansand, Norway

**Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents**
Solfrid Raknes1,2, Kari Dyregrov1, Ståle Pallesen3, Asle Hoffart4, Shirley Stormyren5, Bente Haugland1
1Uni Research Health, Bergen, Norway, 2Center for Crisis Psychology, Bergen, Norway, 3University of Bergen, Bergen, Norway, 4Modum Bad / University of Oslo, Oslo, Norway, 5Children’s House, Oslo, Norway

**Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents - Part B**
Aud Aamodt1, Solfrid Raknes2
1Children’s House, Oslo, Norway, 2Uni Research Health, Bergen, Norway

**Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents - Part C**
Shirley Stormyren1, Solfrid Raknes2
1Children’s House, Oslo, Norway, 2Uni Research Health, Bergen, Norway

Symposium: Prevention, Guided Self-Help & Treatment of Children with Disruptive Behavior Problems

16:00-17:30 | ICC - Room 314

**Chair:** Manfred Döpfner, Dept of Child and Adolescent Psychiatry, University of Cologne, Cologne, Germany

**Discussant:** Kurt Hahlweg, Dept of Clinical Psychology, Psychotherapy, TU Braunschweig, Braunschweig, Germany

**Ten Year Follow-Up of a Randomized Controlled Trial of Triple P Group for Parent and Child Variables**
Kurt Hahlweg, Sören Kliem, W Schulz, D Hosser, T Zimmermann
University of Braunschweig, Institute of Psychology, Braunschweig, Germany

**Efficacy, Effectiveness and One-Year Stability of Self-Help Interventions for Parents of Children with ADHD and Other Externalizing Behavior Problems**
Christopher Hautmann1, Christina Dose2, Manfred Döpfner1,2
1School of Child and Adolescent Cognitive Behavioral Therapy at the University of Cologne, Cologne, Germany, 2Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany

**Effects of Cognitive Behavioral Play Training for Preschool Children with ADHD**
Tanja Wolff Metternich-Kaizman
Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany

**Efficacy, Moderators and Mediators in the Treatment of Children with Aggressive Behavior Problems**
Manfred Döpfner1,2, Anja Goertz-Dorten1,2, Hendrik Hasselbeck1,2, Christopher Hautmann1
1School of Child and Adolescent Cognitive Behavioral Therapy at the University of Cologne, Cologne, Germany, 2Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany, 3Institute for Clinical Child Psychology of the Christoph-Dornier-Foundation for Clinical Psychology at the University of Cologne, Germany

**How Effective Is Teacher Coaching in Reducing Externalizing Behavior Problems in Primary School Children**
Charlotte Hanisch1, Ilka Eichelberger1, Manfred Döpfner1
1University of Applied Sciences, Düsseldorf, Germany, 2Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany

Symposium: An Inference Based Approach (IBA) to OCD across Symptom Subtypes: Recent Developments and Mechanisms of Change

16:00-17:30 | CP - Arad

**Chair:** Frederick Aardema, University of Montreal, Montreal, Canada

**Review of the Inference Based Approach to Treatment of OCD**
Kieron O’Connor, Frederick Aardema
University of Montreal, Montreal, Canada

**Results of an Open Trial Investigating an Inference-Based Approach to OCD across Symptom Subtypes and Treatment Resistant Cases**
Frederick Aardema, Kieron O’Connor
University of Montreal, Montreal, Canada
Inference-Based Therapy (IBT) and Cognitive-Behavioural Therapy (CBT) for OCD - Integrative and Synergetic Potential
Jan Van Niekerk
Fulbourn Hospital, Cambridge, UK

The Role of Rear of Self-Concerns in OCD
Gabriele Mellì¹, Frederick Aardema², Richard Moulding³
¹University of Pisa, Pisa, Italy, ²University of Montreal, Montreal, Canada, ³Deakin University, Burwood, Australia

Symposium: Preventive Interventions for the Masses: Out of the Couch and into the Community
16:00-17:30 | CP - Ein Gedi
Chair: Daniel Hamiel, Cohen-Harris Resilience Center and Herzlia IDC, Tel-Aviv, Israel
Discussant: Tore Aune, Norwegian University of Science and Technology, Trondheim, Norway

Empowering Teachers with Cognitive-Behavioral Skills to Serve as Clinical Mediators in Enhancing the Resilience of Children to Trauma
Leo Wolmer¹,², Daniel Hamiel¹,², Tali Versano-Eisman¹, Maayan Gotgeld¹, Nathaniel Laor¹
¹Cohen-Harris Resilience Center, Tel-Aviv, Israel, ²Herzlia Interdisciplinary Center, Herzlia, Israel

Preventive Mental Health Intervention with the Elderly
Daniel Hamiel¹,², Leo Wolmer¹,², Yuval Friedman¹, Tali Versano-Eisman¹, Nathaniel Laor¹
¹Cohen-Harris Resilience Center, Tel-Aviv, Israel, ²Herzlia Interdisciplinary Center, Herzlia, Israel

The Norwegian Universal Preventive Program for Social Anxiety (NUPP-SA): How it Works and Why it Works!
Tore Aune¹, Tore C. Stiles²
¹University College of Nord-Trøndelag, Norwegian Directorate for Children, Youth and Family Affairs, Trondheim, Norway, ²Department of Psychology Norwegian University of Science and Technology, Trondheim, Norway

Biofeedback Assisted Mental Gym™ Project with Military Personnel
Yuval Oded¹
¹Haifa University, Haifa, Israel, ²Gadot Center - Therapy for Anxiety and Stress, Tel-Aviv, Israel

Clinical Roundtable: Obesity and CBT – Do We, CBT Specialists, Have a Good Answer to a Widespread Problem in Public Health, Namely Overweight and Obesity?
16:00-17:30 | CP - Massada
Chair: Ruth Wiñar, The Center for Family Life Preparation, Herzliya, Israel

Morbid Obesity and Bariatric Patients: "What to Do When the Basics Don't Work?"
Zipi Haetzni
University of Haifa, Haifa, Israel

Strategies and Tools of CBT in an Integrated Program for Balanced Nutrition and Weight Loss in Groups of Israeli Arabs and Orthodox Jews
Ruth Wiñar
Center for Family Life Preparation, Herzliya, Israel

Implementation of Various CBT Tools for Eating Behaviors and Disorders
Moshe Mishali
University of Haifa, Haifa, Israel

Skills Session: Games to Provide EBT for Children and Families Impacted by Sexual Abuse
16:00-17:30 | ICC - Room 310
Using Structured Therapeutic Games to Provide Evidence-Based Treatment for Children and Families Impacted by Sexual Abuse
Khaya Eisenberg¹, Leah Frenkriel²
¹Bartky Healthcare, Livingston, NJ, USA, ²NYU Langone Medical Center, Hackensack, NJ, USA
Keynote: Edna B. Foa

17:00-18:00  |  ICC - Oren 4
Chair: Richard Bryant, UNSW, Australia

Disseminating Evidence-Based Treatments within Systems and across Countries: Lessons Learned from Prolonged Exposure Therapy for PTSD
Edna B. Foa
University of Pennsylvania, Philadelphia, PA, USA

POSTER SESSION

18:00-19:00  |  Pincus

Case Studies / Theory

P101 | Psychophysiological Validation and Reparenting - DBT and Schema Therapy Goes Hand in Hand with Biofeedback
Haya Yaniv, Anat Ariel
Private Clinic, Ramat Gan, Israel

P102 | Concrete Manipulative Use for the Delay of Compulsions in Children: Task Box
Cemre Erten Tatlı
Ankara University, Ankara, Turkey

P103 | The Gefen CBT/Mind-Body Fertility Model: A Unique PCP - Aradigm
Karen Friedman, Rhonda Adessky
Hadassah University Hospital, Jerusalem, Israel

P104 | Treatment of Selective Mutism and Immigrants
Yaakov Ugowitz2, Yael Miller1, Sharon Ugowitz2
1Educational Psychological Services, Efrat Municipality, Efrat, Israel, 2Private Practice in Speech Therapy, Efrat, Israel

P105 | Trauma-Focused Early Intensive Cognitive Behavioral Intervention (TF-EICBI)
Agnes Leor
Tel Aviv University, Tel Aviv, Israel

P106 | Cognitive-Behavioral Approach and Neuropsychological Correction of Children with Autism Spectrum Disorders
Alfiya Sultanova, Irina Ivanova
Institution of the Russian Academy of Education Institute for Psychological and Pedagogical Problems of Childhood, Moscow, Russia

P107 | Mellitus and Hearing Loss: Findings of Depressive Symptoms in a Case Study
Rosicler Moreno Castanho, Oleana Rodrigues Maciel de Andrade, Valdeia Oliveira, Valeria Cristina Zane
University of Sao Paulo, Bauru/Sao Paulo, Brazil

P108 | Limiting Factors of Psychotherapists' Creativity: A Qualitative Analysis
Ervins Cukurs1, Jelena Harlamova2,1, Marina Brice2, Diana Zande3, Sandra Sebre3
1Riga Stradins University, Riga, Latvia, 2Psychology & CBT Centre Intellego, Riga, Latvia, 3University of Latvia, Riga, Latvia

P109 | Therapy Blueprint for CBT in Sport
Darya Maryasova1,2
1Research and Practice Centre of Sports Medicine of Department of Public Health Services of Moscow, Department of Functional Diagnostics and Medical Control on Athletes' Functional Status, Moscow, Russia, 2European Medical Center, Psychiatry and Psychotherapy Clinic, Moscow, Russia

P 110 | E-Health in Child and Adolescents Psychiatry in Northern Norway - Use of Videoconferencing for CBT-Treatment
Morten Borgen1
1NST, Tromsø, Norway, 2UNN, Nord-Norge, Norway

P111 | Inner Speech Schema Focused Therapy for Emotional Disorders
Vitali Tevelev
Matzpen Psychological Counseling Center, Tel Aviv, Israel
Cross Cultural / Religious Issues

P112 | A Cross-Cultural Study: Russia and the USA! Does Migration Influence our Mental Health and Protective Factors?
Julia Brailovskaja, Pia Schönfeld, Angela Bieda, Jürgen Margraf
Mental Health Research and Treatment Center, Ruhr-Universität Bochum, Bochum, Germany

P113 | Counting on God or Yourself: Self-Efficacy and Religious Coping with Cancer
Inese Lietaviete
1University of Latvia, Riga, Latvia, 2Riga Higher Institute of Religious Sciences affiliated to the Pontifical Lateran University, Riga, Latvia

P114 | Assessing Mindfulness across Country of Residence, Ethnicity, and Religion
Joshua Dredze1, Michael Toohey2
1University of Hartford, West Hartford, CT, USA, 2Eastern Washington University, Cheney, WA, USA

P115 | The Five-Factor Model of Personality in a Community versus Clinical Sample of Argentinean Adults
Alicia Facio, Adelia Caneo, Ana Trossero
Asociacion Terapia Cognitiva y Conductual del Litoral, Parana, Entre Rios, Argentina

Older Adults

P119 | A Content Analysis of Themes Emerging from Published Psychological Literature on Loneliness in the Elderly
Anathi Ntozini, Viwe Dweba
University of Fort Hare, East London, Eastern Cape, South Africa

P120 | CBT for Depression and Anxiety in the Elderly - A Critical Review
Simona Stefan, Diana Candea, Sergiu Valenas, Andrei Miu, Aurora Szentagotai-Tatar
Babes-Bolyai University, Cluj Napoca, Romania

CBT & Negotiations / Conflict Resolution

P122 | How Effective is CBT for Diabetes Patients?
Andrea Benecke, Ulrike Löw
Johannes Gutenberg-Universität Mainz, Mainz, Germany

P123 | The Effects of Relational Control in Cognitive Behavioral Therapies for Anxiety Disorders
Benjamin A Katz, Neta Cohen, Michal Gilo, Benjamin Mernick, Jonathan D Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

P124 | Perceived Procedural Justice and Conflict Management in Romantic Relations: The Contribution of Personality Resources (Attachment Style) and Situational Characteristics (Power)
Inbal Peleg-Koriat, Rachel Ben-Ari
Bar-Ilan University, Ramat-Gan, Israel
Mechanisms of Change / Translational Research

P125 | The Mechanism Underlying Interoceptive Exposure - Belief Disconfirmation or Extinction?
Anna Kara-Ivanov
Hebrew University, Jerusalem, Israel

P126 | Cognitive-Behavioral Therapy for Anxiety Disorders in Children: Cognitive and Behavioral Mediators of Therapeutic Change
Ana Pereira¹, Luisa Barros¹, Rita Goes¹, Teresa Marques¹, Peter Muris²
¹Lisbon University, Lisbon, Portugal, ²Maastricht University, Maastricht, The Netherlands

P127 | Up to 10 Year Follow-Up of CBT Patients: What Stories Do They Tell and How Are They Getting Along?
Birgit Weinmann-Lutz, Felix Wucherpfennig, Wolfgang Lutz
University of Trier, Trier, Germany

P128 | Parental Involvement in Cognitive Behavioral Therapy with Anxious Children: Involvement of the Parents in and out of the Sessions and Therapy Outcomes
Ana Pereira¹, Peter Muris², Luísa Barros¹, Rita Goes¹, Teresa Marques¹
¹University of Lisbon, Lisbon, Portugal, ²University of Maastricht, Maastricht, The Netherlands

P129 | The Role of Symptom Severity and Perceived Quality of Sessions
Anne Troesken, Sandra Baumgarten, Maja Trenner, Babette Renneberg
Freie Universitaet, Berlin, Germany

P130 | The Challenge of Becoming Parents and Maintaining the Romantic Relationship: How Relationship Satisfaction Is Affected by Having a Baby
Valentina Anderegg¹, Guy Bodenmann¹, Kim Halford², Christelle Benz-Frangièrêt, Holger Schmid³, Wim Nieuwenboom³
¹University of Zurich, Department of Psychology, Zurich, Switzerland, ²University of Queensland, School of Psychology, Brisbane, Australia, ³Fachhochschule Nordwestschweiz, Hochschule fuer Soziale Arbeit, Olten, Switzerland

P132 | OCD and Context: What Do We Make of Self-Themes?
Jean-Sébastien Audet¹,², Frederick Aardema¹,²
¹University of Montreal, Montréal, Canada, ²Centre de Recherche de l’Institut Universitaire en Santé Mentale de Montréal, Montréal, Canada

P133 | Risk Factors for Scrupulosity among Religious Jewish Israeli Adolescents
Amalia Brown-Shenwald
Hebrew University, Jerusalem, Israel

P134 | A Questionnaire to Evaluate Illness-Related Intrusive Thoughts
Gemma Garcia-Soriano, Sandra Arnáez, Gertrudis Fornés, Amparo Belloch
University of Valencia, Valencia, Spain

P135 | The Analysis of Intrusive Appearance-Related Thoughts in a Community Sample
Martha Giraldo-O’Meara, Gertrudis Fornés-Romero, Amparo Belloch
University of Valencia, Valencia, Spain

P136 | The Relationship Between Insight and Anxiety Sensitivity in Obsessive-Compulsive Disorder
Asala Halaj
New York Psychiatric Institute, New York, NY, USA

P137 | Are Unwanted Intrusive Thoughts Transdiagnostic? A Within-Subjects Study on Obsessive-Compulsive, Body Dysmorphic, Eating-Disorder, and Hypochondriac Related Intrusive Thoughts
Belen Pascual Vera, Martha Giraldo-O’Meara, Gertrudis Fornés, Amparo Belloch
University of Valencia, Valencia, Spain

P138 | Preliminary Psychometric Validation of the Spanish Version of the Three Domains Disgust Scale (TDDS)
Bonifacio Sandin, Miguel A. Santed, Paloma Chorot, Rosa M. Valiente, David Pineda
Universidad Nacional de Educacion a Distancia, Madrid, Spain
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<td>Parc Taulí Hospital, Sabadell, Barcelona, Spain</td>
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<td>Bipolar Disorders Program, Institute of Neurosciences, Hospital Clinic, University of Barcelona, IDIBAPS, CIBERSAM, Barcelona, Spain</td>
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<td>Effectiveness of Group CBT for Bipolar Disorder in a Tertiary Care Setting: A Naturalistic Study</td>
<td>Irit Sterner¹, Sabrina Paterniti¹, Mandisa Peterson⁵, Robbie Woods³</td>
<td>¹Royal Ottawa Mental Health Centre, Ottawa, Ontario, Canada, ²School of Psychology, University of Ottawa, Ottawa, Ontario, Canada</td>
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<td>Perseverative Thinking Questionnaire (PTQ): Confirmatory Factor Analysis and Psychometric Properties of the French Version</td>
<td>Faustine Devynck¹, Monika Kornacka¹, Céline Baeyens³, Lucia Romo⁵, Céline Douilliez¹,²</td>
<td>¹University Lille Nord de France, Lille, France, ²UDL3 PSITEC, Villeneuve d’Ascq, France, ³University Grenoble Alpes, LIP, Grenoble, France, ⁴University Paris Ouest Nanterre La Défense, CLIPSYD, Nanterre, France</td>
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<tr>
<td>P147</td>
<td>Transdiagnostic Cognitive-Behavior Therapy for Emotional Disorders: A Meta-Analysis</td>
<td>Julia García Escalera, Bonifacio Sandín Ferrero, Paloma Chorot Raso, Rosa María Valiente García, José Manuel Reales Avilés</td>
<td>Universidad Nacional de Educación a Distancia, Madrid, Spain</td>
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<td>P148</td>
<td>Compassion Focused Therapy: A Transdiagnostic Approach to Counteract Shame and Self-Criticism in the Treatment of Individuals with Chronic Pain and Comorbid Emotional Problems</td>
<td>Alexander Håkanson¹, Manuela Friberg⁵, Annika Lidén⁴, Mikael Svanberg³, Mats Rothman³, Katja Boersma²</td>
<td>¹Cureum AB, Örebro, Sweden, ²Örebro University, Örebro, Sweden, ³Unit for Psychosomatic Medicine, Västerås, Sweden</td>
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<td>P149</td>
<td>Psychoeducational Intervention for Perfectionism in University Students</td>
<td>Fernan Arana, Adriana Lago, Andres Partarrieu, Marina Galarregui, Mariana Miracco, Eduardo Keegan</td>
<td>University of Buenos Aires, Buenos Aires, Argentina</td>
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<td>P150</td>
<td>Core Beliefs in Different Diagnoses as Starting Points in CBT</td>
<td>Wolfgang H. Strauss¹,²</td>
<td>¹University Clinic, Duesseldorf, Germany, ²University of Applied Science, Muenster, Germany</td>
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<td>P151</td>
<td>Nurturing the Compassionate Self: A Randomized Control Trial of a Compassion Imagery Intervention</td>
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<td>Marcela Matos1, Joana Duarte1, Cristiana Duarte1, Paul Gilbert2, José Pinto-Gouveia3, Francisca Catarino2</td>
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<td></td>
<td>1CINEICC – Cognitive and Behavioral Centre for Research and Intervention, University of Coimbra, Coimbra, Portugal, 2Centre for Compassion / Mental Health Research Unit, Derbyshire Healthcare NHS Foundation Trust, Derby, UK</td>
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<th>Use of Personal Resources</th>
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<td>Anne Troesken, Juliane Grochulla, Babette Renneberg, Michael Eid</td>
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<td>Freie Universität, Berlin, Germany</td>
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<td></td>
<td>Barbara Barcaccia1, Michela Milioni2, Giovanni Maria Vecchio3, Susanna Pallini2</td>
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<td></td>
<td>1Associazione di Psicologia Cognitiva APC and Scuola di Psicoterapia Cognitiva s.r.l. SPC, Rome, Italy, 2Roma Tre University, Department of Education Sciences, Rome, Italy</td>
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<td>Iftah Yovel, Gidi Aviram</td>
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<td>Hebrew University, Jerusalem, Israel</td>
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<th>Telemedicine in the Work of the Physicians of Belgrade City Institution for Emergency Medicine</th>
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<tr>
<td></td>
<td>Sladiana Andjelic</td>
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<td>City Institute for Emergency Medical Care, Belgrade, Serbia</td>
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| Anxiety: Panic, Worry, General |

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<th>P156</th>
<th>Coping with Panic: The Panic Self-Efficacy Scale (PSES)</th>
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<td></td>
<td>Paloma Chorot1, Carmen Sánchez-Arribas2, Rosa M. Valiente1, Bonifacio Sandín1</td>
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<td></td>
<td>1Universidad Nacional de Educación a Distancia, Facultad de Psicología, Madrid, Spain, 2Hospital San Juan de la Cruz, Ubeda (Jaén), Spain</td>
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<th>P157</th>
<th>Effectiveness of Different CBT Components for Panic Disorder</th>
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<tr>
<td></td>
<td>Martí Santacana12, Miquel A. Fullana23</td>
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<td></td>
<td>1Department of Mental Health, Consorci Sanitari de Terrassa, Terrassa, Spain, 2Department of Psychiatry and Legal Medicine, Universitat Autònoma de Barcelona, Barcelona, Spain, 3Institute of Neuropsychiatry and Addictions, Hospital del Mar, Barcelona, Spain</td>
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<th>Assessing Catastrophic Misinterpretation of Panic Symptoms: The Panic Catastrophic Misinterpretations Scale (PCMS)</th>
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<tr>
<td></td>
<td>Rosa M. Valiente1, Carmen Sánchez-Aribas2, Paloma Chorot1, Bonifacio Sandín1</td>
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<td></td>
<td>1Universidad Nacional de Educación a Distancia, Facultad de Psicología, Madrid, Spain, 2Hospital San Juan de la Cruz, Ubeda (Jaén), Spain</td>
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<th>P159</th>
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<tr>
<td></td>
<td>Emma Agasaryan</td>
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<td></td>
<td>Moscow State University of Medicine and Dentistry, Moscow, Russia</td>
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<td>Roni Avia Hendren, Iftach Amir, Ariel Zvielli, Amit Bernstein</td>
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<td>Haifa University, Haifa, Israel</td>
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<tr>
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<td>Pawel Holas1, Izabela Krejtz2, Marzena Rusanowska3, Dorota Czajkowska-Szubickz5, John Nezlek3</td>
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<td></td>
<td>1University of Warsaw, Warsaw, Poland, 2University of Social Sciences and Humanities, Warsaw, Poland, 3Department of Psychology, College of William and Mary, Williamsburg, USA, 4Jagiellonian University, Krakow, Poland, 5University of Social Sciences and Humanities, Warsaw, Poland</td>
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| Technology |

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<td>Eva del-Río1, Jaime Horta1, Mónica Martínez1, Ángel Enrique1, Rocío Herrero1, Azucena García-Palacios1</td>
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<td></td>
<td>1Jaume I University, Castellón, Spain, 2Arnaud de Vilanova Hospital, Valencia, Spain</td>
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P163 | Internet-Based Health Interventions: An Evaluation from the Perspective of Participants Before and During Out-Patients' Psychotherapy
Annika Gieselmann, Max Böckermann, Reinhard Pietrowsky
Heinrich Heine University, Düsseldorf, Germany

P164 | Introduction to Smart Phone-Based Program to Improve Insomnia
Clint Gurtman, Jade Sheen, Richard Moulding, Matthew Fuller-Tyszkiewicz, Sarah Ashton, Eric O, David Austin
E-Mental Health Unit, Deakin University, Melbourne, Victoria, Australia

P165 | Back to the First Wave? Operant Conditioning Principles in Implementing Effective Assistive Technology in Manual Assembly Workplaces
Liane Bächler, Andreas Bächler, Thomas Hörz, Georg Krüll, Thomas Heidenreich
University of Applied Sciences, Esslingen, Germany

P166 | Chinese-Speaking International Students: Examining Psychological Wellbeing and Improving Access to Internet-Delivered Cognitive Behavioural Therapy
Sharon Lu1,2, Nickolai Titov2
1Institute of Mental Health, Singapore, Singapore, 2Macquarie University, Sydney, Australia

P167 | Does Internet-Based Cognitive Behavioural Therapy Improve Quality in Treatment for Panic Disorder? A Local Quality Improvement Project Using Clinical Audit as Method
Henning Johansen1,2, Anders Hovland1,3, Birgitte Graverholt1, Birgitte Espehaug2
1Solli DPS, Bergen, Norway, 2Centre for Evidence-Based Practice, Bergen, Norway, 3Department of Clinical Psychology, Bergen, Norway

P168 | Relation between Temperament, Life Events, and Attachment in Emotional Dysregulation: Case Control Study in Clinical Outpatient
Alessandro Carmelita3, Clarice Mezzaluna3, Chiara Caruso3, Sofia Piccioni3, Harold Dadomo1,2
1Department of Neuroscience - University of Parma, Parma, Italy, 2Italian Society of Schema Therapy - S.I.S.T., Sassari, Italy, 3Cognitive Studies Center, San Benedetto del Tronto - Ascoli Piceno (AP), Italy

P169 | The Validation of the Trait Forgivingness Scale (TFS)
Barbara Barcaccia1, Michela Milioni2, Susanna Pallini2, Giovanni Maria Vecchio2
1Associazione di Psicologia Cognitiva APC and Scuola di Psicoterapia Cognitiva s.r.l. SPC, Rome, Italy, 2Roma Tre University, Department of Education Sciences, Rome, Italy

P170 | Coping with Painful Sex: Development and Initial Validation of the CHAMP Sexual Pain Coping Scale
Ida Flink
Institution of Law, Psychology and Social Work, Örebro University, Örebro, Sweden

P171 | Beyond Self-Report Assessment: Expanding the Limits of the Questionnaire Based Implicit Association Test (qIAT)
Ariela Friedman, Iftah Yovel
Hebrew University of Jerusalem, Jerusalem, Israel

P172 | Concordance between Objective Cognitive Function and Subjective Cognitive Complaints among Breast Cancer Patients
Švetlana Prokashova2, Tzipi Hornik-Lurie5, David Geffen3, Julie Cwilic1
1Spitzer Department of Social Work and the Center for Women’s Health Studies and Promotion, Ben-Gurion University of the Negev, Beer Sheva, Israel, 2Emergency Medicine, Recanati School for Community Health Professions, Ben-Gurion University of the Negev, Beer Sheva, Israel, 3Department of Oncology, Soroka University Medical Center, Ben-Gurion University of the Negev, Beer Sheva, Israel

P173 | Self-Compassion Buffers the Harmful Effect of Anxiety on IBD Patients' Psychological Quality of Life
Inês A. Trindade, Cláudia Ferreira, José Pinto-Gouveia
CINEICC, Faculty of Psychology, University of Coimbra, Coimbra, Portugal

P174 | Relations between Psychotherapy Training, Stigmatisation, Psychological Flexibility and Burnout in Psychiatrists
K. Fatih Yavuz2, Ahmet Nalbant3, Huseyin Burhan3, Sevinc Ulusoy2, Merve Terzioglu1, M. Hakan Turkcapar3
1Bakirkoy Research and Training Hospital for Mental Health, Istanbul, Turkey, 2Elazig State Hospital for Mental Health, Elazig, Turkey, 3Hasan Kalyoncu University, Department of Psychology, Gaziantep, Turkey
Wednesday, September 2

Open Paper Session: CBT and Trauma in Areas of Conflict throughout the World 2
08:00-09:00 | ICC - Oren 3
Chair: Ruth Pat-Horenczyk, Israel Center for the Treatment of Psychotrauma Hebrew University, Israel

The Relation between Ulysses Syndrome, Depression Level & Cognitive System of the Latin-American Immigrant Women in Italy
Leticia Marin1
1Universidad Nacional Autonoma de México, México City, Mexico, 2Ass. Solidarietà con l’America Latina - SAL, Rome, Italy

Evidence-Based Interventions for the Well-Being of Colombian Victims of Armed Conflict: A Proposed Plan of Action
Leonidas Castro-Camacho1,2, Fabio Idrobo3,4
1Psychology Department, University of los Andes, Bogotá, Colombia, 2Centre for Emotional Health, University of los Andes, Bogotá, Colombia, 3Psychology Department, Boston University, Boston, USA

When Hope and Grief Intersect: Rates and Risk of Prolonged Grief Disorder Among Bereaved Individuals and Relatives of Disappeared People in Colombia
Carina Heek1,2, Nadine Stammel1,2, Christine Knaevelsrud1,2
1Freie Universität, Berlin, Germany, 2Berlin Center for Torture Victims, Berlin, Germany

Adlerian and Cognitive Elements for Psychotherapy with Migrants Forced to Return to Their Home Country
Abdelhak Elghezouani
Association Appartenances, Lausanne, Switzerland

Symposium: Chronic Health Problems and Rare Neuropsychiatric Disorders
08:00-09:00 | ICC - Oren 2
Chair: Sara Freedman, Bar Ilan University, Ramat Gan, Israel
Discussant: Rhonda Adessky, Hadassah Hospital, Jerusalem, Israel

Chronic Health Problems and Rare Neuropsychiatric Disorders: CBT as an Effective Intervention
Moran Gilad, Sara Freedman
Hadassah University Medical Center, Jerusalem, Israel

Group Therapy for Fibromyalgia Patients
Shiri Ben-Naim1,2, Rena Cooper4,5, Sarah Freedman3
1Neuropsychiatric Clinic, Hadassah Medical Center, Jerusalem, Israel, 2Peres Academic Center, Rehovot, Israel, 3Bar Ilan University, Ramat-Gan, Israel, 4Clalit Medical Services - Psychiatric Services-Director, Jerusalem, Israel, 5Hebrew University Faculty of Medicine, Jerusalem, Israel

Symposium: CBT Research and Utilization in China
08:30-10:00 | ICC - Oren 1
Chair: Zhan-Jiang Li, Beijing Anding Hospital, Capital Medical University, Beijing, China
Discussant: Jian-Ping Wang, School of Psychology, Beijing Normal University, Beijing, China

Research on the Effect of Brief Cognitive Behavioral Therapy Combined with Treatment as Usual on Schizophrenia in Communities of Beijing, China
Zhan-Jiang Li, Zhi-Hua Guo, Jun-Hua Guo
Department of Clinical Psychology, Beijing Anding Hospital, Capital Medical University, Beijing, China

Effectiveness of Group Cognitive-Behavioral Therapy on Chinese Adolescents with Anxiety Symptoms
Jian-Ping Wang1,2, Yu-Lei Yan3, Miao Tang1
1School of Psychology, Beijing Normal University, Beijing, China, 2Department of Clinical Psychology, Capital Medical University, Beijing, China

Shame in Social Anxiety: The Effect of ICBT
Qin-Xue Zhao1, Ming-Yi Qian1, Tomoko Kishimoto1, Yin Yang1, Thomas Berger2, Cheng-Hua Tian3
1Department of Psychology, Peking University, Beijing, China, 2Department of Clinical Psychology and Psychotherapy, University of Bern, Bern, Germany, 3Peking University Institute of Mental Health, Key Laboratory of Mental Health, Peking University, Beijing, China
The Effectiveness of Problem-Solving Therapy Used Among Depressed Callers on Crisis Intervention Hotline
Xianyun Li, Jing An, Baoceng Du, Dong Xu, Liting Zhao, Mei Meng
Beijing Huilongguan Hospital, Beijing Suicide Research and Prevention Center, Capital Medical University, Department of Clinical Psychology, Beijing, China

A Randomized Controlled Study of Medication Combined with Cognitive-Behavioral Therapy and Medication Alone for Chinese Patients with Obsessive-Compulsive Disorder
Fan-Qiang Meng1, Zhan-Jiang Li1, Jia Luo2, Hai-Ying Han1, Fang-Fang Huang1, Wei Yang1, Shu-Ming Yao1, Meng Guo1, Shuai Ren1, Xiao-Jie Yang1, Yue-Qin Huang2
1Department of Clinical Psychology, Beijing Key Lab of Mental Disorders; Beijing Anding Hospital, Capital Medical University, Beijing, China, 2Peking University Institute of Mental Health, Beijing, China

Open Paper Session: Anxiety in Children and Adolescents
08:30-10:00 | ICC - Room 313
Chair: Lilach Rachamim, IDC Herzliya, Israel

Short Term Interventions for Nighttime Fears of Preschool Children
Michal Kahn1, Alan Apter2, Avi Sadeh3
1Tel Aviv University, Tel Aviv, Israel, 2Schneider Children’s Medical Center, Petach Tikva, Israel

Prolonged Exposure Therapy for Toddlers with Post Traumatic Symptoms
Lilach Rachamim1,2, Izabella Mirochnik3, Elna Yadin4, Nitsa Nacach5
1Interdisciplinary Center, Herzliya, Israel, 2Donald J. Cohen & Irving B. Harris Resilience Center for Trauma and Disaster Intervention by the Association for Children at Risk, Tel Aviv, Israel, 3Child and Preschool Psychiatric Unit, Ziv Medical Center, Zefat, Israel, 4Brill Community Mental Health Center, Tel Aviv, Israel, 5Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA, USA

Stress and Emotional Distress in Adolescence: The Role of Worry and Rumination
Malin Anniko, Katja Boersma, Maria Tillfors
Örebro University, Örebro, Sweden

Temperament, Parental Emotional Socialization, and Negative Automatic Thoughts as Predictors of Depression and Anxiety Symptoms in Children
Emine Gul Kapci1, Derya Atalan Ergin2, Cemre Erten Tatli3
1Ankara University, Ankara, Turkey, 2Ankara Provincial Directorate of National Education, Ankara, Turkey

Investigating the Role of Emotion Regulation in Relation to Co-Occurring Pain - Emotional and Interpersonal Problems in Adolescents
Katja Boersma, Ida Flink
Center for Health and Medical Psychology, Örebro University, Örebro, Sweden

Headache and Anxiety Disorder in Adolescents: Treatment Using Transdiagnostic Cognitive Behavior Therapy
Pragya Sharma, Manju Mehta, Rajesh Sagar
All India Institute of Medical Sciences, New Delhi, India

Open Paper Session: New Avenues for Treatment of Depression
08:30-10:00 | ICC - Room 314
Chair: Danny Derby, Cognetica – The Israeli Center for Cognitive Behavioral Therapy, Israel

Problem-Solving Therapy Outcomes Vary by Participant Sociodemographic Characteristics
Karen Schmaling
Washington State University, Vancouver, WA, USA

Behavioral Activation vs. Physical Exercise in the Treatment of Mild to Moderate Depression
Per Carlbring1, Markus Nystrom1, Philip Lindner1, Christopher Martell3, Lars Forsberg2, Lars Ström1, Gerhard Andersson2, Peter Hassmen6
1Department of Psychology, Stockholm University, Stockholm, Sweden, 2Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden, 3Martell Behavioral Activation Research Consulting and Department of Psychology, University of Wisconsin, Wisconsin, USA, 4Department of Psychology, Umea University, Umea, Sweden, 5Department of Behavioural Sciences and Learning, Linköping University, Linkoping, Sweden, 6Faculty of Health, University of Canberra, Canberra, Australia
Open Paper Session: Transdiagnostic Treatments in Groups

08:30-10:00 | CP - Arad

Chair: Naftali Halberstadt, AJDC International Development Program, Israel

Personality Traits as Predictor of Treatment Effect in Transdiagnostic Group CBT
Sidse Arnfred1,2, Ruth Aharoni Nielsen1, Clas Winding Christensen1, Bent Rosenbaum1,2, Nicole Rosenberg1, Nina Reinholt1

1University of Copenhagen, Copenhagen, Denmark, 2Capital Region Mental Health Services, Copenhagen, Denmark

A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy
Mirit Shani Sela1, Anat Yariv, Yogev Kivity, Amit Saad, Michal Master-Barak, Shmuel Fenig, Yuval Bloch
Shalvata Mental Health Center, Hod Hasharon, Israel

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders for Groups: A Naturalistic Study
Nina Reinholt1,2, Ruth Aharoni1, Clas Winding Christensen1, Bent Rosenbaum1, Nicole Gremaud Rosenberg1, Sidse Marie Arnfred2

1Mental Health Centre Copenhagen, Capital Region, Denmark, 2Mental Health Centre Ballerup, Capital Region, Denmark

"Take a Closer Look": A Cognitive Behavioural Group Therapy for Psychological Distress
Johanna Bernhardsdottir1,2, Runar Vilhjalmsson1, Jane Dimmitt Champion3, Ingela Skärsäter4,5, Marga Thome1

1University of Iceland, Reykjavik, Iceland, 2Landspitali - The National University Hospital of Iceland, Reykjavik, Iceland, 3University of Texas at Austin, Austin, USA, 4Halmstad University, School of Social and Health Sciences, Halmstad, Sweden, 5Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden

Regularity, Predictability and Emotional Safety in CBT Groups
Ruth Aharoni1, Nina Reinholt1, Clas Winding, Nicole Rosenberg, Bent Rosenbaum, Sidse Arnfred
Mental Health Centre, Capital Region of Denmark, Denmark

Symposium: Broadening the Scope of Schema Therapy: Snapshots at Novel Implementation Ideas

08:30-10:00 | CP - Ein Gedi

Chair: Neele Reiss, Goethe-University, Frankfurt, Germany

Family Conflict Behavior of Adults and Their Early Maladaptive Schemas
Paul Kasyanik1, Elena Romanova2,3

1St. Petersburg Polytechnic University, St.Petersburg, Russia, 2East European Institute of Psychoanalysis, St.Petersburg, Russia, 3St. Petersburg State University, St.Petersburg, Russia

An Introduction to Schema Therapy and its Effectiveness
Eshkol Rafaeli1, Ofer Peled1

1Bar-Ilan University, Ramat-Gan, Israel, 2Barnard College, Columbia University, New York, USA
Using Schema Therapy in Patients with Nonpsychotic Forms of Schizophrenia
Alexander Erichev, Olga Shmonina, Vasiliy Klaiman
V.M. Bekhterev Psychoneurological Research Institute, St. Petersburg, Russia

Open Paper Session: CBT and Technology: iCBT and Phone CBT
08:30-10:00 | CP - Massada
Chair: Jonathan Huppert, Hebrew University of Jerusalem, Israel

Negative Effects of Internet Interventions: A Qualitative Content Analysis of Patients’ Experiences with Treatments Delivered Online
Alexander Rozental¹, Johanna Boettcher², Gerhard Andersson³, Brad Schmidt⁵, Per Carlbring¹
¹Stockholm University, Stockholm, Sweden, ²Freie Universität Berlin, Berlin, Germany, ³Linköping University, Linköping, Sweden, ⁴Karolinska Institutet, Stockholm, Sweden, ⁵Florida State University, Tallahassee, USA

CBTI - Ethical Aspects and Reflections: Are There Negative Aspects of Treatment over the Internet That We Are Not Aware Of?
Elisabet Lannfelt, Louise Högdahl, Andreas Birgegard, Caroline Björck
Karolinska Institutet, Stockholm, Sweden

Treating Procrastination Chat-Based versus Face-to-Face: The Case of Perceived Counselor’s Characteristics and Self-Disclosure
Annika Gieselmann, Reinhard Pietrowsky
Heinrich Heine University, Düsseldorf, Germany

Effect of a Telephone-Based Cognitive-Behavioral Therapy on Parenting Stress
Fei Wan Ngai¹, Paul Wai Ching Wong¹, Ka Fai Chung¹, Kwok Yin Leung²
¹University of Hong Kong, Hong Kong, Hong Kong, ²Hospital Authority, Hong Kong, Hong Kong

Enhancing CBT: How to Integrate Face to Face Sessions with Advanced Technology
Tuvi Orbach¹, Dror Gronich², Arnon Rolnick²,¹
¹help2help, London, UK, ²Private Clinic, Ramat Gan, Israel

Skills Session: DBT Skills-Based Group for Latency Aged Children Suffering from Emotional Dysregulation
08:30-10:00 | CP - Jericho
Application of Dialectical Behavior Therapy (DBT) Skills-Based Group for Latency Aged Children Suffering from Emotional Dysregulation
Sharon Lurie, Yael Damri, Helene Sher, Moshe Lachish, Clara Sorek, Rivka Sandro, Shany Manashko Tshechmer, Shosh Arbel
Soroka University Medical Center, Beer-Sheva, Israel

Skills Session: Metacognitive Therapy
08:30-10:00 | ICC - Room 310
Metacognitive Therapy: An Introductory Workshop
Rosanna Black Josman¹, Samuel Myers²
¹Mazor Mental Health Center, Haifa, Israel, ²Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel

Workshop: Spirituality and CBT (Extra charge)
08:30-12:00 | ICC - Room 311
How to Conceptualize and Assess for Spirituality/Religion in Cognitive Behavioral Therapy
David Rosmarin
McLean Hospital, Belmont, MA, USA

Workshop: Treatment of Bipolar Disorder (Extra charge)
08:30-12:00 | ICC - Room 312
Taming the Swings: Cognitive Therapy for Bipolar Disorder
Cory F. Newman
University of Pennsylvania, Perelman School of Medicine, Philadelphia, PA, USA
Keynote: Azucena García-Palacios

09:00-10:00 | ICC - Oren 4
Chair: Sara Freedman, Bar-Ilan University, Israel

Mixing Realities for Improving Psychological Treatments
Azucena García Palacios
Universitat Jaume I, Castellón, Spain

Open Paper Session: Mindfulness and CBT 1

09:00-10:00 | ICC - Oren 3
Chair: Yiftah Yovel, Hebrew University of Jerusalem, Israel

The Role of Self-Compassion in a Mindfulness Based Stress Reduction Intervention for Medical Students
Susan Evans¹, Janna Gordon-Elliott¹, Brian Pilecki², Katherine Thorpe¹
¹Weill Cornell Medical College, New York, NY, USA, ²Brown University, Providence, RI, USA

Effects of a 12 Week Mindfulness, Compassion and Loving Kindness Program on Chronic Depression: A Pilot Within-Subjects-Waitlist-Controlled Trial
Johannes Graser, Volkmar Höfling, Charlotte Weßlau, Ulrich Stangier
Goethe University Frankfurt - Department of Clinical Psychology and Psychotherapy, Frankfurt am Main, Germany

BEfree – An Acceptance, Mindfulness and Compassion Group Programme for Binge Eating in Obesity
José Pinto-Gouveia, Sérgio Carvalho, Lara Palmeira, Paula Castilho, Marina Cunha
CINE ICC, University of Coimbra, Coimbra, Portugal
The Efficacy of an App for Increasing Mindfulness: A Randomized Controlled Trial of the Mobile Mindfulness Coach
Arnold van Emmerik¹, Fieke Berings², Jaap Lancee¹
¹University of Amsterdam, Amsterdam, The Netherlands, ²VGZ UA, Arnhem, The Netherlands

Open Paper Session: CBT and Aging

09:00-10:00 | ICC - Oren 2
Chair: Liat Ayalon, Bar-Ilan University, Israel

A Case Study of the Use of Cognitive-Behavior Therapy for Sibling Relationship Enhancement
Avidan Milevsky
Kutztown University of Pennsylvania, Kutztown, PA, USA

Anger Focused Short Term Cognitive Behavioral Treatment of Depression with Elderly People
Galit Rosenberg, Mayanit Sigler, Dov Aizenberg
Geha Mental Health Center, Petah Tikva, Israel

Depression and Smoking in Mid and Late Life
Miriam Schiff, Anat Roll
Hebrew University, Jerusalem, Israel

Mental Fitness Program for Positive Aging: Enhancing Older Adults Well-Being
Liora Bar-Tur
College of Management Academic Studies, Rishon Lezion, Israel

Coffee
10:00-10:30 | ICC - Pincus

Keynote: Gerhard Andersson

10:30-11:30 | ICC - Oren 4
Chair: Guy Doron, IDC Herzliya, Israel

Internet-Delivered CBT: State of the Art and Future Directions
Gerhard Andersson¹ ²
¹Linköping University, Linköping, Sweden, ²Karolinska Institute, Solna, Sweden
Open Paper Session: CBT and Trauma

10:30-12:00 | ICC - Oren 3

Chair: Danny Brom, Center for Psychotrauma, Israel

Anger Management: Group Therapy for Veterans Suffering from Combat PTSD
Barak Ben-Dayan, Avi Levi, Yael Caspi
Rambam Mental Health Care Center, Haifa, Israel

Therapeutic Progression in Abused Women Following a Drug-Addiction Treatment Program
Javier Fernandez-Montalvo, Jose J. Lopez-Goñi, Alfonso Arteaga, Raul Cacho, Paula Azanza
Universidad Publica de Navarra, Pamplona, Spain

Understanding Traumatic Bereavement Within the Context of Torture
Dominique Dix-Peek, Marinda Kotze
Centre for the Study of Violence and Reconciliation, Gauteng, South Africa

Internet Based Interventions for the Treatment of Posttraumatic Stress Symptoms: A Meta-Analysis of Randomized Controlled Trials Looking at Symptom Cluster Level
Annika Küster, Helen Niemeyer, Christine Knaevelsrud
Free University Berlin, Berlin, Germany

Are 60-Minute Prolonged Exposure Sessions with 20-Minute Imaginal Exposure to Traumatic Memories Sufficient to Successfully Treat PTSD? A Randomized Clinical Trial
Nitsa Nacasch¹, Jonathan D. Huppert², Yi-Jen Su³, Yogev Kiviy², Yula Dinshtein¹, Rebecca Yeh³, Edna Foa³
¹Tel-Aviv Buri Community Mental Health Center, Tel-Aviv, Israel, ²Hebrew University of Jerusalem, Jerusalem, Israel, ³University of Pennsylvania, School of Medicine, Philadelphia, Pennsylvania, USA

Symposium: Before the Curtain Falls: CBT Interventions in Old Age

10:30-12:00 | ICC - Oren 2

Chair: Ehud Bodner, Bar Ilan University, Ramat Gan, Israel
Discussant: Liat Ayalon, Bar Ilan University, Ramat Gan, Israel

Constructing Musical Autobiography for Elderly People: A Preliminary Inquiry
Nomi Levy, Avi Gilboa, Ehud Bodner
Bar Ilan University, Ramat Gan, Israel

Life-Crossroads on Stage: The Influence of Life Stories in a Drama Therapy Group on Positive and Negative Cognitions of Elderly People
Shoshi Keisari, Yuval Palgi
University of Haifa, Haifa, Israel

Training Paid Caregivers to Use Music with Older Adults with Dementia
Ayelet Dassa¹, Ile Kermel-Schiffman³, Liat Ayalon³
¹Alzheimer’s Center, Ramat-Gan, Israel, ²Bar Ilan University, Music Therapy Department, Ramat-Gan, Israel, ³EMDA - Alzheimer’s Association, Ramat-Gan, Israel, ⁴Bar Ilan University, School of Social Work, Ramat-Gan, Israel

Chronic Sleep Disturbance Predict Health Problems: Follow-Up Results of the Survey of Health and Retirement in Europe
Ephraim S. Grossman¹, Amit Shrira¹, Ehud Bodner¹,²
¹Interdisciplinary Department of Social Sciences, Bar-Ilan University, Ramat-Gan, Israel, ²Music Department, Bar-Ilan University, Ramat-Gan, Israel

Symposium: New Approaches to Cognitive Bias Modification: Beyond Attention Bias Modification for Anxiety

10:30-12:00 | ICC - Oren 1

Chair: Mike K Rinck, Radboud University Nijmegen, Nijmegen, Netherlands
Discussant: Eni S Becker, Radboud University Nijmegen, Nijmegen, Netherlands

Modification of Approach-Avoidance Tendencies in Alcoholics: An Unusual Success Story
Mike Rinck¹, Eni Becker¹, Johannes Lindenmeyer¹, Carolin Eberl², Reinout Wiers³
¹Radboud University Nijmegen, Nijmegen, The Netherlands, ²Salus Clinic Lindow, Lindow, Germany, ³University of Amsterdam, Amsterdam, The Netherlands
Assessing the Therapeutic Potential of Targeted Attention Bias Modification for Insomnia Using Smartphone Delivery

Daniel Rudaizky¹, Patrick Clarke¹, Kristiina Bedford¹, Lies Notebaert¹, Romola Bucks¹, Bronwyn Milkins¹, Colin Macleod¹
¹University of Western Australia, Perth, Australia, ²Babes-Bolyai University, Cluj-Napoca, Romania

Can Memory Bias Be Modified? Studies in Subclinical Depression and Rumination

Janna Vrijsen¹, Jasper Smits², Christopher Beevers², Mike Rinck³, Indira Tendolkar¹, Paula Hertel³, Eni Becker³
¹Radboud University Medical Center, Nijmegen, The Netherlands, ²University of Texas at Austin, Austin, TX, USA, ³Radboud University, Nijmegen, The Netherlands

Targeting Biases of Emotional Attention as a Dynamic Process in Time: Attention Feedback Awareness & Control Training (A-FACT)

Amit Bernstein, Ariel Zvielli, Iftach Amir, Pavel Goldstein
Haifa University, Haifa, Israel

"If I Feel Disgusted, I Must Be Getting Ill?" - A Computerized Training to Reduce Disgust-Based Emotional Reasoning in Contamination Fears

Peter de Jong, Johan Verwoerd, Elise Bennik
University of Groningen, Groningen, The Netherlands

Symposium: CBT for Vulnerable Youth – Adoptions and Recommendations

10:30-12:00 | ICC - Room 313
Chair: Krister W Fjermestad, University of Oslo, Oslo, Norway

Predictors of Dropout from Community Clinic Child CBT for Anxiety Disorders

Gro Janne Wergeland¹,², Lars-Göran Øst³,⁴, Wendy Silverman³, Odd Havik¹,², Einar Heiervang¹,²
¹University of Bergen, Bergen, Norway, ²University of Oslo, Oslo, Norway, ³Yale University, New Haven, USA, ⁴Stockholm University, Stockholm, Sweden

CBT for Children with an Autism Spectrum Disorder

Jon Bjåstad¹,²
¹Stavanger University Hospital, Division of Psychiatry, Stavanger, Norway, ²Regional Centre for Child and Youth Mental Health and Child Welfare, Uni Research Health, Bergen, Norway

A School Based CBT-Program for the Treatment of Disruptive Behavior: Adaptation and Translation for Children with Mild Intellectual Disabilities

Juliette Liber
Vrije Universiteit, Amsterdam, The Netherlands

Adapting CBT to Adolescents with 22q11.2 Deletion Syndrome

Krister Fjermestad¹,², Torun Vatne³
¹University of Oslo, Oslo, Norway, ²Frambu Center for Rare Disorders, Siggerud, Norway

Symposium: Training Emotion Regulation Using Targeted Micro-Interventions: Findings and Implications for the Treatment of Emotional Disorders

10:30-12:00 | ICC - Room 314
Chair: David Moscovitch, University of Ottawa, Ottawa, Canada
Discussant: Pierre Philippot, University of Louvain, Louvain-la-Neuve, Belgium

Evaluation of a Transdiagnostic Text-Message-Based Maintenance Intervention after Inpatient Cognitive Behavioral Therapy

Sandra Schlicker¹, Matthias Berking¹, David Ebert¹, Jens Hartwich-Tersek², Thomas Middendorf²
¹Friedrich-Alexander-University, Erlangen-Nuremberg, Germany, ²Schön-Klinik, Bad Arolsen, Germany

Training Cognitive Reappraisal in Socially Anxious Individuals: A Daily Diary Study

Yogev Kivity, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Self-Reappraisal during Imagery Rescripting for Social Anxiety Disorder

Susanna Gehring Reimer, David Moscovitch
Dept of Psychology and Centre for Mental Health Research, University of Waterloo, Waterloo, Canada
Loving-Kindness Meditation for Treating Mood Problems: A Proof of Concept Study
Stefan Hofmann, Nicola Petrocchi, James Steinberg, Muuy Lin
*Boston University, Boston, USA*

**Symposium: Schema Group Therapy for Cluster B and C Cluster Personality Disorders**

10:30-12:00 | CP - Arad

**Chair:** David Koppers, NPI, Amsterdam, Netherlands

**Discussant:** David Koppers, NPI, Amsterdam, Netherlands

A Cohort Study of the Effectiveness of Schema Group Therapy for Cluster B and C Cluster Personality Disorders: New Evidence for a Road to Which Therapy Belongs to Whom!?  
David Koppers¹, Arnoud Arntz², Marit Kool¹, Marianne Van Asperen¹, Jaap Peen¹, Rien Van¹  
¹ARKIN, Amsterdam, The Netherlands, ²Universiteit van Amsterdam, Amsterdam, The Netherlands

Effectiveness of Short- and Long-Term Schema Focused Therapy in Groups  
David Koppers, Jaap Peen, Marit Kool, Rien Van  
NPI, Amsterdam, The Netherlands

Group Schema Therapy for Borderline Personality Disorder: Overview of Methods and Research  
Arnoud Arntz², David Koppers¹  
¹Universiteit van Amsterdam, Amsterdam, The Netherlands, ²ARKIN/NPI, Amsterdam, The Netherlands

The Role of Medication for Outcome of Schema Group Therapy  
Marianne van Asperen, David Koppers, Rien Van  
NPI, Amsterdam, The Netherlands

Predictors for Drop Out and Therapy Success in Schema-Focused Group Therapy  
Marit Kool, Jaap Peen, David Koppers, Rien Van  
NPI, Amsterdam, The Netherlands

**Symposium: Imagery Rescripting: Application to Specific Problems and Potential Mechanisms of Change**

10:30-12:00 | CP - Ein Gedi

**Chair:** Gary Brown, Royal Holloway University of London, Egham, Surrey, UK

**Imagery Rescripting Therapy: Session Content and Symptom Improvement**  
Caroline Salter¹, Eleanor Parker¹, **Gary Brown¹**, Sharif El Leithy², Jonathan Wheatley²  
¹Royal Holloway University of London, Egham, Surrey, UK, ²Post Traumatic Stress Clinic, Springfield Hospital, London, UK, ³Maudsley Hospital, London, UK

**Imagery Rescripting as Stand-Alone Treatment for Posttraumatic Stress Disorder Related to Childhood Abuse**  
Sandra Raabe¹, Thomas Ehring², Loes Marqhenie³, Miranda Olff⁴, Merel Kindt¹  
¹University of Amsterdam, Amsterdam, The Netherlands, ²LMU, Munich, Germany, ³Arkin, Amsterdam, The Netherlands, ⁴Academic Medical Center, Amsterdam, The Netherlands

**Mechanisms of Change in the Treatment of Nightmares: Imagery Rescripting vs. Imaginal Exposure Therapy**  
Anna Kunze, Jaap Lanzee, Nexhmedin Morina, Merel Kindt, Arnoud Arntz  
University of Amsterdam, Amsterdam, The Netherlands

**Impact of Imagery Rescripting on the Rescripted Memory and on Individuals' Sense of Self**  
Lusia Stopa  
University of Southampton, Southampton, UK

**Mechanisms of Change in the Treatment of Nightmares: Imagery Rescripting vs. Imaginal Exposure Therapy**  
Anna Kunze, Jaap Lanzee, Nexhmedin Morina, Merel Kindt, Arnoud Arntz  
University of Amsterdam, Amsterdam, The Netherlands

**Symposium: Virtual Reality: Using Technology to Extend Treatment Possibilities**

10:30-12:00 | CP - Massada

**Chair:** Sara Freedman, Bar Ilan University, Ramat Gan, Israel

**Interrupting Traumatic Memories: An Emergency Room Intervention for the Prevention of PTSD**  
Hunter Hoffman⁵, **Sara Freedman¹**  
¹Bar Ilan University, Ramat Gan, Israel, ²University of Washington, Seattle, USA
iVR - An Internet Based Virtual Reality Early Intervention for PTSD
Sara Freedman
Bar Ilan University, Ramat Gan, Israel

The Use of Virtual Reality in the Psychological Treatment of Pain
Azucena Garcia-Palacios, Rocío Herrero, Guadalupe Molinari, Eva Del Rio, Cristina Botella
Universitat Jaume I, Castellon, Spain

Using Guided Imagery to Enhance Presence in a Virtual Reality Environment
Yonatan Dubinsky, Helene S. Wallach, Marilyn P. Safir
University of Haifa, Haifa, Israel

Symposium: Emotional Regulation, Interoception and Psychopathology
10:30-12:00 | CP - Jericho
Chairs: Tanja Legenbauer, Ruhr University Bochum, Germany / Michael Witthöft, Johannes Gutenberg-University of Mainz, Germany
Discussant: Claus Vögele, University Luxembourg, Luxembourg

Affective Dysregulation: A Transdiagnostic Phenomenon and Its Role in ADHD
Tanja Legenbauer, Jan Hübner, Natalie Deux, Franziska Martin, Martin Holtmann
Ruhr University Bochum, LWL University Hospital for Child and Adolescent Psychiatry, Hamm, Germany

Cognitive Processing of Interoceptive Information and Negative Health Outcomes
Stefan Süßterlin1,2, Raymonde Scheuren3, Sven Mueller4, Judith Meessen5, Nele De Witte6, Stefan M. Schulz7
1Lillehammer University College, Lillehammer, Norway, 2Oslo University Hospital, Oslo, Norway, 3University of Luxembourg, Luxembourg, Luxembourg, 4University of Würzburg, Würzburg, Germany, 5University of Ghent, Ghent, Belgium, 6RWTH Aachen University Hospital, Aachen, Germany

Interoception in Anorexia Nervosa: Evidence at Cortical and Self-Report Levels
Annika Lutz1, André Schulz2, Ulrich Voderholzer3, Stefan Koch2,3, Claus Vögele1
1University of Luxembourg, Luxembourg, Luxembourg, 2Schön Klinik Roseneck, Prien am Chiemsee, Germany, 3Paracelsus Medical University, Salzburg, Austria

"Better", "Worse" or "Biased"? The Nature of Interoception in Pathological Health Anxiety
Michael Witthöft1, Susann Krautwurst1, Alexander Gerlach2
1Johannes Gutenberg-University, Mainz, Germany, 2University of Cologne, Cologne, Germany

Skills Session: Writing Therapy for Posttraumatic Stress
10:30-12:00 | ICC - Room 310
Writing Therapy for Posttraumatic Stress
Arnold van Emmerik
University of Amsterdam, Amsterdam, The Netherlands

Keynote: David H. Barlow
12:00-13:00 | ICC - Oren 4
Chair: Frank Andrasik, University of Memphis, USA
The Origins, Diagnosis and Treatment of Neuroticism: Back to the Future
David H. Barlow
Boston University, Boston, USA

Keynote: Mario Mikulincer
12:00-13:00 | ICC - Oren 3
Chair: Eshkol Rafaeli, Bar-Ilan University, Israel
Adult Attachment Research: Intrapsychic and Social-Relational Aspects
Mario Mikulincer
Interdisciplinary Center (IDC), Herzliya, Israel
### Keynote: Muhammad M. Haj-Yahia

**12:00-13:00 | ICC - Oren 2**

**Chair:** Joop Meijers, Hebrew University of Jerusalem, Israel

**Wife Abuse in the Palestinian Society in Israel**

Muhammad M. Haj-Yahia  
*Hebrew University of Jerusalem, Jerusalem, Israel*

### Lunch

**13:00-14:00 | ICC – Pincus Foyer**

### Keynote: Paul Salkovskis

**14:00-15:00 | ICC - Oren 4**

**Chair:** Guy Doron, IDC Herzliya, Israel

**Worried Sick: Going beyond CBT for Health Anxiety to Medically Unexplained Symptoms and Long Term Conditions**

Paul Salkovskis  
*University of Bath, Bath, UK*

### Keynote: Eva Gilboa-Schechtman

**14:00-15:00 | ICC - Oren 3**

**Chair:** Naama Shafran, Bar Ilan University, Israel

**Social Anxiety Disorder from the Perspective of Two Insatiable Quests**

Eva Gilboa-Schechtman  
*Bar Ilan University, Ramat-Gan, Israel*

### Symposium: Psychotherapy in Later Life

**14:00-15:30 | ICC - Oren 2**

**Chair:** Franziska Meichsner, Friedrich Schiller University, Jena, Germany

**Grief-Specific Interventions for Dementia Caregivers: Results from a Randomized-Controlled Trial**

Franziska Meichsner, Gabriele Wilz  
*Friedrich Schiller University Jena, Jena, Germany*

**Outcome, Age, Age of Onset and Comorbid Personality Disorders in Cognitive Behavioural Therapy for Late-Life Panic Disorder: A Comparison with Younger Adults**

Gert-Jan Hendriks1,2, Bernice Gulpers1,6, Richard Oude Voshaar3,3  
1Institute of Integrated Mental Health Care Pro Persona, Nijmegen, The Netherlands, 2Behavioral Science Institute Radboud University Nijmegen, Nijmegen, The Netherlands, 3Radboud University Medical Centre, Department of Psychiatry, Nijmegen, The Netherlands, 4University Center for Psychiatry, University Medical Center, Groningen, The Netherlands, 5RIAGG Maastricht, Regional Institute for Mental Health Care in Outpatients, Maastricht, The Netherlands, 6Maastricht University Medical Center, School for Mental Health and Neuroscience (MHeNS) / Alzheimer Centre Limburg and Department of Psychiatry and Psychology / MUMC, Maastricht, The Netherlands

**Typologies of Posttraumatic Stress Disorder in Treatment-Seeking Older Adults**

Maria Böttche1,2, Robert Pietrzak3,4, Philipp Kuwert5, Christine Knaevelsrud2,1  
1Berlin Center for Torture Victims, Berlin, Germany, 2Freie University Berlin, Department of Clinical Psychology and Psychotherapy, Berlin, Germany, 3United States Department of Veterans Affairs National Center for Posttraumatic Stress Disorder, VA Connecticut Healthcare System, West Haven, CT, USA, 4Department of Psychiatry, Yale University School of Medicine, New Haven, CT, USA, 5Ernst-Moritz-Arndt-University, Department of Psychiatry and Psychotherapy at the HELIOS Hansehospital Stralsund, Greifswald, Germany

**Do Family Caregivers of People with Dementia Reach Their Goals in a Psychotherapeutic Telephone Intervention? Evaluation of Goal Attainment, Treatment Compliance, and Participant’s Satisfaction**

Gabriele Wilz1, Renate Soellner2, Franziska Meichsner1  
1Friedrich-Schiller-Universität Jena, Jena, Germany, 2Universität Hildesheim, Hildesheim, Germany
Symposium: Ripples of Trauma: Secondary Traumatization in Veterans' Interpersonal Circles

14:00-15:30 | ICC - Oren 1
Chair: Rachel Dekel, Bar-Ilan University, Ramat Gan, Israel
Discussant: Rachel Dekel, Bar-Ilan University, Ramat Gan, Israel

Keeping the Right Distance – The Roles of Differentiation and Empathy in Secondary Traumatization
Yael Lahav1, Yafit Levin1, Moshe Bensimon2, Yaniv Kanat-Maymon1, Zahava Solomon1
1Tel Aviv University, Tel Aviv, Israel, 2Bar Ilan University, Ramat Gan, Israel, 3Interdisciplinary Center Herzliya, Herzliya, Israel

Secondary Traumatization of Partners of War Veterans: The Role of Boundary Ambiguity
Alana Siegel1, Rachel Dekel1, Yoav Levinstein1, Shimon Fridkin1, Vlad Svetlicky2
1Bar-Ilan University, Ramat Gan, Israel, 2Israel Defense Forces, Tel Aviv, Israel

Reciprocal Relationships between Spouses’ Trauma, Dyadic Adjustment, and Parenting
Yafit Levin, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

Secondary Traumatization and Posttraumatic Growth among Ex-POWs' Offspring
Roy Aloni, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

Symposium: Applications of Non-Violent Resistance (NVR) with Children, Adolescents and Young Adults

14:00-15:30 | ICC - Room 313
Chair: Irit Schorr-Sapir, Schneider Children’s Medical Center, Petach Tikva, Israel
Discussant: Dan Dolberger, Tel-Aviv Center for Non-Violent Resistance Psychology, Tel Aviv, Israel

NVR with the Parents of Children with ADHD
Irit Schorr-Sapir1
1Tel Aviv University, Tel Aviv, Israel, 2Schneider Medical Center for Children, Petach Tikva, Israel, 3NVR School, Tel Aviv, Israel

NVR and the Prevention of Escalation: Differential Effects with Fathers and Mothers
Ifat Lavi-Levavi
Schneider Children’s Medical Center, Petach Tikva, Israel

Vigilant Care and Young Drivers: Can Parental Training in Vigilant Care Reduce Driving Risk?
Yaara Shimshoni
Sha’ar Menashe Mental Health Center, Pardes-Hanna-Karkur, Israel

NVR for Adult Entitled Dependence
Dan Dolberger
Tel Aviv Center for Non Violent Resistance Psychology, Tel Aviv, Israel

Symposium: The Psychological Flexibility Model: Finding Fault in ‘Good’ Emotion Regulation Strategies, and Grace in ‘Bad’ Ones

14:00-15:30 | ICC - Room 314
Chair: Benjamin A Katz, Hebrew University of Jerusalem, Jerusalem, Israel
Discussant: Iftah Yovel, Hebrew University of Jerusalem, Jerusalem, Israel

The Effects of State and Trait Emotion Regulation on Inhibition of Irrelevant Negative Stimuli
Tal Ganor, Nilly Mor, Jonathan D Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

The State Cognitive Strategies Inventory (SCSI): Measuring Emotion Regulation in the Moment
Benjamin A Katz, Iftah Yovel
Hebrew University of Jerusalem, Jerusalem, Israel

Believing in Change: Implicit Theories of Emotion and Emotion Regulation Goals in Depression
Yael Millgram, Maya Tamir
Hebrew University of Jerusalem, Jerusalem, Israel
Symposium: Determinants of Course and Outcome in Obsessive Compulsive Disorder: Findings from the Netherlands Obsessive Compulsive Disorder Association Study

14:00-15:30 | CP - Arad

Chair: Patricia van Oppen, Department of Psychiatry, VU University, Amsterdam, Netherlands

Insight in Obsessive-Compulsive Disorder: Clinical Picture & Predictive Value for the Two-Year Naturalistic Course
Henny Visser¹, Harold van Magen¹, Patricia van Oppen², Ton van Balkom²
¹Innova Research Centre, Mental Health Care Institute GGZ Centraal, Ermelo, Netherlands, ²Department of Psychiatry and the EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, Netherlands

Two-Year Course of Obsessive Compulsive Disorder: Results from the NOCDA Study
Patricia van Oppen¹,², Anton van Balkom¹,², Merijn Eikelenboom¹,², Adriaan Hoogendoorn¹,²
¹Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, Netherlands, ²EMGO Institute for Health and Care Research, VU University, Amsterdam, Netherlands

The Long Term Association of OCD and Depression and Its Moderators
Lee Tibi¹, Patricia van Oppen¹,²,³, Anton van Balkom¹,², Gideon Anholt¹
¹Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel, ²Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, Netherlands, ³EMGO Institute for Health and Care Research, VU University, Amsterdam, Netherlands

The Specificity and Relevance of Obsessive Compulsive Cognitions in Obsessive Compulsive Disorder: A Cross-Sectional and Longitudinal Perspective
Gideon Anholt¹, Lee Tibi¹, Anton van Balkom¹,²,³, Patricia van Oppen¹,²,³
¹Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel, ²Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, Netherlands, ³EMGO Institute for Health and Care Research, VU University, Amsterdam, Netherlands

Symposium: Interpersonal Psychotherapy (IPT) & Adaptations – Evidence Based Treatment

14:00-15:30 | CP - Ein Gedi

Chair: Alexandra K Rafaeli, Tel Aviv University, Tel Aviv, Israel
Discussant: Yael Latzer, Haifa University, Haifa, Israel

Integrating CBT and IPT for Complicated Perinatal Disorders - A Case Study
Sharon Ben-Rafael
Tel Aviv Sourasky Medical Center (Ichilov), Tel Aviv, Israel

Feasability Study of Interpersonal Psychotherapy for Adolescents Diagnosed with Learning Disorders/ADHD (IPT-A-LD)
Anat Brunstein Klomek¹,², Daphne Kopelman-Rubin¹,², Hila Argintaru²,¹, Laura Mufson³, Alan Apter²,¹
¹School of Psychology, IDC, Herzliya, Israel, ²Psychological Medicine, Schneider Children’s Medical Center, Petach Tikva, Israel, ³Child and Adolescent Psychiatry, Columbia University, New York, NY, USA

Is Exposure Necessary? An Introduction to IPT-PTSD Through a Case Study
Alexandra Rafaeli¹, John C. Markowitz²,³
¹Tel-Aviv University, Tel-Aviv, Israel, ²Columbia University, New York City, USA, ³New York State Psychiatric Institute, New York City, USA

Telephone Interpersonal Counseling (IPC) with Frequent Attenders to Primary Care: Development and Piloting
Dana Sinai, Joshua Lipsitz
Ben Gurion University, Beer Sheva, Israel

Symposium: Computerized Cognitive Training as a Treatment for Anxiety and Depression

14:00-15:30 | CP - Massada

Chair: Nitzan Shahar, Beer Sheva, Israel
Discussant: Amit Bernstein, University of Haifa, Israel

Emotion Regulation Training for High Worriers
Natali Moyal
Dept of Psychology and the Zlotowski Center for Neuroscience, Ben-Gurion University of the Negev, Beer-Sheva, Israel
Training Working Memory to Improve Attentional Control in Anxiety: A Proof-Of-Principle Study Using Behavioral and Electrophysiological Measures
Berna A. Sarı, Ernst H. W. Koster, Gilles Pourtois, Nazanin Derakshan
1Ghent University, Ghent, Belgium, 2Birkbeck University, London, UK

A Positivity-Approach-Training in Depressed Patients
Eni Becker, Anja Barth, Mike Rinck
Radboud University, Behavioural Science Institute, Nijmegen, The Netherlands

Changing Ruminative Thinking Using Inhibition Bias Training
Nilly Mor, Shimrit Daches, Paula Hertel
1Hebrew University, Jerusalem, Israel, 2Trinity University, San Antonio, Texas, USA

Open Papers Clinical Roundtable: Variations in CBT
14:00-15:30 | CP - Jericho
Chair: Joop Meijers, Hebrew University of Jerusalem, Israel

Polyvagal Theory’s Implications for the Usage of Exposure in CBT
Hadas Mor-Ofek
The Israeli Forum for Neuro-Psychoanalysis, Jerusalem, Israel

Functional-Dialectic-System Approach (FDS): The Problem is the Solution
Moshe Almagor
University of Haifa, Haifa, Israel

Cognitive Behavior Group Therapy and Cognitive Behavior Hypnotherapy for Compulsive Buying Disorder
Jacinto Inbar
Bar Ilan University, Ramat Gan, Israel

Metaphors in Talk about Psychiatric Diagnosis
Lars Klintwall
Oslo & Akershus University College, Oslo, Norway

Is Psychodynamic Psychotherapy Better than CBT?
Aristide Sagea, b
aAssociazione Italiana di Analisi e Modificazione del Comportamento e Terapia Comportamentale e Cognitiva, Italy, Italy, bDipartimento di Scienze Psicologiche, Umanistiche e del Territorio, Università di Chieti – Pescara, Italy, Italy

Negotiation and Conflict Resolution: Hope and Optimism through Logotherapy-Enhanced Cognitive-Behavior Therapy
Pninit Russo-Netzer, Matti Ameli, Stefan E. Schulenberg, Marshall H. Lewis, Reza Pishyar
1University of Haifa, Jerusalem, Israel, 2Private Practice, Valencia, Spain, 3University of Mississippi, Mississippi, USA, 4Southwest Guidance Center, Kansas, USA, 5Viktor Frankl Institute of Sydney, Sidney, Australia

Skills Session: Mindfulness Qualities and Practices
14:00-15:30 | ICC - Room 310
The Varieties of Mindfulness Qualities and Practices
Asaf Federman
1IDC, Herzliya, Israel, 2Haifa University, Haifa, Israel

Workshop: Schema Therapy for Children and Adolescents (Extra charge)
14:00-17:30 | ICC - Room 311
Schema Therapy for Children and Adolescents
Christof Loose, Ofer Peled
1Heinrich-Heine-University, Duesseldorf, Germany, 2Schema Therapy Center, Raanana, Israel

Workshop: Grief Therapy (Extra charge)
14:00-17:30 | ICC - Room 312
Grief Therapy: Clinical Applications of the Continuing Bonds with the Deceased
Ruth Malkinson, Simon Shimshon Rubin
University of Haifa, Haifa, Israel
EABCT 2nd General Meeting
15:00-17:00 | ICC - Oren 3

Member Association Representatives and EABCT Members only

Coffee
15:30-16:00 | ICC - Pincus

Keynote: Stefan G. Hofmann
16:00-17:00 | ICC - Oren 4
Chair: Idan Aderka, University of Haifa, Israel

Modern CBT
Stefan G. Hofmann
Boston University, Boston, MA, USA

Symposium: Augmenting CBT with Physical Exercise for Anxiety Disorders
16:00-17:30 | ICC - Oren 2
Chair: Anders Hovland, University of Bergen, Bergen, Norway

Augmenting CBT with Physical Exercise - Review of Previous Research and Scientific Rational
Anders Hovland1,2
1Solli District Psychiatric Centre (DPS), Nesttun, Norway, 2University of Bergen, Bergen, Norway

Augmenting Cognitive Behaviour Therapy with Physical Exercise for Older Adults with Generalised Anxiety Disorder - A Randomized Controlled Trial
Kristine Sirevåg1, Silje Haukenes Stavestrand1, Trond Sjøbø1, Ståle Pallesen2, Inger Hilde Nordhus2, Hans Nordahl3, Jan Mohlman4, Henning Johansen4, Trygge Endal5, Stine Oksholm Lom6, Egil Martinsen7, Anders Hovland1,2
1Solli DPS, Bergen, Norway, 2University of Bergen, Bergen, Norway, 3Norwegian University of Science and Technology, Trondheim, Norway, 4William Paterson University, New Jersey, USA, 5University of Oslo, Oslo, Norway

Combining Internet Based Cognitive Behaviour Therapy with Physical Exercise as Treatment for Panic Disorder - Treatment Protocol and Preliminary Results from a Feasibility Study
Anders Hovland1,2, Henning Johansen1, Trond Sjøbø1, Jon Vøllestad1,2, Inger Hilde Nordhus2, Ståle Pallesen3,4, Odd E. Havik5,6, Egil W. Martinsen4,6, Tine Nordgreen7,8
1Solli District Psychiatric Centre (DPS), Nesttun, Norway, 2Department of Clinical Psychology, University of Bergen, Bergen, Norway, 3Institute of Clinical Medicine, University of Oslo, Oslo, Norway, 4Department of Psychosocial Science, University of Bergen, Bergen, Norway, 5Anxiety Disorders Research Network, Haukeland University Hospital, Bergen, Norway, 6Division of Mental Health and Addiction, Oslo University Hospital, Oslo, Norway, 7Bjørgvin District Psychiatric Centre (DPS), Bergen, Norway

Participant Experiences of Augmented Treatment Combining Internet Based CBT and Physical Exercise as Treatment for Panic Disorder - Preliminary Findings from Qualitative Interviews
Anders Hovland1,2, Henning Johansen1, Trond Sjøbø1, Jon Vøllestad1,2, Inger Hilde Nordhus2, Ståle Pallesen3,4, Odd E. Havik5,6, Egil W. Martinsen4,6, Tine Nordgreen7,8
1Solli District Psychiatric Centre (DPS), Nesttun, Norway, 2Department of Clinical Psychology, University of Bergen, Bergen, Norway, 3Department of Psychosocial Science, University of Bergen, Bergen, Norway, 4Institute of Clinical Medicine, University of Oslo, Oslo, Norway, 5Anxiety Disorders Research Network, Haukeland University Hospital, Bergen, Norway, 6Division of Mental Health and Addiction, Oslo University Hospital, Oslo, Norway, 7Bjørgvin District Psychiatric Centre (DPS), Haukeland University Hospital, Bergen, Norway

Symposium: Understanding the Trajectories of Posttraumatic Mental Health: The Roles of Risk Factors and Early Interventions
16:00-17:30 | ICC - Oren 1
Chair: Sara Freedman, Bar Ilan University, Ramat Gan, Israel

Long-term Effects of Early Intervention for Acute Stress Disorder
Richard Bryant, Lucy Kenny, Natasha Rawson, Catherine Cahill, Angela Nickerson
University of New South Wales, Sydney/NSW, Australia
Trauma Focused Cognitive Group Therapy among Combat Soldiers Exposed to Traumatic Events
Yael Shoval-Zuckerman, Ofer Levi
1Bar Ilan University, Ramat Gan, Israel, 2Tel Aviv University, Tel Aviv, Israel, 3Ruppin Academic Center, Emek Hefer, Israel

Identifying Cognitive-Emotional Risk Factors for Mental Health Problems after Combat Exposure and Trauma Experience in the German Military
Sabine Schönfeld, Judith Schäfer, Michael Höfler, Hans-Ulrich Wittchen
Institute of Clinical Psychology and Psychotherapy, Dresden, Germany

Efficacy and Effectiveness of Early Clinical Interventions for Post-Traumatic Stress Disorder
Sara Freedman, Arieh Shalev
1Bar Ilan University, Ramat Gan, Israel, 2New York University, New York, USA

Symposium: Predictors of Treatment Outcome and Attrition in Cognitive Behavior Therapy for Pediatric Anxiety Disorders
16:00-17:30  |  ICC - Room 313
Chair: Nor C Torp, Center for Child and Adolescent Mental Health, Oslo, Norway
Discussant: Nor C Torp, Center for Child and Adolescent Mental Health, Oslo, Norway

Who Drops out of Treatment? Examining Non-Completers in CBT for Anxiety-Disordered Children
Marianne Villabø
Center for Child and Adolescent Mental Health, Oslo, Norway

Predictors of Treatment Outcome in an Effectiveness Trial of CBT for Children with Anxiety Disorders
Gro Janne Wergeland, Kristofer Fjermestad, Lars-Göran Öst, Odd E. Havik, Einar R. Heiervang
Regional Center for Child and Youth Mental Health and Child Welfare (RKBU West), Bergen, Norway

Predictors Associated with Improved Cognitive-Behavior Therapy Outcome in Pediatric Obsessive-Compulsive Disorder
Nor Chr Torp
Center for Child and Adolescent Mental Health, Oslo, Norway

Does Cognitive Behavioural Therapy Improve Quality of Life in Children and Adolescents with Obsessive-Compulsive Disorder?
Bernhard Weidle
Regional Centre for Child and Youth Mental Health and Child Welfare, Trondheim, Norway

16:00-17:30  |  ICC - Room 314
Co-Chairs: Amit Bernstein, Yuval Hadash
University of Haifa, Haifa, Israel

Experiential Selfless Processing in Mindfulness: Conceptual Model and Implicit Behavioral Measurement
Yuval Hadash, Reut Plonsker, Amit Bernstein
University of Haifa, Haifa, Israel

Mindfulness and Psychological Distance: A Construal Level Theory Account
Iftah Yovel, Noa Bigman
The Hebrew University of Jerusalem, Jerusalem, Israel

Equanimity in Mindfulness Training: Conceptual Model & Empirical Test
Natalie Segev, Yuval Hadash, Galia Tanay, Amit Bernstein
University of Haifa, Haifa, Israel

Does Present Moment Attention Buffer the Effect of Distress Intolerance on Psycho-Bio-Behavioral Responding to an Anxiogenic Stressor?
Rotem Paz, Ariel Zvielli, Amit Bernstein
University of Haifa, Haifa, Israel
Symposium: Why Obsessions Persist: Experimental Research into Emerging Vulnerability Constructs to Obsessionality

16:00-17:30 | CP - Arad

**Chair:** David A Clark, University of New Brunswick, Brunswick, Canada

**Discussant:** Reuven Dar, Tel Aviv University, Tel Aviv, Israel

An Experimental Investigation of Middle Eastern and Western Differences in Disgust Sensitivity: Implications for Cognitive Theories of OCD

Muğan Inozu1, David Clark2

1Hacettepe University, Turkey, Turkey, 2University of New Brunswick, Brunswick, Canada

The Sense of Incompleteness: Experimental Induction and Its Relationships with OCD and Non-OCD Symptoms in Non-Clinical Individuals

Gertrudis Fornés-Romero, Martha Giraldo-O’Meara, Amparo Belloch

Universitat de València, València, Spain

Self-Vulnerability and Obsessing About One’s Partner: Priming Self-Sensitivity in the Appearance Domain Increases Preoccupation with Partner’s Flaws

Guy Doron, Neta Fabian, Maayan German

Interdisciplinary Center (IDC), Herzliya, Israel

"Compulsive Indecisiveness" Is Not Caused by Feelings of Incompleteness

Angel Carrasco Torner1,2, Clara López Sola1,4, Amparo Belloch Fuster2, Pino Alonso Ortega3,4

1Conselleria de Sanitat, Generalitat Valenciana, Valencia, Spain, 2Universitat de València, València, Spain, 3Bellvitge Biomedical Research Institute-IDIBELL. Department of Psychiatry, Bellvitge University Hospital, CIBERSAM (G17), Barcelona, Spain, 4Department of Clinical Sciences, Bellvitge Campus, University of Barcelona, Barcelona, Spain

Symposium: The Prevalence and Course of Common Mental Disorders

16:00-17:30 | CP - Eln Gedi

**Chair:** Patricia van Oppen, Department of Psychiatry, VU University, Amsterdam, Netherlands

Diagnostic Instability of Recurrence in Depressive and Anxiety Disorders

Willemijn Scholten1,2, Neeltje Batelaan1,2, Patricia van Oppen1,2, Brenda Penninx1,2, Anton van Balkom1,2

1Department of Psychiatry, VU University, Amsterdam, The Netherlands, 2EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands

Examining Determinants of Early and Late Age at Onset in Panic Disorder and Agoraphobia: An Admixture Analysis

Lee Tibi1, Patricia van Oppen1, Idan Aderka1,2, Anton van Balkom4, Neeltje Batelaan1, Philip Spinhoven5,6, Brenda Penninx1, Gideon Anholt1

1Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel, 2Department of Psychiatry and EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, The Netherlands, 3Department of Psychology, Boston University, Boston, MA, USA, 4University of Haifa Department of Psychology, Haifa, Israel, 5Institute of Psychology, Leiden University, Leiden, The Netherlands, 6Department of Psychiatry, University Medical Center Groningen, Groningen, The Netherlands

A 6-Year Longitudinal Study of Predictive Risk Factors for Suicide Attempts in Major Depressive Disorder

Merijn Eikelenboom1, Johannes Smit1, Aartjan Beekman3, Brenda Penninx1

1Department of Psychiatry and the EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, The Netherlands, 2Department of Psychiatry, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands, 3Department of Psychiatry, Leiden University Medical Center, Leiden, The Netherlands

Prevalence of Depression and Anxiety in Multiple Sclerosis: A Systematic Review

Rosa Boeschoten1,2, Annemarie Braamse1,2, Joost Dekker1,2, Patricia van Oppen1,2, Aartjan Beekman1,2, Bernard Uldehaag1

1Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, The Netherlands, 2EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands, 3Department of Rehabilitation Medicine, VU University Medical Center, Amsterdam, The Netherlands
Clinical Roundtable: CBT and Technology: Some Examples from UK and Israel

16:00-17:30 | CP - Massada

Chair: Tuvi Orbach, help2help, London, Israel
Discussant: Arnon Rolnick, Private practice, Ramat Gan, Israel

Using Technology to Enhance and Resonate the Impact of a Therapeutic Session
Dror Gronich, Arnon Rolnick
Rolnick Clinic, Ramat Gan, Israel

Using Technology to Enhance Well Being: The Help2Help Approach
Tuvi Orbach, Arnon Rolnick
Help2Help, London, UK

Why Should CBT Therapists Use Psychophysiological Tools?
Arnon Rolnick
Israeli Association for Applied Psychophysiology and Biofeedback, Tel Aviv, Israel

Integrating CBT with Biofeedback - The Alive™ Comprehensive Training Environment
Yuval Oded1,2
1Haifa University, Haifa, Israel, 2Gadot Center for Treatment of Stress and Anxiety, Tel Aviv, Israel

Special Interest Group (SIG) on Worry, Rumination and Repetitive Thinking

16:00-17:30 | CP - Jericho

Special Interest Group (SIG) on Worry, Rumination and Repetitive Thinking: What Do They Involve, How Do They Contribute to Clinical Disorders and How Can They Be Reduced
Giovanni Maria Ruggiero1, Colette Hirsch2, Luisa Stopa3
1Studi Cognitivi, Cognitive Psychotherapy School and Research Center, Milano, Italy, 2King’s College, London, UK, 3University of Southampton, Southampton, UK

Skills Session: Cognitive Behavioral and Positive Group Psychotherapy for Breast Cancer Survivors

16:00-17:30 | ICC - Room 310

Integrating Cognitive Behavioral and Positive Group Psychotherapy When Working with Breast Cancer Survivors - From Resilience to Growth and Flourishing: From Crisis to Passion
Jacinto Inbar
Bar Ilan University, Ramat Gan, Israel

Keynote: Hans-Ulrich Wittchen/Frank Jacobi

17:00-18:00 | ICC - Oren 4
Chair: Haim Belmaker, Ben Gurion University of the Negev, Israel

ECNP SUPPORTED TALK: The Size and Burden of Mental Disorders in Europe
Frank Jacobi
Technische Universitaet Dresden, Dresden, Germany

Keynote: Eshkol Rafaeli

17:00-18:00 | ICC - Oren 3
Chair: Dana Atzil, Bar Ilan University, Israel

Mode Work in Schema Therapy: A Trans-Diagnostic Approach
Eshkol Rafaeli
Bar Ilan University, Ramat-Gan, Israel
POSTER SESSION
18:00-19:00 | Pincus

Case Studies / Theory

P201 | CBArts - CBT Combined with Expressive Arts Therapy
Dana Bar, Dana Maor, Sharon Yerusalemi-Hason
Geha, Petach Tikva, Israel

P202 | Teaching High School Teachers Low Intensity CBT Techniques: A Case Study in a Jerusalem School for Disadvantaged Youth
Yehuda Bar Shalom

P203 | A Framework to Systematically Develop an Indicated CBGT Preventive Intervention for Psychological Distress
Johanna Bernhardsdottir
University of Iceland, Landspitali-The National University Hospital of Iceland, Reykjavik, Iceland

P204 | Practical Scheme for Admissions in Suicide Attempts
Roberto Cabrera Schuchner, Silvia Clara Bortz, Juan José Fernandez
Hospital Santamarina, Buenos Aires, Argentina

P205 | The Contribution of Animals to Group Therapy for Children
Orit Harel, Sholomo Romi, Deborah Court
Bar Ilan University, Ramat Gan, Israel

P206 | Skills Development Pathway for Sustainable Empowerment in Africa: The Case of Nigeria
Joseph O. Jiboku, Anathi Ntozini
University of Fort Hare, East London, Eastern Cape, South Africa

P207 | The Derivatives of Computerized Cognitive Behavioral Therapy - iCBT Methodology
Dan Ophir
Ariel University, Ariel, Israel

P208 | Should We Blush for Not Having Good Methods to Treat Visible Anxiety Disorders?
Arnon Rolnick1, Dror Gronich2
1Private Practice, Ramat Gan, Israel, 2Rolnick's Clinic, Ramat Gan, Israel

P209 | Invisible - In Search for the 'Encapsulated Child': Schema Therapy Model in the Treatment of Patients with Schizoid Personality Disorder
Sharon Sagi Berg
Beer Yaacov Hospital, Beer Yaacov, Israel

P210 | Post-Secondary Educational Options for Intellectually Disabled Young Adults: Transition to Work
Chrisann Schiro-Geist
University of Memphis, Memphis, Tennessee, USA

P211 | Counselling in PhD Students with Emotional Exhaustion
Dagmar Schneidrová
3rd Faculty of Medicine, Charles University, Prague, Czech Republic

P212 | Descriptive Study of the Breach of the Code of Ethics and the Sanctions on the Collegiate Col·legi Official of Psychology of Catalonia between 2010 and 2014 Carried Out per the Board of the Ethical Committee of the COPC
Mila Arch, Conxita Cartil, Pilar Sole
Col·legi Official of Psychology of Catalonia, Barcelona, Spain

P213 | The Young Man with the Spade under the Bed: A Case about Resilience and Cognitive Behavioral Therapy
Alicia Facio, Adelia Caneo, Ana Trossero
Asociacion Terapia Cognitivo Conductual del Litoral, Parana, Argentina

P214 | Mindfulness with Sensors - Embracing the 'Me' That I Can See
Nimrod Oren, Arnon Rolnick
Arnon Rolnick’s Clinic, Givaataim, Israel
Depression / Mood Disorders

Judith Guedalia1, Yocheved Debow1, David Debow2
1Shaare Zedek Medical Center, Jerusalem, Israel, 2Emunah v’Omanut, Jerusalem, Israel

P216 | Adolescent Depression and Quality of Family Relationships: Study of Gender Contribution & Implications for Treatment
Andrea Azevedo, Ana Paula Matos
Cognitive and Behavioural Center for Research and Intervention, Coimbra, Portugal

P217 | Symptoms of Perinatal Depression and Perceived Social Support in Women: Longitudinal Study
Diana Zande1, Marina Brice2, Jelena Halamova2, Sandra Sebre1, Ervins Chukurs3
1University of Latvia, Riga, Latvia, 2Centre of Psychology & CBT Intellego, Riga, Latvia, 3Riga Stradins University, Riga, Latvia

Sanne J.E. Bruijniks1, Judith Bosmans2, Frenk P.M.L. Peeters3, Steven D. Hollon4, Patricia van Oppen5, Michael van den Boogaard6, Pieter Dingemanse7, Pim Cuijpers7, Arnoud Arntz8, Gerdien Franx9, Marcus J.H. Huibers10
1Department of Clinical Psychology, VU University and EMGO Institute, Amsterdam, The Netherlands, 2Department of Health Sciences, EMGO Institute for Health and Care Research, Faculty of Earth and Life Sciences, Section of Health Economics & Health Technology Assessment, VU University Amsterdam, Amsterdam, The Netherlands, 3Department of Psychiatry and Psychology, University Hospital Maastricht; School for Mental Health and Neuroscience, Faculty of Health, Medicine and Life Sciences, Maastricht University, Maastricht, The Netherlands, 4Department of Psychology, Vanderbilt University, Nashville Tennessee, USA, 5Department of Psychiatry VU Medical Centre/GGZ ingeest and the EMGO Institute, Amsterdam, The Netherlands, 6PsyQ, Parnassia Groep, Den Haag, The Netherlands, 7Altrecht, Mental Health Institute, Utrecht, The Netherlands, 8Department of Clinical Psychology, University of Amsterdam, Amsterdam, The Netherlands, 9Trimbos-Institute, Netherlands Institute of Mental Health and Addiction, Utrecht, The Netherlands

P219 | The Scientific Status of Internet-Based Psychotherapy for Adult Depression: Time to Consider the Mechanisms of Change
Cristina Mogoase1, Oana Cobeana1, Oana David2, Cezar Giosan2, Aurora Szentagotai1
1Babes-Bolyai University, Department of Clinical Psychology and Psychotherapy, Cluj-Napoca, Cluj, Romania, 2Berkeley College, New York, NY, USA

P220 | How Much Is Reversal Learning of Positive Self-Thinking Maintained in Depressive Individuals?
Yudai Iijima1, Keisuke Takano1, Yoshihiko Tanno2
1University of Tokyo, Tokyo, Japan, 2KU Leuven, Leuven, Belgium

P221 | Cognitive and Metacognitive Schema as Mediators between Temperament and Character and Depression: Pilot Study
Andrzej Kokoszka1,2, Beata Hull2
1Medical University of Warsaw, Warsaw, Warszawa, Poland, 2University of Social Sciences and Humanities, Warszawa, Poland

P222 | Mindfulness-Based Loving Kindness Meditation for Persistent Depressive Disorder
Adriana Mendoza1, Stefan Hofmann1, Ulrich Stangier2, Helen Sander1, Isabel Thinnes1
1Goethe University Frankfurt, Frankfurt am Main, Germany, 2Boston University, Boston, MA, USA

P223 | Internet-Based CBT for Depression - Standard vs Condensed Treatment Program
Linnea Niemi1, Nils Lindefors1, Martin Kraepelin2, Viktor Kaldo3, Fredrik Holländare4
1Region Örebro County, Örebro, Sweden, 2Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden, 3School of Health and Medical Science, Örebro University, Örebro, Sweden

P224 | Adaptation of Ruminative Response Scale in Latvia
Ilze Plauc, Linda Petersone, Sandra Sebre, Ieva Bite
University of Latvia, Riga, Latvia

P225 | Depressive Symptoms in Individuals Presented with Tinnitus
Oleana Rodrigues Maciel de Andrade, Rosicler Moreno Castanho, Valeria Cristina Zane, Elaine Moreto Paccola
University of Sao Paulo, Bauru/Sao Paulo, Brazil
P226 | Observer Perspective Related to Brooding: Emotions, Brooding State and Avoidance
Shlomit Davidovitch
Hebrew University of Jerusalem, Jerusalem, Israel

P227 | Assessment of Depression with Teate Depression Inventory: Determining Diagnostic Cut-Off
Arístide Saggino, Michela Balsamo
Department of Psychological, Health and Territorial Sciences, “G. d’Annunzio” University, Chieti, Italy

Eating Disorders / Obesity

P228 | Analysis of Longitudinal Predictors of Outcome Measures in a Clinical Eating Disorder Population: Preliminary Results
Danielle Wischenka1, Elizabeth Frenkel1, Lydia Pityonyak2, Melinda Parisi2, Katherine Mullaney2, Hebe Tangga-An2, Darlene Snyder2, Kelly Hennebry2, Theresa Voigt’sberger2, Anna Cho1
1Ferkau Graduate School of Psychology, Yeshiva University, Bronx, NY, USA, 2University Medical Center of Princeton at Plainsboro, Plainsboro, NJ, USA

P229 | Preoperative CBT for Adolescent Candidates for Bariatric Surgery
Silvana Fennig, Anat Brunstein-Klomek, Arik Hadas, Tal Paz, Adi Matatyahu
Schneider Children’s Medical Center, Petah Tikva, Israel

P230 | Family Influence on Disordered Eating Behaviour
Fortesa Kadriu1,2, Ajete Kerqeli1,2
1University AAB, Prishtine, Kosovo, 2Peer Educators Network, Prishtine, Kosovo

P231 | Examining the Sources and Impact of Body Image Victimization Experiences: Development and Validation of a New Measure
Cristiana Duarte, José Pinto-Gouveia
Cognitive and Behavioral Center for Research and Intervention, Coimbra, Portugal

P232 | Examining Body Mass Index and Weight-Related Health Behaviors in Foster Care - A Proposed Study
Danielle Shpigel, Danielle M. Wischenka
Ferkau Graduate School of Psychology at Yeshiva University, New York, NY, USA

P233 | Cognitive and Behavioral Coping Responses and Weight Outcome in a 12-Month Randomized Control Trial
Danielle Wischenka1, Charles Swencionis1, Judith Wylie-Rosett2
1Ferkau Graduate School of Psychology, Yeshiva University, Bronx, NY, USA, 2Albert Einstein College of Medicine, Yeshiva University, Bronx, NY, USA

P234 | Exploring the Role of Weight Dissatisfaction, Shame and Self-Dissatisfaction in Eating Behaviors: A Male and Female Comparison
Patrícia Duarte, Teresa Garcia, Lara Palmeira, José Pinto-Gouveia, Sérgio Carvalho
CINEICC, University of Coimbra, Coimbra, Portugal

P235 | Early Memories of Safeness and Eating Psychopathology: The Role of Shame and Perfectionistic Self-Presentation of Body Image
Claúdia Ferreira, Laura Mendes, Inês A. Trindade
CINEICC, Faculty of Psychology, University of Coimbra, Coimbra, Portugal

P236 | The Role of Pride in the Development, Maintenance, and Towards Recovery in Anorexia Nervosa: A Qualitative Study
Clintia Fajia1, Stephanie Tierney2, Patricia Gooding1, Sarah Peters1, John Fox3,4
1University of Manchester, Manchester, UK, 2University of Warwick, Coventry, UK, 3Royal Holloway University of London, London, UK, 4Complex Care, Barnet, Enfield and Haringey Mental Health NHS Trust, London, UK

P237 | Social Cognition and Executive Function: A Brief Neuropsychological Study in Anorexia Nervosa
Jonathan Adrián Zegarra-Valdivia1,2
1Universidad Católica San Pablo, Arequipa, Peru, 2Universidad Autónoma de Madrid, Madrid, Spain

P238 | Cognitive-Behavioural Integrative Treatment for Excessive Weight
Ofir Teshuva
Psagot Institute, Tel Aviv, Israel

P239 | The Distinctive Effect of Self-Compassion on Eating Psychopathology in Women with Different Attachment Styles
Cláudia Ferreira, Jéssica Lopes, Inês A. Trindade
CINEICC, Faculty of Psychology, University of Coimbra, Coimbra, Portugal
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<td>Cristiana Duarte, Cláudia Ferreira, Inês A. Trindade, José Pinto-Gouveia</td>
<td>Cognitive Behavioral Center for Research and Intervention, Coimbra, Portugal</td>
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<td>¹Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY, USA, ²Albert Einstein College of Medicine, Yeshiva University, Bronx, NY, USA</td>
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<td>CINEICC, Cognitive and Behavioral Research Centre, University of Coimbra, Coimbra, Portugal</td>
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<td>¹University of Latvia, Riga, Latvia, ²Centre of Psychology &amp; CBT Intellego, Riga, Latvia, ³Riga Stradins University, Riga, Latvia</td>
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<td>¹Psychology and CBT Centre Intellego, Riga, Latvia, ²University of Latvia, Riga, Latvia, ³Riga Stradins University, Riga, Latvia</td>
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<td>Ajetê Kerqeli¹,², Fortesa Kadriu¹,²</td>
<td>¹University AAB, Prishtine, Kosovo, ²Peer Educators Network, Prishtine, Kosovo</td>
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<td>¹Hebrew University of Jerusalem, Jerusalem, Israel, ²Bar Ilan University, Ramat Gan, Israel, ³Schneider Children’s Medical Center of Israel, Petah Tikva, Israel, ⁴Tel Aviv Yaffo Academic College, Tel Aviv, Israel</td>
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<td>Gabriella Vizin¹, Róbert Urbán¹, Zsolt Unoka¹</td>
<td>¹Semmelweis University, Budapest, Hungary, ²Eötvös Loránd University, Budapest, Hungary</td>
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Nofar Elis¹,², Yossi Levi-Belz³, Sofi Marom², Haggai Hermesh³
¹Clinical Psychology Department, Ruppin Academic Center, Hefer Valley, Israel, ²Geha Mental Health Center, Petach Tikva, Israel

**P253 | Social Anxiety and Interpretive Bias: The Psychometric Properties of the Sentence Interpretation Questionnaire II**
Michael Lewin, Christopher Morin, Lance Johns
California State University, San Bernardino, San Bernardino, CA, USA

**P254 | Neuroplasticity in Response to Cognitive Behavior Therapy for Social Anxiety Disorder**
Kristoffer N T Månsson¹,², Alireza Salami¹,², Andreas Frick³, Per Carlbring⁴, Gerhard Andersson¹,³, Tomas Furmark⁶, CJ Boraxbekk⁷
¹Linköping University, Linköping, Sweden, ²PRIMA Psychiatry, Stockholm, Sweden, ³Karolinska Institutet, Stockholm, Sweden, ⁴Uppsala University, Uppsala, Sweden, ⁵Stockholm University, Stockholm, Sweden, ⁶Umeå University, Umeå, Sweden

**P255 | Optimizing the Retrieval of Positive Imagery during In-Vivo Social Stress: An Experimental Pilot Study of High Socially Anxious Individuals**
David Moscovitch¹, Krystelle Shaughnessy², Vanja Vidovic¹, Lusia Stopa³, Eva Gilboa-Schechtman⁴
¹University of Waterloo, Waterloo, Ontario, Canada, ²University of Ottawa, Ottawa, Ontario, Canada, ³University of Southampton, Southampton, UK, ⁴Bar-Ilan University, Tel Aviv, Israel

**P256 | Implementation of Treatment Components in Cognitive Therapy for Social Anxiety Disorder**
Jihong Lin¹, Gunnar März¹, Anja Mertin¹, Ulrich Stangier¹, Eric Leibing², Ulrike Willutzki³, Wolfgang Hiller⁴, Jürgen Hoyer⁵
¹Institut für Psychologie, Goethe-Universität Frankfurt, Frankfurt, Germany, ²Klinik für Psychosomatische Medizin und Psychotherapie, Universität Göttingen, Göttingen, Germany, ³Institut für Psychologie, Universität Bochum, Bochum, Germany, ⁴Institut für Psychologie, Universität Mainz, Mainz, Germany, ⁵Institut für Psychologie, Universität Dresden, Dresden, Germany

**P257 | Impression Formation from Facial, Vocal and Facial/Vocal Cues in Social Anxiety**
Virginie Peschard¹,², Pierre Philippot², Eva Gilboa-Schechtman¹
¹Bar-Ilan University, Ramat Gan, Israel, ²Catholic University of Louvain, Louvain-la-Neuve, Belgium

**Anxiety: General**

**P258 | Attention to Threat vs. Safety: An Eye-Tracking Study**
Elisa Berdica
University of Mannheim, Mannheim, Germany

**P259 | Test Anxiety in College Students: The Role of Perfectionism and Acceptance**
I. Graça, Vanessa Ramos, Maria do Céu Salvador
Faculty of Psychology and Sciences of Education, University of Coimbra, Coimbra, Portugal

**P260 | Taming a Lion with a B-CAT: The Nurnberg Funnel of Anxiety**
Nir Essar
Psagot Institute, Tel Aviv, Israel

**P261 | Anxiety in the Eyes of the Beholder: Changes in Anxiety Schemata Following Cognitive Behavioral Therapy**
Gil Maor
Western Galilee College, Acre, Israel

**P262 | Anxiety among Individuals with Visual Vertigo and Vestibulopathy**
Gila Schoen¹,², Oz Zur³
¹Sackler Medical School, Tel-Aviv, Israel, ²Geha Mental CenTer, Petah Tikva, Israel, ³Israeli Center for Treating Vertigo and Balance Disorders, Raanana, Israel

**Addiction**

**P263 | Differential Profiles of Patients in Treatment for Drug Addiction Problems According to Gender and Intimate Partner Violence Perpetration**
Alfonso Arteaga, Javier Fernandez-Montalvo, Jose Javier Lopez-Goñi
Universidad Pública de Navarra, Pamplona, Spain
P264 | Gender Differences in Treatment Progress of Patients with Drug Addiction Problems
Jose J. Lopez-Goni, Javier Fernandez-Montalvo, Alfonso Arteaga, Paula Azanza, Raúl Cacho
Universidad Pública de Navarra, Pamplona, Navarra, Spain

P265 | Cognitive Bias Modification in Inpatient Psychiatric Smokers
Alla Machulska, Armin Zlomuzica, Mike Rinck, Hans-Jörg Assion, Jürgen Margraf
1 Ruhr-Universität Bochum, Bochum, Germany, 2 Radboud University Nijmegen, Nijmegen, The Netherlands, 3 LWL - Clinic Dortmund, Dortmund, Germany

Children / Adolescents

P266 | Measuring Worry in Adolescence: The Validation of the Penn State Worry Questionnaire for Children (PSWQ-C) for Portuguese Population
Marina Cunha, Ana Xavier, Sónia Cherpe, Sérgio Carvalho
1 Miguel Torga Superior Institute, Coimbra, Portugal, 2 Cognitive and Behavioral Center for Research and Intervention (CINECC), Coimbra, Portugal

P267 | Psychotherapy for Anxiety Disorders in Adolescents: Effectiveness of Treatments in Adolescent Samples and Developmentally Informed Characteristics of the Programs
Katja Myllyviita, Minna Helkavaara, Klaus Ranta, Vera Gergov, Veli-Matti Tainio, Nina Lindberg, Thea Strandholmi, Leena Ehrling, Mauri Marttunen
1 Helsinki University Central Hospital, Helsinki, Finland, 2 University of Helsinki, Helsinki, Finland, 3 National Institute for Health and Welfare, Helsinki, Finland

P268 | The Intergenerational Transmission of Worry: The Mediating Role of Child’s Interpretation Biases
Costina-Ruxandra Pasarelu, Ioana Roxana Podina, Cristina Mogoase, Robert Balazsi, Anca Dobrean
1 Doctoral School Evidence-Based Assessment and Psychological Interventions, Babes-Bolyai University, Cluj-Napoca, Romania, 2 Babes-Bolyai University, Department of Clinical Psychology and Psychotherapy, Cluj-Napoca, Romania, 3 Babes-Bolyai University, Department of Psychology, Cluj-Napoca, Romania

P269 | Changes in Anger and Aggression after Intervention Based on Cognitive-Behavioural Theory among Adolescents
Dovile Valiune, Aidas Perminas
Vytautas Magnus University, Kaunas, Lithuania

P270 | Test Anxiety: An approached based on Clark and Wells Cognitive Model for Social Anxiety Disorder
Cláudia Pires, Maria do Céu Salvador
University of Coimbra Faculty of Psychology and Sciences of Education, Coimbra, Portugal

P271 | A Sense of Competence and Parental Stress of Disabled Children Mothers after Participation in CBT-Based Support Program
Guna Geikina, Baiba Martinsone
Latvian University, Riga, Latvia

P272 | The Relationship Analysis of Negative Automatic Thoughts and Its Subscales with State Trait Anxiety, Depression, Self Esteem and Sense of Self
Derya Atalan Ergin, Cemre Erten Tatlı, Emine Gul Kapcı
1 Ankara Provincial Directorate of National Education, Ankara, Turkey, 2 Ankara University, Ankara, Turkey

P273 | Preventing Adolescents’ Sleep Deprivation in a 24/7 Society: New Ideas from the Teenagers Themselves
Serena Bauducco, Anna Penayo, Minnia Truedsson, Ida Flink, Steven Linton
Örebro University, Örebro, Sweden

Sabrina Fuths, Lukka Popp, Sabine Seehagen, Silvia Schneider
Ruhr-Universität, Bochum, Germany

P275 | Meditation or Medication? Mindfulness Training versus Medication in the Treatment of Childhood ADHD
Renée Meppelink, Esther de Bruin, Susan Bögels
University of Amsterdam, Amsterdam, The Netherlands
In Times of War, Adolescents Do Not Fall Silent: Teacher-Student Social Network Communication in Wartime
Yaakov Ophir, Hananel Rosenberg, Christa Asterhan, Baruch Schwarz
Hebrew University of Jerusalem, Jerusalem, Israel, Ariel University, Ariel, Israel

Mindfulness Training for Children with Autism Spectrum Disorders and their Parents
Anna Ridderinkhof, Esther I. de Bruin, Susan M. Bögels
University of Amsterdam, Research Institute of Child Development and Education (RICDE), The Netherlands

The Mediating Role of Mindfulness between Adult ADHD Symptoms and Parenting Stress
Klára Somogyi, Mónika Miklósi, Marianna Szabo, Orsolya Máté
Eötvös Loránd University, Institute of Psychology, Budapest, Hungary, Heim Pál Children’s Hospital, Centre of Mental Health, Budapest, Hungary

The Relationship between Negative Automatic Thought and Perceived Social Support among Adolescents
Dovile Valiune, Loreta Gustainiene, Aidas Perminas
Vytautas Magnus University, Kaunas, Lithuania

Anxiety Measures Children with a High Intelligence Quotient
Gila Schoen, Einat Nativ, Ronit Gampel, Gil Zalsman
Geha Mental Health Center, Petah Tikva, Israel, Sackler Medical School, Tel-Aviv, Israel

Group Cognitive-Behavior Therapy for Children with Disruptive Behavior Disorders
Vitali Tevelev
Matzpen Psychological Counseling Center, Tel Aviv, Israel

Gala Evening
19:30
Thursday, September 3

Open Paper Session: Mindfulness and CBT 2
08:00-09:00  |  ICC - Oren 3
Chair: Naftali Halberstadt, AJDC International Development Program, Israel

Mind your Exposure: Adding Mindfulness and Acceptance Components to Standard Exposure
Hila Breznitz, Iftah Yovel
Hebrew University, Jerusalem, Israel

Mindful Eating Training Post Bariatric Surgery as a Means to Enhance and Sustain Weight Loss
Jenny Cina
Chaim Sheba Medical Center at Tel Hashomer, Ramat Gan, Israel

Strange, Unpleasant and Unusual Effects of Mindfulness-Based Interventions: A Qualitative Study
Hannah Bunce1, Florian Ruths1,2
1Institute of Psychiatry, Psychology and Neuroscience, London, UK, 2South London and Maudsley NHS Foundation Trust, London, UK

Clinical Roundtable: The Practice Council for Conflict Resolution
08:00-09:00  |  ICC - Oren 2

“An Enemy Is Somebody You Didn't Listen to His Story” - Council - A Practice of Conflict Resolution
Itaf Awad1, Shay Hanien1,2
1Ojai Foundation, Ojai, California, USA, 2ICCI, Haifa, Israel

Open Papers Clinical Roundtable: Personality Disorders
08:00-09:00  |  CP - Ein Gedi
Chair: Eshkol Rafaeli, Bar-Ilan University, Israel

The Attitudes of Psychiatric Hospital Staff Toward Hospitalization and Treatment of Patients with Borderline Personality Disorder
Ehud Bodner1, Sara Cohen-Fridel1, Mordechai Mashiah2, Michael Segal1, Alexander Grinshpoon3, Tzvi Fischel2, Iulian Iancu3
1Bar Ilan University, Ramat Gan, Israel, 2Tel Aviv University, Tel Aviv, Israel, 3Technion, Haifa, Israel

Mindfulness and Self-Compassion - Changes Induced by Group Schema Therapy for Borderline Personality Disorder: Preliminary Study
Christina Thomas1, Anna Lavender1, Florian Alexander Ruths2
1Institute of Psychiatry, King’s College London, London, UK, 2South London and Maudsley NHS Mental Health Trust, London, UK

The Mediating Role of the Irrational Relationship Beliefs between Parenting Style, Interpersonal Style and Conflict Tendency
Fulya Turk1, Baki Duy1, Zeynep Hamamci1, Ahmet Altink1
1Gaziantep University, Gaziantep, Turkey, 2Anadolu University, Eskisehir, Turkey

Open Paper Session: Eating and Related Issues
08:00-09:00  |  CP - Massada
Chair: Yael Latzer, University of Haifa, Israel

Emotional and Social Variables in Patients of Bariatric Surgery
Martti T. Tuomisto1, Lauri Parkkinen1, Maarit Nikunen1, Ulla Siljamäki-Ojansuu2, Satu-Sisko Koivula3
1University of Tampere, Tampere, Finland, 2Tampere University Hospital, Tampere, Finland

Susceptibility to Social Messages as Mediator between Sexual Orientation and Disordered Eating: Implications for the Treatment of Homosexual and Bisexual Men
Ido Gigi1, Rachel Bachner-Melman1,2, Lilac Lev-Ari1
1Ruppin Academic Center, Emek Hefer, Israel, 2Hebrew University, Jerusalem, Israel
A Model of the Impact of Body Image on Sexual Outcomes Using Cognitive Distraction with Body Appearance as a Mediator
Patricia M. Pascoal\textsuperscript{1,2}, Elizabet Silva\textsuperscript{2}, Pedro Nobre\textsuperscript{2}
\textsuperscript{1}Universidade Lusofona de Humanidades e Tecnologias, Lisboa, Portugal, \textsuperscript{2}Universidade do Porto, Porto, Portugal

Open Paper Session: Cognitive Processes in Emotion Regulation
08:30-10:00 | ICC - Oren 1
\textbf{Chair:} Nili Mor, Hebrew University of Jerusalem, Israel

Rumination: To Stop or Not To Stop? The Impact of Repetitive Negative Thinking on Inhibition and Negative Affect
Monika Kornacka\textsuperscript{1,2}, Céline Douilliez\textsuperscript{1,2}
\textsuperscript{1}University of Lille Nord de France, Lille, France, \textsuperscript{2}PSITEC Lab, Villeneuve d'Ascq, France

Memories of Recent Life Events: Differences in Emotional Reactivity and Regulation of Individuals with High and Low Levels of Depressive Symptoms
Adriana del Palacio-Gonzalez, Lynn Watson, Dorthe Berntsen
Aarhus University, Aarhus, Denmark

The Role of Cognitive Processing Biases and Threat in the Experience of Experimental Pain
Jemma Todd, Louise Sharpe, Ben Colagiuri
University of Sydney, Sydney, Australia

Symposium: New Insights in the Processes Involved in Disordered Eating
08:30-10:00 | ICC - Room 313
\textbf{Chair:} Renate A.M. Neimeijer, University of Groningen, Netherlands

Learning to Eat Sweets: The Effects of Reward Sensitivity on Appetitive Conditioning
Leentje Vervoort\textsuperscript{1}, Laura Vandeweghe\textsuperscript{1}, Bram Vervliet\textsuperscript{2}, Caroline Braet\textsuperscript{1}
\textsuperscript{1}Ghent University, Ghent, Belgium, \textsuperscript{2}KULeuven, Leuven, Belgium

"If I Feel Disgusted, I Will Become Fat" - Disgust-Based Emotional Reasoning and Eating Disorder Symptoms
Peter de Jong\textsuperscript{1}, Klaske Glashouwer\textsuperscript{1,2}
\textsuperscript{1}University of Groningen, Groningen, The Netherlands, \textsuperscript{2}Accare Center for Eating Disorders, Smilde, The Netherlands

“Cold” and “Hot” Executive Functions in Eating Disorders: Implications for Intervention
Daniel Stein\textsuperscript{1,2}, Sigal Gat Lazer\textsuperscript{3,4}, Eitan Gur\textsuperscript{5}, Dan Ramon\textsuperscript{6}, Roni Geva\textsuperscript{6}
\textsuperscript{1}Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, \textsuperscript{2}Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, \textsuperscript{3}Rehabilitation Hospital, Sheba Medical Center, Tel Hashomer, Israel, \textsuperscript{4}Department of Psychology, The Gonda Multidisciplinary Brain Research Center, Bar Ilan University, Ramat Gan, Israel, \textsuperscript{5}Eating Disorders Department, Sheba Medical Center, Tel Hashomer, Israel, \textsuperscript{6}Department of Psychology, Ashkelon Academic College, Ashkelon, Israel

The Influence of Positive and Negative Mood on Automatic Approach Tendencies and Food Intake in Restrained Eaters
Renate Neimeijer\textsuperscript{1,2}, Peter de Jong\textsuperscript{1}, Anne Roefs\textsuperscript{3}
\textsuperscript{1}University of Groningen, Groningen, The Netherlands, \textsuperscript{2}Accare Center for Eating Disorders, Smilde, The Netherlands, \textsuperscript{3}Maastricht University, Maastricht, The Netherlands

Emotional Eating in Adolescents: Underlying Mechanisms
Caroline Braet, Julie Vandewalle, Kim Vandurme
Ghent University, Ghent, Belgium

Open Paper Session: CBT for Anxiety Disorders: Mechanisms and Outcomes
08:30-10:00 | ICC - Room 314
\textbf{Chair:} Gideon Anholt, Ben-Gurion University of the Negev, Israel

Seeing in the Mind’s Eye: Imagery Rescripting for Patients with Body Dysmorphic Disorder - A Single Case Series
Viktoria Ritter, Ulrich Stangier
Goethe University, Frankfurt, Germany

Does a One-Day Program for Overcoming Fear of Flying Ran by an Airline Captain Work? If so, Which Mechanisms Mediate Its Effect?
Michael Katz\textsuperscript{1}, Jonathan Hupert\textsuperscript{1}, Danny Koren\textsuperscript{1}
\textsuperscript{1}University of Haifa, Haifa, Israel, \textsuperscript{2}Hebrew University, Jerusalem, Israel
## Gadgets That Help: How GPS Coordinates Inform Researchers and Therapists about Exposure Therapy

**Georg W. Alpers**, Andrew J. White  
*University of Mannheim, Mannheim, Germany*

## Uncovering the Mechanisms of Exposure Therapy: Inhibitive Learning

**Emanuel Maidenberg**  
*UCLA, LA, USA*

### Open Paper Session: CBT and Medical Issues

**Chair:** Rhonda Adessky, Hadassah Medical Center, Israel

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<td>08:30-10:00</td>
<td>CP - Arad</td>
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<tr>
<td><strong>Gefen, A Unique Multicultural, Multimodal (CBT/Mind Body) Fertility Treatment</strong></td>
<td>Hadassah University Hospital, Jerusalem, Israel</td>
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<td><strong>Psycho-Dermatology CBT for Skin Disorders</strong></td>
<td>Hadassah Ein Kerem Hospital, Medical Psychology Unit, Jerusalem, Israel</td>
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<td><strong>The Hidden Inner Self Revealed By the Unique Combination of C.B.T and Biofeedback in Therapy</strong></td>
<td>Sourasky Medical Center, Tel Aviv, Israel</td>
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<td><strong>Cognitive-Behavioral-Emotional Therapy for Cancer Patients</strong></td>
<td>Sheba Medical Center, Tel Hashomer, Israel</td>
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### Clinical Roundtable: Psychophysiological Measures in CBT

**08:30-10:00 | CP - Jericho**

**Psychophysiological Measures in Cognitive Behavioral Therapy**

*Arnon Rolnick¹, Mark Schwartz¹, Yuval Oded¹, Daniel Hamiel²*

¹Private Practice, Ramat Gan, Israel  
²Brill Community Mental Health Center, Tel-Aviv, Israel

### Skills Session: CBT for Strained Adult Sibling Relationships

**08:30-10:00 | ICC - Room 310**

**Cognitive-Behavior Therapy for Strained Adult Sibling Relationships: New Tools for Conceptualization, Assessment, and Practice**

*Avidan Milevsky¹²*

¹Kutztown University of Pennsylvania, Kutztown, PA, USA  
²Wellspring Counseling, Towson, MD, USA

### Workshop: Treatment of Unwanted Mental Intrusion (Extra charge)

08:30-12:00 | ICC - Room 311

**Treatment of Unwanted Mental Intrusion: A Transdiagnostic Approach to Persistent Anxiety and Depression**

*David Clark*

*University of New Brunswick, Fredericton, New Brunswick, Canada*

### Workshop: CBT for Couple and Sexual Problems (Extra charge)

08:30-12:00 | ICC - Room 312

**Cognitive Behavioural Systems Approach in Treatment of Couple Problems**

*Mehmet Sungur*

*Turkish Association for CBT - Medical Faculty of Marmara University, Istanbul, Turkey*
Keynote: Arnoud Arntz

09:00-10:00 | ICC - Oren 4
Chair: Eshkol Rafaeli, Bar-Ilan University, Israel

Imagery Rescripting: A Method to Process Memories of Traumatic and Other Negative Experiences
Arnoud Arntz
University of Amsterdam, Amsterdam, The Netherlands

Open Paper Session: Psychosis: Novel Interventions in CBT

09:00-10:00 | ICC - Oren 3
Chair: Ilanit Hasson-Ohayon, Bar-Ilan University, Israel

Addressing the Risks of Being ‘At-Risk’: The Effects of Labeling Versus Symptom Severity on Public Attitudes toward Individuals at Risk for Psychosis
Danny Koren, Shulamit Radin-Gilboa, Yulia Libas
University of Haifa, Haifa, Israel

Beyond Symptom Reduction: Using CBT Techniques to Facilitate Recovery among Persons with Serious Mental Illness
Ilanit Hasson-Ohayon¹, David Roe²
1Bar-Ilan University, Department of Psychology, Ramat-Gan, Israel, 2University of Haifa, Department of Community Mental Health, Haifa, Israel

Modifying Electrophysiological Suppression to Self-Initiated Auditory Sensations in Psychosis: A Novel Avenue for Treatment?
Thomas Whitford, Ruth Elijah
UNSW Australia, Sydney, NSW, Australia

Clinical Roundtable: Living a Life That Should Not Be Lived - Survivor Guilt: Conceptualisation and Treatment

09:00-10:00 | ICC - Oren 2
Chair: Gary Brown, Royal Holloway, University of London, London, UK

Survivor Guilt in a Traumatised Population: Towards a Cognitive Model
Hannah Murray¹, Evelina Medin², Yasmin Pethania³
1Traumatic Stress Service, South-West London & St George’s NHS Trust, London, UK, 2Royal Holloway, University of London, London, UK, 3University of Surrey, Surrey, UK

"Living a Life That Should Not Be Lived": A Phenomenological Investigation of Survivor Guilt in a Traumatised Population
Yasmin Pethania³, Hannah Murray², Dora Brown¹
1University of Surrey, Surrey, UK, 2Traumatic Stress Service, South-West London & St George’s NHS Trust, London, UK

Using Imagery Rescripting to Address Survivor Guilt after Trauma: A Pilot Investigation
Evelina Medin², Hannah Murray², Gary Brown²
1Royal Holloway, University of London, London, UK, 2Traumatic Stress Service, South-West London & St George's NHS Trust, London, UK

Open Paper Session: Autism

09:00-10:00 | CP - Ein Gedi
Chair: Cory Shulman, Hebrew University of Jerusalem, Israel

Number of Potential Reinforcers Predicts Treatment Outcome for Toddlers with Autism
Lars Klintwall, Svein Eikeseth
Oslo & Akershus University College, Oslo, Norway

Sandra Israel-Yaacov¹, Ofer Golan²
1Association for Children at Risk, Givat-Shmuel, Israel, 2Department of Psychology, Bar-Ilan University, Ramat-Gan, Israel
Facilitating Emotion Recognition and Understanding in Young Children with Autism Spectrum Disorder, Using Animated Series: Results of a Randomized Controlled Trial
Tali Gev, Ruthie Rosenan, Ofer Golan
Department of Psychology, University, Ramat-Gan, Israel

A Training of Learning Skills for Adolescents with ADHD (LeJA) – Empirically Based Conceptualization and Findings of Efficacy
Friedrich Linderkamp
University of Wuppertal, Wuppertal, Germany

Open Paper Session: ADHD: Compulsive Internet Use
09:00-10:00 | CP - Massada
Chair: Oded Ben-Arush, Israeli Center for the Treatment of Obsessive-Compulsive Related Disorders, Israel

Going Beyond Lapses of Attention: Exploring Decision Mechanisms Underlying Increased Reaction-Time Variability in Patients with Attention-Deficit/Hyperactivity Disorder
Nitzan Shahar1, Andrei R. Teodorescu2, Anat Karmon-Presser1, Gideon E. Anholt3, Nachshon Meiran1
1Ben-Gurion University of the Negev, Beer Sheva, Israel, 2Indiana University, Indiana, USA

The Summer Therapy Camp for Children with ADHD
Lyset Babocsai, Eva Vonderlin, Wolfgang Rauch, Sabina Pauen
University of Heidelberg, Heidelberg, Germany

Evaluation and Effectiveness of an Integrated Diagnostic, Counseling and Treatment Network for Compulsive Internet Use
Eva Vonderlin1, Katajun Lindenberg2, Ulrich Wehrmann3
1University of Heidelberg, Heidelberg, Germany, 2University of Education, Heidelberg, Germany, 3Local Health Authority, Rhein-Neckar-Kreis, Germany

PROTECT: A New Cognitive-Behavioral Approach to Prevention of Compulsive Internet Use in At-Risk High-School Students
Katajun Lindenberg
University of Education, Heidelberg, Germany

Coffee
10:00-10:30 | ICC - Pincus

Keynote: Stirling Moorey
10:30-11:30 | ICC - Oren 4
Chair: Ilanit Hasson-Ohayon, Bar-Ilan University, Israel

The Three Phases of Psycho-Oncology: Disseminating Skills beyond Specialist Practitioners
Stirling Moorey
South London and Maudsley NHS Foundation Trust, London, UK

Symposium: Narrative Reconstruction Therapy
10:30-12:00 | ICC - Oren 3
Chair: Mordechai Gofman, Bar Ilan University, Givat Shmuel, Israel
Discussant: Rivka Tuval-Mashiach, Bar Ilan University, Givat Shmuel, Israel

Relational and Emotional Interactions of the Patient and Therapist in Exposure Therapy for PTSD through the Lens of Narrative Reconstruction Therapy
Mordechai Gofman, Tuvia Peri, Zohar Vidan, Rivka Tuval-Mashiach
Bar Ilan University, Givat Shmuel, Israel

Embodied Communication in Exposure-Based Therapies for Post-Traumatic Stress Disorder – A Possible Integration of Cognitive Behavioral Theories, Neuroscience and Psychoanalysis
Tuvia Peri
Bar Ilan University, Givat Shmuel, Israel

Changes in Trauma Narratives following Narrative Reconstruction Therapy & Their Relationship with PTSD Symptoms
Zohar Vidan
Bar Ilan University, Givat Shmuel, Israel
Relational and Emotional Interactions of the Patient and Therapist in Exposure Therapy for PTSD through the Lens of Narrative Reconstruction Therapy - A Discussion
Rivka Tuval-Mashiach
Bar Ilan University, Givat Shmuel, Israel

Results of an Open Trial for Narrative Reconstruction and of a RCT Comparing Narrative Reconstruction to Minimal Intervention
Mordechai Gofman
Bar Ilan University, Givat Shmuel, Israel

Psycholinguistic Avenues of Cognitive and Behavioral Therapy for Traumatic Memory Reorganization
Larysa Zasiekina
Lesya Ukrainka Eastern European National University, Lutsk, Ukraine

Symposium: Understanding Suffering and Resilience in Survivors of Violent Conflict and Atrocities: Clinical Psychological Science to Help Address a Global Public Mental Health Crisis
10:30-12:00 | ICC - Oren 2
Chairs: Amit Bernstein, Haifa University, Israel; Kim Yuval, Haifa University, Israel

Trauma Exposure and the Mediating Role of Posttraumatic Stress and Depression on Somatization Symptoms and Persistent Pain in Civilian War Victims
Naser Morina1,2, Ulrich Schnyder1,2, Richard Klaghofer1,2, Julia Müller1, Chantal Martin-Soelch1
1Department of Psychiatry and Psychotherapy, University Hospital Zurich, Zurich, Switzerland, 2University of Zurich, Zurich, Switzerland, 3Psychiatric Services Thurgau, Münsterlingen, Switzerland, 4Division of Clinical and Health Psychology, Department of Psychology, University of Fribourg, Fribourg, Switzerland

Moral Injury, Emotion Regulation and Mental Health in Refugees in Australia and Switzerland
Angela Nickerson1, Ulrich Schnyder1, Naser Morina1, Matthijs Schick2, Belinda Liddell1, Richard Bryant1
1UNSW Australia, Sydney NSW, Australia, 2Zurich University Hospital, Zurich, Switzerland

The Mental Health of Asylum Seekers and Victims of Human Trafficking: The Experience of Gesher Clinic
Ido Lurie1,2, Wasim Biroumi1, Shlomit Ben Shmuel1
1Shalvata Mental Health Center, Hod Hasharon, Israel, 2Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Gesher Clinic, Community Mental Health Center, Tel Aviv, Israel

Attentional Bias to Trauma Cues and Posttraumatic Stress in Sudanese Asylum Seekers
Kim Yuval, Ariel Zvielli, Amit Bernstein
Haifa University, Haifa, Israel

Symposium: Medically Unexplained Symptoms: CBT, EMDR, Biofeedback and Hypnosis
10:30-12:00 | ICC - Oren 1
Chair: Arnon Rolnick, Private Practice, Ramat Gan, Israel
Discussant: Paul Salkovskis, Bath University, Bath, UK

A Perspective and Examples from One Psychologist’s Experience Treating MUS over My 37 Years at the Mayo Clinic
Mark Schwartz
Mark S Schwartz PhD, Jacksonville, USA

How Do Clinicians Choose (or Combine!) Between Several Evidenced-Based Approaches for Treating Medically Unexplained Symptoms (MUS)
Tamar Dagan, Arnon Rolnick
Private Clinic, Ramat Gan, Israel

Hypnotherapy in the Treatment of Medically Unexplained Symptoms
Naftaly Edry
Haddassah, Jerusalem, Israel

Is Medically Unexplained Symptoms a Form of Somatic PTSD? EMDR in the Treatment of MUS
Ehud (Udi) Oren1,2
1EMDR Europe Association, Geneva, Switzerland, 2EMDR Israel, Raanana, Israel
Symposium: Cognitive Behavior Therapy in Eating Disorders – Theoretical Aspects

10:30-12:00  |  ICC - Room 313
Chair: Yoel Latzer, Israel
Discussant: Daniel Stein, Israel

Cognitive Behavior Therapy – History, Summary and Future Directions
Yael Latzer1,2, Daniel Stein1,3
1Faculty of Social Welfare and Health Sciences, University of Haifa, Haifa, Israel, 2Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center, Haifa, Israel, 3Safra Children’s Hospital, Sheba Medical Center, Tel Hashomer, Israel

Reviewing Cognitive Treatment for Eating Disorders: From Standard CBT Efficacy to Worry, Rumination and Control Focused Interventions
Giovanni Maria Ruggiero1,2, Walter Sapuppo2,1, Gabriele Caselli1,2, Marcanthonio Spada3, Sandra Sasaroli1,2
1Studi Cognitivi, Cognitive Psychotherapy School and Research Center, Milano, Italy, 2Psicoterapia Cognitiva e Ricerca, Cognitive Psychotherapy School and Research Center, Milano, Italy, 3Division of Psychology School of Applied Sciences London South Bank University, London, UK

An Integration between a Neuro-Scientific, Psychodynamic and CBT Approach in the Treatment of Eating Disorders: A New Therapeutic Model
Barbara Pearlman
London Centre for Eating Disorders, London, UK

Cognitive Remediation Therapy for Patients with Anorexia Nervosa
Itscick Vorgaft, Smadar Bercovich
Ziv Medical Center, Zefat, Israel

Symposium: Status and Power in Social Anxiety

10:30-12:00  |  ICC - Room 314
Chair: Idan M. Aderka, University of Haifa, Haifa, Israel
Discussant: David A. Moscovitch, University of Waterloo, Ontario, Canada

Social Anxiety and Reactions to High and Low Status Positions
Irit Yuhas Sack, Eva Gilboa-Schechtman
Bar Ilan University, Ramat Gan, Israel

Social Anxiety and Erosion of Status
Lynn E. Alden, Brianne Glazier
University of British Columbia, Vancouver, Canada

The Imposter Phenomenon in People with Social Anxiety Disorder
Tovi Segal1, Rachel Bachner-Melman1,2, Michael Zivor3, Hagai Hermesh1, Sofi Marom1
1Ruppin Academic Center, Hefer Valley, Israel, 2Hebrew University, Jerusalem, Israel, 3Geha Mental Health Center, Petah-Tiqva, Israel, 4College of Management, Rishon Lezion, Israel

The Effect of Perceived Social Power on Maintaining Processes of Social Anxiety
Dana Rasner, Idan M. Aderka
University of Haifa, Haifa, Israel

Symposium: Agency in OCD: From the Lab to the Clinic

10:30-12:00  |  CP - Arad
Chair: Jonathan D Huppert, The Hebrew University of Jerusalem, Jerusalem, Israel
Discussant: Guy Doron, IDC, Herzlyia, Israel

Reliance on External Feedback in OCD - High OC Individuals Differ from Low OC Individuals in Their Movement Profile for Corrective Sub Movements
Or Ezrati, Ruvi Dar
Tel Aviv University, Tel Aviv, Israel

Attenuated Linguistic Expressions of Agency in Individuals with High Obsessive-Compulsive Tendencies
Ela Oren, Ruvi Dar
Tel Aviv University, Tel Aviv, Israel
Where Did This Thought Come From? Misattribution of Authorship for Thoughts in Individuals with High Obsessive-compulsive (OC) Tendencies
Itzik Fradkin, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Agency in OCD: A Clinical Perspective and Case Presentation
Oded Ben Arush
1,2
1Israel Center for the Treatment of Obsessive and Compulsive Disorders, Ben Shemen, Israel, 2Hadassah Hospital, Jerusalem, Israel

Symposium: Personality Disorders: Cognitive Tendencies, Interpersonal Aspects and Comorbidity
10:30-12:00 | CP - Ein Gedi
Chair: Michal Weiss, The Hebrew University of Jerusalem, Jerusalem, Israel
Discussant: Eshkol Rafaeli, Bar-Ilan University, Ramat Gan, Israel

Grandiose and Vulnerable Narcissism - Similarities and Differences and in Interpretation Biases and the Impact of Social Rejection on Them
Michal Weiss, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Normal Narcissism as a Buffer Against the Development of Eating Disorders and PTSD: Two Prospective Studies
Eytan Bachar
1,2
1Hebrew University of Jerusalem, Jerusalem, Israel, 2Hadassah University Medical Center, Jerusalem, Israel

The Daily Nonmonotonic Effect of Interpersonal Rejection-Acceptance among Individuals Suffering from BPD and APD
Eran Barkalita, Avigail Snir, Eshkol Rafaeli, Kathy Berenson, Geraldine Downey
1Bar Ilan University, Ramat Gan, Israel, 2Columbia University, New York, USA, 3Gettysburg College, Gettysburg, USA

Social Cognition Is Impaired in Borderline Patients and Their Healthy Relatives
Hila Gvirts
University of Haifa, Haifa, Israel

Symposium: The Cognitive Systemic Post-Rationalist Model from Theory to Clinical Research: A Road for a Cultural Psychology
10:30-12:00 | CP - Massada
Chair: Adele De Pascale, Sapienza University of Rome, Rome, Italy
Discussant: Alfredo Quiñones, San Sebastian University, Santiago, Chile

Personal Style Therapist (PST-Q) in a Sample of Chilean and Italian Post-Rationalist Psychotherapist
Alvaro Quiñones, Adele De Pascale, Carla Ugarte, Paola Cimbolli, Francisco Ceric
1San Sebastian University, Santiago, Chile, 2Sapienza University of Rome, Rome, Italy, 3Desarrolo University, Santiago, Chile

The Post-Rationalist Approach to Psychopathology: Only a Model for Psychotherapy or an Epistemological Foundation for a Cultural Psychology?
Adele De Pascale, Paola Cimbolli, Alvaro Quiñones, Carla Ugarte
1Sapienza University of Rome, Rome, Italy, 2San Sebastian University, Santiago, Chile, 3Desarrolo University, Santiago, Chile

The "Weight" of the Emotional and Relational Factors In a Sample of Obese Patients Candidates to Bariatric Surgery
Paola Cimbolli, Alessandra Marzano, Alvaro Quiñones, Carla Ugarte, Adele De Pascale
1Sapienza University of Rome, Rome, Italy, 2San Sebastian University, Santiago, Chile

Clinical Roundtable: CBT with Religious Patients
10:30-12:00 | CP - Jericho
Practicing CBT with Religious Patients in Christian, Muslim and Jewish Communities
David Rosmarin, William Hathaway, Michelle Pearce, Shadi Beshai
1McLean Hospital/Harvard Medical School, Belmont, MA, USA, 2Regent University, Virginia Beach, VA, USA, 3University of Maryland School of Medicine, Baltimore, MD, USA, 4University of Calgary, Calgary, AB, Canada
### Skills Session: CBT for Conflict Resolution

10:30-12:00 | ICC - Room 310

**CBT, Conflict Resolution and KEG Cards (Keys to Emotional Growth)**

Eleanor Avinor, Joanne Silman

1 Bnai Zion Hospital, Haifa, Israel, 2 KEG Cards (Keys to Emotional Growth), Haifa, Israel

### Keynote: Judith S. Beck

12:00-13:00 | ICC - Oren 4

**Chair:** Gil Zalisman, Geha Mental Health Center; Tel Aviv University, Israel

**Cognitive Behavior Therapy for Weight Loss and Maintenance**

Judith S. Beck

*Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA, USA*

### Roundtable: Building Peace through Knowledge

12:00-13:00 | ICC - Oren 3

**Chair:** Alean Al-Krenawi, Achva Academic College, Ben Gurion University of the Negev

**Participants:**

Tawfiq Ali Salman, PNRC (Palestinian Neuropsychiatric Rehabilitation Center), Bethlehem

Nidal Mohamad Hamad Gaben, Ministry of Health, Ramallah

Hanan Yaniv, Kibbutzim College of Education

Amal Abu Sif, School of Social Work, Ben Gurion University

### Keynote: Daphna Joel

12:00-13:00 | ICC - Oren 2

**Chair:** Orya Tishby, Hebrew University of Jerusalem, Israel

**Vive La Petite Difference: On the Critical Difference between Sex Differences in Genitals and Brains**

Daphna Joel

*Tel-Aviv University, Tel-Aviv, Israel*

### Workshop: OCD in Children and Adolescents (Extra charge)

12:00-15:30 | ICC - Room 311

**OCD in Children and Adolescents - Special Topics**

Elna Yadin

1 University of Pennsylvania, Philadelphia, PA, USA, 2 Bryn Mawr College, Bryn Mawr, PA, USA

### Workshop: Assessing, Conceptualizing and Treating Core Processes in Anxiety and Depressive Disorders (Extra charge)

12:00-15:30 | ICC - Room 312

**Assessing, Conceptualizing and Treating Core Processes in Anxiety and Depressive Disorders in Order to Improve Outcomes: A Practical Clinical Tool to Validly Measure Behaviour, Emotion Regulation, Cognition, Meta-Cognition, and the Self**

Pierre Philippot, Martine Bouvard, Celine Baeyens, Vincent Dethier

1 Catholic University of Louvain, Louvain-la-Neuve, Belgium, 2 University of Grenoble, Grenoble, France, 3 University of Savoie, Chambéry, France

### Lunch

13:00-14:00 | ICC – Pincus Foyer

### Keynote: Ulrich Stangier

14:00-15:00 | ICC - Oren 4

**Chair:** Ada Zohar, Ruppin Academic Center, Israel

**The Role of the Therapist in Cognitive Therapy for Social Anxiety Disorder**

Ulrich Stangier

*Goethe University Frankfurt, Frankfurt, Germany*
Keynote: Yair Bar-Haim

14:00-15:00  |  ICC - Oren 3
Chair: Gideon Anholt, Ben-Gurion University of the Negev, Israel

Attention Bias Modification Treatment for Anxiety and Stress-Related Disorders: From Basic Science to Clinical Application
Yair Bar-Haim
Tel Aviv University, Tel Aviv, Israel

Symposium: Emotional and Physical Pain in Trauma Survivors

14:00-15:30  |  ICC - Oren 2
Chair: Karni Ginzburg, Tel Aviv University, Tel Aviv, Israel
Discussant: Sharon Avidor, Tel Aviv University, Tel Aviv, Israel

Understanding the Complex Pattern of Reaction to Pain in PTSD: The Contribution of Anxiety and Dissociation
Karni Ginzburg1, Shaul Schreiber2,1, Ruth Defrin1
1Tel Aviv University, Tel Aviv, Israel, 2Sourasky Medical Center, Tel-Aviv, Israel

Personality Constructs, Pain and Pain Modulation: The Mediating Role of Body and Pain Perceptions
Liat Itzhaky, Ruth Defrin, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

Cognitions Inhibiting the Interpersonal Reconnection of Trauma Survivors: Lessons from the Study of Posttraumatic Loneliness
Jacob Stein, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

The Vicious Circle of Soma and Attachment among Ex-POWs – Reciprocal Reenactments
Yael Lahav, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

Symposium: Cognitive Behavior Therapy in Eating Disorders – Clinical Aspects

14:00-15:30  |  ICC - Room 313
Chair: Daniel Stein, Israel
Discussant: Yael Latzer, Israel

Parents Focused Groups: Combining Cognitive Behavioral Methods with a Psycho-Dynamic Approach
Eynat Zubery, Yael Latzer, Daniel Stein
Shalvata Mental Health Center, Raanana, Israel

Blended Treatment for Eating Disorders: A Combination of Online Interventions and Face to Face Contacts
Renate Neimeijer1,2
1University of Groningen, Groningen, The Netherlands, 2Accare Center for Eating Disorders, Smilde, The Netherlands
CBT and Mindfulness for Eating Disorders
Rachel Bachner-Melman1,2, Dina Wyshogrod3
1Ruppin Academic Center, Emek Hefer, Israel, 2Hebrew University of Jerusalem, Jerusalem, Israel, 3MBSR-ISRAEL, The Israeli Center for Mindfulness-Based Stress Reduction, Jerusalem, Israel

Group Cognitive Behavioral Treatment in Female Soldiers Diagnosed with Binge/Purge Eating Disorders
Daniel Stein1,2, Rinat Carter3, Dana Yanykulovitch-Levy4, Hadas Wertheim5, Shirley Gordon-Erez5, Meital Shahimov3, Abraham Weizman2,4
1Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Medical Corps, Israel Defense Force, Israel, 4Felsenstein Medical Research Center, and Research Unit at the Geha Mental Health Center, Rabin Campus, Petah Tiqva, Israel

Symposium: Conceptualizing, Quantifying, & Modifying Attentional Bias as a Dynamic Process: Translational Implications
14:00-15:30 | ICC - Room 314
Chair: Amit Bernstein, Haifa University, Haifa, Israel

The Dynamic Perspective on Attentional Bias: Conceptual and Empirical Rationale
Ariel Zvielli, Amit Bernstein
Haifa University, Haifa, Israel

Attentional Bias and Posttraumatic Stress Symptom Severity: A Dynamic Perspective in a Prospective Longitudinal Study among an At-Risk Sample
Judith Schäfer1, Ariel Zvielli2, Amit Bernstein3, Michael Höfler1, Hans-Ulrich Wittchen1, Peter Zimmermann3, Sabine Schönfeld1
1Technische Universität Dresden, Dresden, Germany, 2Haifa University, Haifa, Israel, 3German Armed Forces Center of Military Mental Health, Berlin, Germany

Might a Dynamic Perspective on Attentional Bias Help Illuminate the Relations between Covert and Overt Attentional Processes?
Iftach Amir, Ariel Zvielli, Amit Bernstein
Haifa University, Haifa, Israel

Mechanisms Underlying Attentional Bias Dynamics: The Role of Meta-Awareness
Liad Ruimi, Ariel Zvielli, Amit Bernstein
Haifa University, Haifa, Israel

Symposium: Doubting Love: Investigations into the Pathogenesis of Relationship Obsessions
14:00-15:30 | CP - Arad
Chair: Guy Doron, School of Psychology Interdisciplinary Center IDC, Herzliya, Israel
Discussant: Amparo Belloch, Facultad de Psicología Universidad de Valencia, Valencia, Spain

I Obsess about My Child's Flaws: Impact and Correlates of Parent-Child Obsessive-Compulsive Symptoms
Guy Doron1, Ohad Szepsenwol2, Danny Derby3
1Interdisciplinary Center (IDC), Herzliya, Israel, 2Department of Psychology, University of Minnesota, Minnesota, USA, 3Cognetica – The Israeli Center for Cognitive Behavioral Therapy, Tel-Aviv, Israel

Obsessing About Love: How Relationship OC Tendencies Affects Romantic Breakup in Young Canadian Adults
David Clark, Lucia O’Sullivan, Rice Fuller
University of New Brunswick, New Brunswick, Canada

Relationship Obsession Within the Individual-God Context: Exploring Obsessive Tendencies about One’s Relationship with God
Yaniv Efrati1, Guy Doron2, Ohad Szepsenwo2
1Interdisciplinary Center (IDC), Herzliya, Israel, 2Department of Psychology, University of Minnesota, Minnesota, USA

The Role of Perfectionism in Relationship Obsessive-Compulsive Disorder (ROCD)
Gabriele Melli1, Claudia Carraresi2, Guy Doron2
1Institute of Behavioral and Cognitive Psychology and Psychotherapy, IPSICO, Florence, Italy, 2Interdisciplinary Center (IDC), Herzliya, Israel
Symposium: Preschool and Neurodevelopmental Anxiety-Related Disorders of Childhood

14:00-15:30 | CP - Ein Gedi

Chair: Doron Gothelf, Sheba Medical Center, Ramat Gan, Israel
Discussant: Jonathan Kushnir, Sheba Medical Center, Ramat Gan, Israel

Significant Nighttime Fears in Pre-School Children and Related Clinical Manifestations
Jonathan Kushnir1,2, Doron Gothelf1,2, Avi Sadeh4
1Child Psychiatry Unit, Sheba Medical Center, Ramat Gan, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Interdisciplinary Center, Herzliya, Israel, 4School of Psychological Sciences, Tel Aviv University, Tel Aviv, Israel

Anxiety Disorders in Children with Neurogenetic Syndromes: 22q11.2 Deletion Syndrome and Williams Syndrome as Models
Doron Gothelf1,2
1Child Psychiatry Unit, Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

The Link between Sleep Difficulties, Social Functioning in School and ADHD Severity
Martin Efron1, Mor Bar1, Tal Harel1, Doron Gothelf1,2, Jonathan Kushnir1,3
1Child Psychiatry Unit, Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Ramat Gan, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Department of Psychology, Interdisciplinary Center, Herzliya, Israel

The Outcome of Children with Selective Mutism Following Cognitive Behavioral Intervention: An Historical Prospective Study
Claudia Lang1, Ziv Nir2, Ayelet Gothelf2, Shoshi Domachevsky1,3, Lee Ginton4, Jonathan Kushnir1,3, Doron Gothelf1,2
1Anxiety Clinic, Child Psychiatry Unit, Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Interdisciplinary Center, Herzliya, Israel, 4Psychology Department, Boston University, Boston, USA

Sensory Modulation Disorder in Tourette Syndrome: Implications for Treatment
Hana Weisman1,2, Alan Apter1, Tamar Steinberg1, Shula Parush3
1Matta and Harry Freund Neuropsychiatric Tourette Clinic, Schneider Children's Medical Center, Petah Tikva, Israel, 2School of Occupational Therapy, Faculty of Medicine of Hadassah and the Hebrew University of Jerusalem, Jerusalem, Israel, 3Child Psychiatry Unit, Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel

Clinical Roundtable: Difficult Moments in Supervision: Understanding the Process and Finding Solutions

14:00-15:30 | CP - Massada

Followed by a short meeting of the Special Interest Group (SIG) on Supervision, Training & Therapist Development

Supervision, Training and Therapist Development: Difficult Moments in Supervision: Understanding the Process and Finding Solutions
Andreas Veith
Zentrum für Psychotherapie Dortmund, DGVT Ausbildungszentrum, Dortmund, Germany

Participants:
Joop Meijers, Hebrew University of Jerusalem, Israel
Paul Rijnders, VGCt, The Netherlands
Andreas Veith, Zentrum fur Psychotherapie Dortmund, Germany

Open Paper Session: Addressing Spirituality and Religious Issues in CBT across Cultures

14:00-15:30 | CP - Jericho

Chair: David Greenberg, Hebrew University of Jerusalem, Israel

Spiritual Meaning in Life, Values, and Severe Mental Disorders
Sylvia Mohr, Sonia Vidal, Nader Perroud, Philippe Huguelet
University Hospital of Geneva, Geneva, Switzerland

Everything You Wanted to Know about Psychotherapy Client Religiousness & Spirituality but Were Afraid to Ask!
Aryeh Lazar
Ariel University, Ariel, Israel
Can a Brief Training Program Change Implicit Attitudes about Religion among CBT Clinicians?
Dovid Green¹,², Steven Pirutinsky³, David Rosmarin¹,³
¹Fordham University, Bronx, NY, USA, ²Center for Anxiety, New York, NY, USA, ³McLean Hospital/Harvard Medical School, Belmont, MA, USA, ⁴Georgian Court University, Lakewood, NJ, USA

Correlations between Psychological Well-Being of Elderly White and Black Institutionalised Elderly
Anathi Ntozini, Karen Walton
University of Fort Hare, East London, Eastern Cape, South Africa

Clinical Roundtable: CBT in (Social and Political) Context
14:00-15:30 | ICC - Room 310

CBT in (Social and Political) Context
Nissim Avissar¹, David A. Clark², Sara Abu-Kaf³, Moshe Lansman³,⁴
¹IDC, Herzliya, Israel, ²University of New Brunswick, Canada, ³Pristina University, Kosovo, ⁴Kaye Academic College of Education, Be’er Sheva, Israel

Coffee
15:30-15:45 | ICC - Pincus

Closing Session
15:45-17:00

Jonathan Huppert – Chair, Scientific Committee

Closing Keynote:
CBT - A Road to Hope and Compassion for People in Conflict
Sarah Abu-Kaf
Ben-Gurion University of the Negev, Beersheba, Israel

Sofi Marom – Congress Chair:
Poster Prize Winners

Thomas Kalpakoglou – President, EABCT

Swedish Association:
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